



Directory of prayer and scripture groups in the Archdiocese of Wellington



Adoration of the Blessed Sacrament / Holy Hour

- * **Cathedral of the Sacred Heart, Thorndon**
Holy Hour 4th Tuesday of the month, 7.30pm
1/2 hour in the Chapel, Thursday/Friday, 7.30am
Contact parish office: 0-4-496 1700
- * **Holy Family Parish, Nelson**
Holy Hour, St Mary's, Nelson
Holy Hour, St Francis of Assisi, Stoke
Contact parish office: 0-3-539 1251
- * **Holy Spirit Parish (Te Wairua Tapu), Lower Hutt**
Contact parish office: 0-4-971 7885
- * **Holy Trinity Parish, Wellington East**
St Patrick's Kilbirnie, Tuesday, 10-11am/Saturday 11.30am-1pm
Contact parish office: 0-4-388 6953
- * **Catholic Parish of Otari,**
St Teresa's Karori, 1st Friday after 9.30am Mass
- * **Our Lady of the Bays Parish, Tasman District**
Contact: Joan O'Neil 0-3-542 3707
- * **Our Lady of the Valleys Parish, Heretaunga/Stokes Valley**
Our Lady of Grace, Heretaunga, Friday, 10am-6pm
Contact parish office: 0-4-972 4282
- * **Sacred Heart Parish, Reefton**
Contact parish office: 0-3-732 8457
- * **St Mary of the Angels Parish, Wellington City**
Monday-Friday, 6.45am-7.30pm / Friday, 11.00am - 12pm
Contact parish office: 0-4-473 8074
- * **St Francis of Assisi Parish, Ohariu**
Contact parish office: 0-4-478 7137
- * **St Theresa's Parish, Plimmerton**
Monday, 10.30am-5.30pm
- * **Te Awakairangi Parish, Lower Hutt**
Ss Peter & Paul, Lower Hutt
Contact parish office: 0-4-566 3088
- * **Catholic Parish of Wairarapa**
St Mary's Carterton
St Teresa's, Featherston, Monday-Friday, 7-8pm/Friday, 9-9.30am:
Last Friday of month, 7pm-7am
3rd Tuesday of month, 10.30-11am
Contact parish office: 0-6-378 2028
- * **Catholic Parish of Wellington South**
St Anne's Church, Newtown, Thursday, 10.30am-1pm,
Missionary Sisters of Charity at St Anne's Church, 4th Friday, 2.30pm
St Francis de Sales Church, Island Bay, 1st Friday of the month, 9.30-3pm
Contact parish office: 0-4-934 4099



Apostolate of St Joseph

- * **Holy Trinity Parish, Wellington East**
St Patrick's Church, Kilbirnie, 1st Wednesday of the month - evenings
Contact parish office: 0-4-388 6953

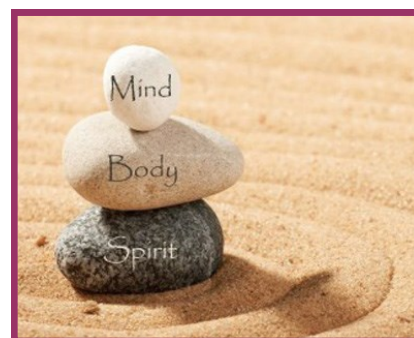
Bible Study Group



- * **Holy Spirit (Te Wairua Tapu), Lower Hutt**
Contact parish office: 0-4-971 7885
- * **Catholic Parish of Wairarapa**
St Teresa's, Featherston: Monday, 10am
Contact parish office: 0-6-378 2018
- * **Our Lady of Kāpiti Parish**
Not your usual Sunday readings, Wednesday, 1.30pm
Contact Michele Ness: 0-4-298 7378
- * **St Joseph's Parish, Upper Hutt**
Monday, 2pm
Contact parish office: 0-4-528 2028
- * **Ss Mary & Joseph, Otaki/Levin**
Waitarere Scripture Study Group
2nd Tuesday of the month
Contact Leonie Strawbridge: 0-6-367 9654
- * **St Gerard's Monastery, Mt Victoria**
Emmaus Bible Study, 2nd & 4th Wednesday of the month, 11am-12.30pm
Contact: 0-4-801 7714 or 0-4-801 7797

