## Nelson Bay - Agencies & Services

## Nelson, Richmond, Takaka (Golden Bay), Mapua, Motueka, Wakefield

Issue:	Agency	Service	Contact Details
Housing	Work and	Emergency	Contact Work and Income on 0800 559 009 or Senior Services on 0800 552 002 if you get NZ Super
	Income	Housing	or Veteran's Pension
Food Bank	Foodbanks	List of	https://www.foodbank.co.nz/foodbanks
Services	by region	foodbanks	
	St Vincent	Essential /	Website: https://www.svdp.org.nz/
	de Paul	Food packs	Email: national@svdp.org.nz
			STOKE SHOP
			532 Main Road, Stoke
			Nelson
			<u>(03) 547 7351</u>
			RICHMOND SHOP
			11A McGlashen Ave, Richmond
			Nelson
			<u>(03) 544 0893</u>
			[NELSON SHOP, 77 Vanguard St, Nelson, (03) 548 9372]
			[Note: Nelson Shop unable deliver food parcels at this time]
	Salvation	Food	Salvation Army Nelson
	Army	assistance	https://www.foodbank.co.nz/salvation-army-nelson
			57 Rutherford Street, Nelson
			Ph: 03 548 4807
			Salvation Army Motueka
			https://www.foodbank.co.nz/salvation-army-motueka
			6 Greenwood Street, Motueka
			Ph: 03 528 5109
			111.000200100



	Nelson Community Food Bank Trust	Food assistance	https://www.nelsoncommunityfoodbank.org.nz/
Finances / Benefits	Work and Income	Benefits	General enquires under 65 - <u>0800 559 009</u> NZ Superannuation - <u>0800 552 002</u> Supergold Card - <u>0800 25 45 65</u> Veteran's - <u>0800 650 656</u>
Legal Advice / Support	Community Law	Free legal assistance and advice	Phone: 03 548 1288 or 0800 246 146 Email: admin@nbcl.org.nz https://communitylaw.org.nz/free-legal-help/
Mental Health	CAMHS	Child and Adolescent Mental Health Service	Nelson CAMHS Braemar Campus, Nelson Hospital, Waimea Rd Phone: (03) 546 1230 After hours emergency phone: (03) 546 1800
	Te Piki Oranga Maori Wellness Services	Health Service	https://www.tpo.org.nz/contact-us1#motueka  17 Bishopdale Avenue, Nelson 7011 Phone 03 546 9099 Fax 03 548 4248 Email: admin.whakatu@tpo.org.nz  117 Pah Street, Motueka 7120 Phone 03 528 1046 Fax 03 528 1155 Email: admin.motueka@tpo.org.nz
	Suicide Crisis Helpline	24/7 Helpline	Telephone: 0508 828865
	Lifeline	24-hour Telephone Crisis Support	Telephone: 0800 543354



	Depression Helpline	24/7 Helpline	Telephone: 0800 111757 or free text to 4202
	Anxiety NZ	Helpline	Free 24/7 Helpline 0800 269 4389 (0800 ANXIETY) <a href="https://www.anxiety.org.nz/">https://www.anxiety.org.nz/</a>
	1737	Telephone support 24/7	Call or text 1737 for free, 24 hours a day to speak to a trained counsellor.
	Samaritans	Telephone support	Ph 0800 726 666
Parenting Support	Plunket Nurse	Support and advice	PlunketLine team on 0800 933 922. <a href="https://www.plunket.org.nz/">https://www.plunket.org.nz/</a>
Social Services	Catholic Social Services	Social services operating remotely	https://wn-catholicsocialservices.org.nz/ Address: Compassion Centre Soup Kitchen, 132 Tory St, Wellington Email: reception@wn-catholicsocialservices.org.nz Telephone: 04 385 8642 or Phone/text 027 40 55 469
	Parent Help	Online support and helpline	Free Parenting Helpline: 0800 568 856 Online counselling via Zoom: (04) 802 5767 <a href="https://www.parenthelp.org.nz/request-for-counselling/">https://www.parenthelp.org.nz/request-for-counselling/</a>
	Family Works	Provide a range of social services for children, young people, families and whānau, facing	Family Works services are provided by the seven Presbyterian Support organisations throughout New Zealand.  FAMILY DISPUTES RESOLUTION SERVICES Lower North Island & South – 0800 337 100 <a href="https://familyworks.org.nz/what-we-do">https://familyworks.org.nz/what-we-do</a>



