

Session input

Ronald Rolheiser [Lifting the mind and heart to God](#)

[Conversation with Rolheiser](#)

Robert Barron [Bishop Barron on prayer](#)

Homework

- Considering what you have heard/learnt in this session, spend some time looking back at your homework from the first session. There may be something you wish to change/add to your chart, list and paragraph.
- Explore one further resource listed below and be prepared to share your findings at the next session.

Action

- Considering what you have heard/learnt in this session and any implications that your learning may have for your own spirituality of service, commit to a concrete action. Add it to your calendar/diary.

Further online resources

Ronald Rolheiser

[Creating Sabbath space in our lives](#)

Rolheiser also has short reflections on every spiritual topic imaginable. Look [here](#) and then go to the archive section

Robert Barron

[Having-a-personal-relationship-with-Jesus](#)

The best summary of everything to do with prayer is found in CCC Part4

<http://www.vatican.va/archive/ENG0015/INDEX.HTM>

Short, helpful explanations about five aspects of prayer:

<http://onlineministries.creighton.edu/CollaborativeMinistry/practical.html>

- [Finding Intimacy with God in everyday life.](#)
- [Prayer as Relationship](#)
- [To Whom Do I Pray?](#)
- [Using Ritual Every Day](#)
- [Praying in Times of Crisis](#)

[Sacred space](#)

[Pathways to God](#)

<https://www.pathwaystogod.org/resources/praying-art>

Pray as you go

<https://www.pray-as-you-go.org/home/>

Stations of the Cross

<https://pray-as-you-go.org/retreat/stations-of-the-cross>

Rosary

[pray as you go](#)

Praying with St Ignatius

<https://pray-as-you-go.org/go-deeper/praying-with-st-ignatius/>

Introduction to Ignatian Spirituality

<https://pray-as-you-go.org/prayer-resources/woi/>

Breathing and Body Exercises

<https://pray-as-you-go.org/prayer-resources/prepare/>

Imaginative Contemplation

<https://pray-as-you-go.org/index.php?id=133>

Examen

<https://pray-as-you-go.org/index.php?id=131>

Ecological examen

<http://www.ecologicalexamen.org/>

Tom Groome and Colleen Griffith [Catholic Spiritual Practices: A Treasury of Old and New](#) Note:

1. Most of the practices explored in the book referred to in the presentation are available [here](#)
2. Towards the end of the presentation Groome notes that practices concerning the liturgical seasons are absent. You may want to reflect on the NZ context.

Elizabeth Johnson

<https://www.bc.edu/bc-web/schools/stm/sites/encore/main/2013/Spirituality-and-the-Evolving-Earth.html>

James Martin 'A spirituality of real life'

<https://www.bc.edu/bc-web/schools/stm/sites/encore/main/2011/Jesuit-Guide.html>

Kathy Hendricks 'Spiritual practices for family life'

<https://www.bc.edu/bc-web/schools/stm/sites/encore/main/2009/garden-grace.html>

Richard Rohr

<https://www.youtube.com/watch?v=b0o5J0-8OA0>

<https://www.youtube.com/watch?v=9KHBbTGII54>

<https://www.youtube.com/watch?v=FW2ozEW0MhM>

<https://cac.org/category/daily-meditations/>

Ways to pray with Scripture

<http://catholic-resources.org/Bible/Prayer-Methods.htm>

A simple guide to writing prayers out of ordinary life

<https://www.ncronline.org/news/spirituality/scripture-life/lord-teach-us-pray>

For devotions concerning Mary

<https://udayton.edu/imri/mary/index.php>

Joan Chittister

[Contemplation in the midst of chaos](#)

[Seeking the interior life](#)

<http://www.joanchittister.org/joan-chittister-videos>

http://www.mysteryandbeyond.org/circles_intro.asp

[NZCBC](#)

<https://www.catholic.org.nz/about-us/bishops-statements/prayer-in-the-busyness-of-life/>

<https://www.catholic.org.nz/about-us/bishops-statements/pastoral-letter-on-the-rosary/>

[Finding Jesus in the Scriptures](#)

[Daily prayer](#)

[Prayer resources](#)