Charismatic Prayer Groups

- * **Cathedral of the Sacred Heart, Thorndon**
1st, 3rd, 5th Mondays,
Connolly Hall, Guildford Tce, 7.30pm
Contact parish office: 0-4-496 1700
- * **Our Lady of Kāpiti Parish,**
Our Lady of Fatima, Waikanae,
Monday, 1.30pm
Contact parish office: 0-4-902 5815
- * **St Theresa's Parish, Plimmerton**
Wednesday, 7.30-9.30pm
Contact Anne Dodds: 027 311 0551
- * **Te Awakairangi, Lower Hutt**
Praising & Worshipping Our Lord, 2nd &
4th Monday, 7.30-9pm
Contact Sandra: 0-4-564 9020 or
lousanray@yahoo.co.nz
- * **Catholic Parish of Wellington South**
St Anne's, Newtown, 4th Wednesday, 7.30pm
Contact David Rose:
davidroses@hotmail.com



Christian Meditation Group

- * **St Francis of Assisi Parish, Ohariu**
St Benedict's, Khandallah, Monday, 7pm
Contact parish office: 0-4-478 7137
- * **Our Lady of the Bays Parish, Tasman District**
St Peter Chanel, Motueka
Contact: Marie Shepard 0-3-538 0128
- * **Our Lady of Kāpiti Parish,**
Our Lady of Fatima, Waikanae,
Tuesday, 4-5pm
Contact: Eleanor Hopping 0-4-904 2525
- * **Ss Mary & Joseph Parish, Otaki/Levin**
St Mary's, Otaki, Wednesday, 4pm
Contact: Pat Blewman 0-6-364 7555
- * **Te Awakairangi Parish, Lower Hutt**
St Martin de Porres, Avalon, Tuesday, 7-8pm
Contact Tara de Souza, 0-4-912 2030
- * **Christian Life Community**
Contact: 0-4-389 1038 sarahdench@yahoo.com
- * **Home of Compassion, Island Bay**
Monday evening, from 7pm
Contact: 0-4-383 7134

Day Aside

- * **Holy Family Parish, Nelson/Stoke**
St Mary's Nelson, Monthly prayer and reflection day
Contact: Maria 0-3-548 8576

Divine Mercy

- * **Cathedral of the Sacred Heart, Thorndon**
Sunday, 6.30-7.00pm:
Contact parish office: 0-4-496 1700

- * **Catholic Parish of Otari**
St Teresa's Karori, Saturday
Contact parish office: 0-4-476 6131

- * **Ss Mary and Joseph Parish, Otaki/Levin**
1st Sunday
Contact David Fleming 0-6-368 1045

- * **St Francis of Assisi Parish, Ohariu**
St Andrew's Church, Newlands
Friday, 6.30pm (and rosary)
Contact parish office: 0-4-478 7137

- * **Our Lady of the Valleys Parish, Heretaunga/Stokes Valley**
Contact parish office: 0-4-972 4282



- * **Te Awakairangi Parish, Lower Hutt**
Ss Peter & Paul, Sunday, 4.30pm
St Michael's, Taita
Contact parish office: 0-4-566 3088

- * **Te Wairau Tapu Parish (Holy Spirit), Lower Hutt**
Sacred Heart, Petone
Contact parish office: 0-4-971 7885

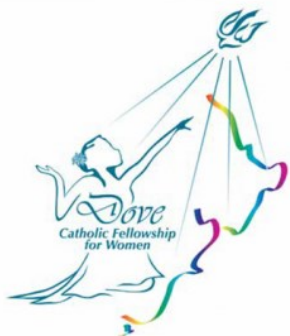
- * **Catholic Parish of Wellington South**
St Francis de Sales, Island Bay
Sunday, 9.15am
St Anne's, Newtown
Sunday, 2pm/6pm
Contact parish office: 0-4-934 4099

- * **St Joseph's, Upper Hutt**
Samoan Divine Mercy, Sunday, 3pm
Contact parish office: 0-4-528 2028

Children of God

- * **Holy Spirit (Te Wairua Tapu), Lower Hutt**
Monthly prayer and song
Contact Gerry Leech 0-4-971 1660

Dove Catholic Fellowship for Women



- * **Wellington Region**
Contact Shura Price: 0-4-389 938
- * **Holy Family Parish, Nelson/Stoke**
Contact parish office: 0-3539 1251
- * **Our Lady of the Bays Parish, Tasman District**
Our Lady of Perpetual Help, Richmond
Contact Mary Silcock, 0-3-541 0770
- * **Our Lady of Kāpiti Parish**
Contact: parish office, 0-4-902 5815
- * **Te Wairua Tapu (Holy Spirit) Parish, Lower Hutt**
Contact: parish office, 0-4-971 7885

