

OTHER WORDS TO RECALL THIS WEEK

During this third week of Lent as you journey with Jesus, you could take time to recall other words from the Psalm of this week and use these to keep a close connection with Jesus as you work and pray.

Come before him, giving thanks.

Listen to his voice.

Harden not your hearts.

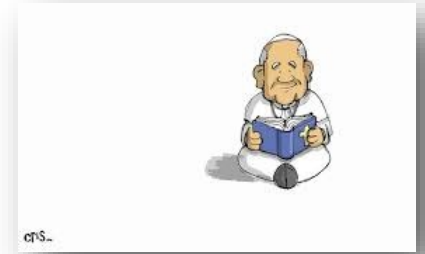
Ring out our joy.

Come in.



LIVING WORD

WEEK 3: Living Water



READ OUT LOUD FROM THE GOSPEL OF JOHN 4:5—15

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'.

His disciples had gone to the city to buy food.

The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?'

Jews do not share things in common with Samaritans.

Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.'

The woman said to him,

'Sir, you have no bucket, and the well is deep.

Where do you get that living water?

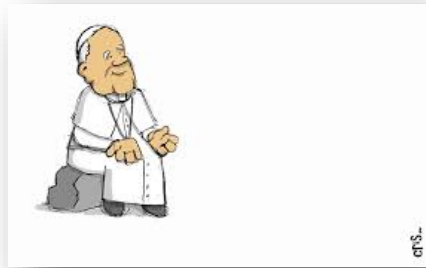
Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?'

Jesus said to her,

'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.'

The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

THE GOSPEL OF THE LORD
PRAISE TO YOU LORD JESUS CHRIST



REFLECT

- What words or phrases strike you in this passage?
- What helps you to find refreshment on your journey of life and faith?
- When have you had a sense that God's presence in you is like a living spring of life?

RESPOND

As we continue our journey with Jesus for Lent, we pray that we will connect with the deep well of God's love within us, as we say:

Lord give us living water

When our well of patience runs dry and we find it difficult to reach out to others **Lord give us living water**

When we lose touch with the inspiration that your Spirit within gives us **Lord give us living water**

When we are in need of new life and new energy for service **Lord give us living water**

When we forget to take time to draw water from the well of your life in us **Lord give us living water**



REST

Now take time to rest with a phrase, repeating it in your heart or out loud. Choose one you are most drawn to:

- Give me a drink
- If you knew the gift of God
- A spring of water gushing up to eternal life

