

Blenheim and Kaikoura - Agencies & Services

Issue:	Agency	Service	Contact Details
Housing	Work and Income	Emergency Housing	Contact Work and Income on 0800 559 009 or Senior Services on 0800 552 002 if you get NZ Super or Veteran's Pension
Foodbank Services	St Vincent de Paul	Essential / Food packs	Blenheim Shop 63 High Street Blenheim (03) 577 8378
	Salvation Army	Food assistance	Salvation Army Blenheim Cnr George & Henry Streets, Blenheim Phone 03 578 0862 Email Blenheim Corps https://www.salvationarmy.org.nz/centres/nz/nelson-marlborough/blenheim/blenheim-corps
	Kaikoura Foodbank	Food assistance	3/78 Beach Rd (Heartland Building) Kaikoura Ph 03 909 9294
	Foodbank	List of foodbanks	https://www.foodbank.co.nz/foodbanks
Finances / Benefits	Work and Income	Benefits	General enquires under 65 - 0800 559 009 NZ Superannuation - 0800 552 002 Supergold Card - 0800 25 45 65 Veteran's - 0800 650 656
Legal Advice / Support	Community Law	Free legal assistance and advice	Community Law Marlborough 14 Market Street, Blenheim Phone - 03 577 9919 or 0800 266 529 Email - reception@commlawmarlb.org.nz https://www.commlawmarlb.org.nz/

Mental Health	CAMHS	Child and Adolescent Mental Health Service	Blenheim CAMHS The Marlborough Health Hub, 22 Queen St, Blenheim Phone: (03) 520 9905, Fax (03) 520 9968 After hours emergency phone: (03) 520 9999 (ask for 'on-call CAMHS')
	Suicide Crisis Helpline	24/7 Helpline	Telephone: 0508 828865
	Lifeline	24-hour Telephone Crisis Support	Telephone: 0800 543354
	Depression Helpline	24/7 Helpline	Telephone: 0800 111757 or free text to 4202
	Anxiety NZ	Helpline	Free 24/7 Helpline 0800 269 4389 (0800 ANXIETY) https://www.anxiety.org.nz/
	1737	Telephone support 24/7	Call or text 1737 for free, 24 hours a day to speak to a trained counsellor.
	Samaritans	Telephone support	Ph 0800 726 666
	Parenting Support	Plunket Nurse	Support and advice
Birthright		Support for single parent families	Birthright Marlborough Address: Marlborough Community Centre 25 Alfred S 21 Alfred Street, Blenheim 7201 Phone: 03-577 9488 https://www.birthright.org.nz/region/marlborough-0
Parent Help		Online support and helpline	Free Parenting Helpline: 0800 568 856 Online counselling via Zoom: (04) 802 5767 https://www.parenthelp.org.nz/request-for-counselling/
Grandparents Raising Grandchildren Trust NZ		Support for grandparents	Phone: (09) 418 3753 or 0800 472 637 Email: office@grg.org.nz Website: www.grg.org.nz/

Social Services	Te Tai O Marokura Health & Social Services	Social Services in Kaikōura	<p>Main office: 03 319 6443 Whanau Ora Navigator: Direct contact: 027 728 0174 Benefit advocacy services: 027 728 0174</p> <p>As an essential service, are currently operating in a limited capacity to ensure we are following the requirements deemed to keep us safe as a nation. Our service delivery staff, Whanau Ora navigators, A&D support, Whanau Ora nursing, WCTO nursing, Mother & Pepi support are all available to be contacted. We encourage whanau to reach out if they require any advocacy or support to see what can be offered.</p>
	Catholic Social Services	Social services operating remotely	<p>https://wn-catholicsocialservices.org.nz/</p> <p>Address: Compassion Centre Soup Kitchen, 132 Tory St, Wellington</p> <p>Email: reception@wn-catholicsocialservices.org.nz</p> <p>Telephone: 04 385 8642 or Phone/text 027 40 55 469</p>
	Family Works	Provide a range of social services for children, young people, families and whānau, facing challenges in their lives	<p>Family Works services are provided by the seven Presbyterian Support organisations throughout New Zealand.</p> <p>FAMILY DISPUTES RESOLUTION SERVICES Lower North Island & South – 0800 337 100</p> <p>https://familyworks.org.nz/what-we-do</p>
Education	Ministry of Education		<p>Director of Education for Nelson, Marlborough, West Coast: Derek Lucić</p> <p>Email: enquiries.nelson@education.govt.nz</p>
Youth Support	Kids Line	Youth Service up to 18 years old	Ph 0800 54 37 54
	Youthline	Youth Service	Txt 234
	Youth Service		https://www.ghf.co.nz/youth-services