Faith and Light

- * **Holy Family Parish, Nelson/Stoke**
Contact parish office: 0-3-539 1251

Greenstone Doors Prayer Group

- * **Te Awakairangi Parish, Lower Hutt**
Ss Peter & Paul, Lower Hutt
2nd Monday, 7pm, 15 Dudley Street, Lower Hutt
Contact parish office: 0-4-566 3088



Mens' Groups:

Father's Prayer Group

- * **St Gerard's Monastery, Mt Victoria**
Every Tuesday, 10.30am
Contact: 0-4-801 7714 or 801 7797

Joshua Catholic Men's Fellowship

Contact Steve Ready: 0-4-970 7715



Kāpiti Men's Group

Contact: Nick Maher 0-4-298 8475: Pat Haughey 0-4-905 4467: or
Glen McCullough 0-4-293 1747

Men's Life Group

- * **Te Awakairangi Parish, Lower Hutt**
Ss Peter & Paul, Lower Hutt
Tuesday, 7.30pm
Contact Marshall: 021 388 594

Mothers' Groups:

Circle of Friendship (Ladies gathering)

- * **Our Lady of the Valleys, Heretaunga/Stokes Valley**
Contact parish office: 0-4-972 4282

Marian Mothers' Group



- * **St Francis of Assisi Parish, Ohariu**
St Andrew's Church, Newlands
Contact parish office: 0-4-478 7137
- * **Our Lady of Hope Parish, Tawa/Titahi Bay**
2nd Monday (morning)
Contact Mary Rayner: 0-4-232 2088
- * **Te Awakairangi Parish, Lower Hutt**
Ss Peter & Paul, Lower Hutt
Contact parish office: 0-4-566 3088
- * **St Joseph's Parish, Upper Hutt**
Convent, 17 Gibbons St, Upper Hutt
Tuesday, 1.30pm,
Contact parish office: 0-4-528 2028

Mothers' Prayer Groups

- * **Our Lady of the Bays Parish, Tasman District**
Our Lady of Perpetual Help, Richmond
Contact parish office: 0-3-544 8987
- * **Our Lady of the Valleys Parish, Heretaunga/Stokes Valley**
Tuesday prayer group
Contact parish office: 0-4-972 4282
- * **Ss Mary and Joseph Parish, Otaki/Levin**
St Mary's, Otaki
2nd Tuesday, 11am
Contact parish office: 0-6-378 2028
St Joseph's, Levin, 2nd Tuesday
Contact Glenice Hoskins: 0-6-368 7223



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Mothers' Prayer Groups (continued)

- * **Catholic Parish of Wellington South**
St Francis de Sales Church, Island Bay
Thursday, 10am
Contact parish office: 0-4-934 4099
- * **St Gerard's Monastery, Mt Victoria**
Every Tuesday, 10.30am
Contact: 0-4-801 7714 or 801 779

Old Ducks Women's Prayer and Scripture Group

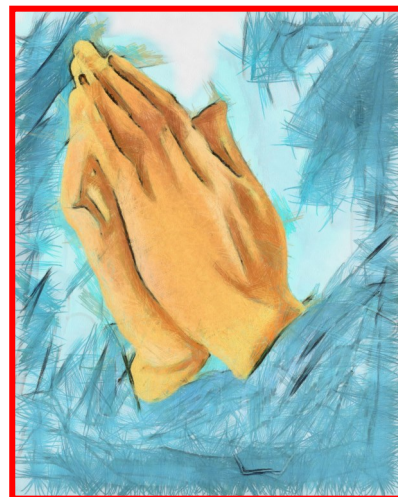
- * **Our Lady of Kāpiti Parish**
Tuesday, 10-11am
Contact Chris Todd: 0-4-298 8984

Women of Faith

- * **Our Lady of Hope Parish, Tawa/Titahi Bay**
2nd Tuesday, 7.30pm
Contact Catherine: 0-4-027 431 7686