Counselling	Skylight	Counselling and support (online support only at this time)	Resilience Hub: https://www.skylight.org.nz Counselling: Email counselling@skylight.org.nz Resource Centre: resources@skylight.org.nz For further enquiries or queries please email MoHCoordinator@skylight.org.nz Parenting through Separation: Enquires on MoJCoordinator@skylight.org.nz
Refugee Support	Red Cross	Support for refugee families	New Zealand Red Cross, Blenheim Service Centre Red Cross House 33 Redwood Street, Blenheim 7201 03-578 6134
Child Welfare / Child Protection concerns	Oranga Tamariki	Child protection	If you believe a child is in immediate danger, call the Police on 111. REPORTING A CONCERN If you're worried about a child and want to make a referral or report of concern, call OT on freephone: 0508 326 459 or email contact@ot.govt.nz
Family Violence / Women's Refuge	Women's Refuge and Sexual Assault Resource Centre	Women's Refuge and Sexual Assault Resource Centre in the Marlborough Region	Women's Refuge and Sexual Assault Resource Centre Blenheim PO Box 699 Telephone: 03 577 9939 Rape Crisis 03 520 9999
	Women's Refuge Crisisline	Crisisline	If you're a woman in a family violence situation, call the Women's Refuge free Crisisline on 0800 733 843 (0800 REFUGE).
	Women's Refuge	Find a Women's Refuge near you	Wellington National Office 275 Cuba Street Ground Floor WELLINGTON

			Phone: (04) 802 5078 Fax: (04) 802 5079 Email: info@refuge.org.nz Website: www.womensrefuge.org.nz
	SHINE	Abuse helpline	Confidential family abuse helpline - 0508 744 633
	It's not OK	Family Violence helpline	0800 456 450
	Victim Support	Support for victims	National Office: (04) 474 8862 Get Help: 0800 victim – (0800 842 846)
Drug and addiction	Drug Helpline	24/7 Helpline	Telephone: 0800 787797
Sexual abuse	Sexual Abuse Support and Healing (SASH)	24-hour crisis response and counselling for individuals and their family/whanau affected by sexual abuse.	PHONE (03) 548 2407
	Mosaic-Tiaki Tangata	Counselling for Everyone & Male sexual abuse agency	Counselling for Everyone on phone or video: 0800 94 22 94 (available from 4/5/20) Confidential Listening Service Line: 022 419 3416 (call or text us) Email: enquiries@mosaic-wgtn.org.nz Facebook: https://www.facebook.com/mosaicwgtn/
Support for elder community	Age Concern	Support	Postal address: Room 1, Marlborough Community Centre, 25 Alfred Street, Blenheim 7201 Physical address: Marlborough Community Centre, 25 Alfred Street, Blenheim Facebook: www.facebook.com/ageconcernmarlborough Telephone: 03 579 3457

			Facsimile: 03 579 3485 Email: ageconble@xtra.co.nz
COVID-19 Information / Support	Government	Online support/advise	www.covid19.govt.nz If you suspect you have Coronavirus, please contact the dedicated Healthline number 0800 358 5453 (available 24 hours, 7 days a week)
Interpreting Services	Interpreting New Zealand	Three way and video calls	https://interpret.org.nz/ 04 384 2849 Email: info@interpret.org.nz