Prayer Groups / Chains

- * **St Francis of Assisi Parish, Ohariu**
Prayer chain
Contact parish office: 0-4-478 7137
- * **Catholic Parish of Wairarapa**
St Patrick's Masterton,
prayer and discussion group, Fridays 9.30am
St Mary's, Carterton, Friday morning
St Teresa's, Featherston, Friday morning
Contact parish office: 0-6-378 2028
- * **Holy Family Parish, Nelson**
St Mary's, Nelson, Monday prayer group, 2.00pm
Contact Giannina: 0-3-545 9243
- * **Holy Trinity Parish, Wellington East**
Parish prayer, Monday 7.00am
Contact Dave Monastra: 027 447 7280
Prayer chain
Contact parish office: 0-4-388 6953
- * **Our Lady of the Valleys, Heretaunga/Stokes Valley**
Our Lady of Grace Church, Heretaunga, Monday Prayer Group
Contact parish office: 0-4-972 282
- * **Te Awakairangi Parish, Hutt Valley**
3rd Order Carmelite Prayer Group
St Martin de Porres Church, Avalon
Contact parish office: 0-4-566 3088
- * **Our Lady's Home of Compassion, Island Bay**
Quiet Days with Suzanne Aubert
Second Thursday of the month – 10am to 2pm
Contact: 0-4-383 7769
- * **St Gerard's Monastery, Mt Victoria**
Worship Night, last Friday of the month, 7.30pm
Contact: 0-4-801 7714 or 0-4-801 7797



Rosary

- * **Cathedral of the Sacred Heart, Thorndon**
Monday, 11.30am
Contact parish office: 0-4-496 1700
- * **Holy Spirit Parish (Te Wairua Tapu), Lower Hutt**
St Patrick's, Wainuiomata, Wednesday, 7.30pm
San Antonio, Eastbourne, Friday, 9.10am
Contact: parish office, 0-4-971 7885
- * **Holy Trinity Parish, Wellington East**
St Anthony's, Seatoun,
Tuesday, Wednesday, Thursday before 9am Mass
Contact parish office: 0-4-388 6953
- * **Sacred Heart Parish, Reefton**
Contact parish office: 0-3-732 8457
- * **St Mary of the Angels, Wellington Central**
Monday-Thursday, 11.30am: Friday, following 12pm Mass
- * **St Theresa's Parish, Plimmerton**
Following Adoration, 2nd and 4th Thursday
Contact Francenne Smith: 0-4-238 2966
- * **Te Awakairangi Parish, Lower Hutt**
Ss Peter and Paul, Lower Hutt, Monday, 1.30pm
Contact parish office: 0-4-566 3088
- * **St Joseph's Parish, Upper Hutt**
Saturday, 7pm (after Vigil Mass)
Contact parish office: 0-4-528 2028



Taizé Prayer



- * **Holy Family Parish, Nelson district**
St Francis of Assisi, Stoke
Contact Diane Renwick: 0-3-547 3356
- * **Our Lady's Home of Compassion, Island Bay**
First Friday of the month in the Chapel, 7pm to 8pm
Contact: 0-4-383 7769

Young Church

- * **St Mary of the Angels, Wellington City**
Young Adults Adoration, 1st Thursday, 6pm
Contact parish office: 0-4-473 8074
- * **Catholic Parish of Wellington South**
St Anne's Church, Newtown,
Lifeteen, Sunday, starts with 5pm Mass
<https://www.facebook.com/search/top/?q=life%20teen%20wellington>
XLT, 2nd Friday, 7pm
<https://www.facebook.com/xltwellington/>
- * **Holy Family Parish, Porirua**
Youth Group, Mondays 6-8pm.
Contact Sr Hannah, Missionaries of Charity: 0-4-235 5373



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Young Church (continued)

- * **Our Lady of Hope Parish, Tawa/Titahi Bay**
Xavier Youth, 9-13 yrs, Fridays 8-10pm
Contact Paul McArdle 027 304 0712
- * **Our Lady of Kapiti**
Youth Groups for 5+; 5-7 yrs; 8-13 yrs;
Contact Jacqui McLaughlin: 022 675 7357 or kapiti.youth@gmail.com
- * **St Joseph's Parish, Upper Hutt**
Youth Group, 7pm Friday
Contact parish office: 0-4-528 2028
- * **Star of the Sea Parish, Marlborough**
Young Adults Discussion Group, meets fortnightly
Contact Maurice: 027 444 5506
- * **Te Awakairangi Parish, Lower Hutt**
Taita Youth Group, Fridays, 6.30-8.30pm
Contact Maryanne Pereira 021 107 7248 or mary.pereira@hotmail.co.nz
- * **Focolare Movement**
Young Adults, Hub of Victoria University, Mondays, 6pm
Contact: Philip Wakelin 022 622 0174 or Miriam Vender 021 143 9855
- * **St Gerard's Monastery, Mt Victoria**
ICPE Young Adults Ministry, 1st, 2nd and 3rd Wednesday of month, 7.30pm
Contact: 0-4-801 7714 or 0-4-801 7797