		challenges in their lives	
Education	Ministry of Education	their lives	Director of Education for Nelson, Marlborough, West Coast: Derek Lucić Email: enquiries.nelson@education.govt.nz
Youth Support	Kids Line	Youth Service up to 18 years old	Ph 0800 54 37 54
	Youthline	Youth Service	Txt 234
	Youth Service	South Island Youth Support	The Youth Service supports young people aged 16 to 19 to engage in education, training, and work-based learning, and to have the life skills to be a successful contributing member of the community. <a href="http://www.youthservice.govt.nz/about-providers/providers-by-region/south-island.html">http://www.youthservice.govt.nz/about-providers/providers-by-region/south-island.html</a>
Counselling	Skylight	Counselling and support (online support only at this time)	Resilience Hub: <a href="https://www.skylight.org.nz">https://www.skylight.org.nz</a> Counselling: Email <a href="mailto:counselling@skylight.org.nz">counselling@skylight.org.nz</a> Resource Centre: <a href="mailto:resources@skylight.org.nz">resources@skylight.org.nz</a> For further enquiries or queries please email <a href="mailto:MoHCoordinator@skylight.org.nz">MoHCoordinator@skylight.org.nz</a> Parenting through Separation: Enquires on <a href="mailto:MoHCoordinator@skylight.org.nz">MoJCoordinator@skylight.org.nz</a>
Refugee Support	Red Cross	Support for refugee families	New Zealand Red Cross 59 Parkers Road, Nelson, 7011 nelson@redcross.org.nz 03 546 5012
Child Welfare / Child Protection concerns	Oranga Tamariki	Child protection	If you believe a child is in immediate danger, call the Police on 111.  REPORTING A CONCERN  If you're worried about a child and want to make a referral or report of concern, call OT on freephone:  0508 326 459 or email <a href="mailto:contact@ot.govt.nz">contact@ot.govt.nz</a>
Family Violence /	Nelson Women's	Women's Refuge	Nelson Women's and Children's Refuge will not be seeing clients face to face until further notice.



Women's Refuge	and Children's		Phone: 03-544 0616
	Refuge		Crisis line number on 0800 16 33 44
	l		https://www.facebook.com/Nelson-Womens-Childrens-RefugeNga-Wahine-Tamariki-Punanga-o-Whakatu-
			<u>490689220945134/</u>
	Women's Refuge Crisisline	Crisisline	If you're a woman in a family violence situation, call the Women's Refuge free Crisisline on <u>0800 733</u> 843 (0800 REFUGE).
	Women's	Find a	Wellington National Office
	Refuge	Women's	275 Cuba Street
		Refuge near	Ground Floor
		you	WELLINGTON  Phanes (04) 202 5070
			Phone: (04) 802 5078 Fax: (04) 802 5079
			Email: info@refuge.org.nz
			Website: www.womensrefuge.org.nz
	SHINE	Abuse helpline	Confidential family abuse helpline - 0508 744 633
	It's not OK	Family	0800 456 450
		Violence helpline	
	Victim	Support for	National Office: (04) 474 8862
	Support	victims	<b>Get Help:</b> 0800 victim – (0800 842 846)
Drug and addiction	Drug Helpline	24/7 Helpline	Telephone: 0800 787797
Sexual	Sexual	Support	Telephone: 03 548 2407
abuse	Abuse		Email: sash@sash.co.nz
	Support and Healing		https://www.sash.co.nz/
	(SASH)		



	Mosaic- Tiaki Tangata	Male sexual abuse agency & Counselling for Everyone	Counselling for Everyone on phone or video: 0800 94 22 94 (available from 4/5/20) Confidential Listening Service Line:022 419 3416 (call or text us) Email: <a href="mailto:enquiries@mosaic-wgtn.org.nz">enquiries@mosaic-wgtn.org.nz</a> Facebook: <a href="mailto:https://www.facebook.com/mosaicwgtn/">https://www.facebook.com/mosaicwgtn/</a>
Support for elder community	Age Concern	Support	Postal address: P O Box 3381, Richmond, Nelson 7020 Physical address: 62 Oxford Street, Richmond, Nelson 7020 Telephone: 03 544 7624 Fax: 03 544 3187 Email: manager@ageconcernnt.org.nz
COVID-19 Information / Support	Government	Online support/advise	www.covid19.govt.nz  If you suspect you have Coronavirus, please contact the dedicated Healthline number 0800 358 5453 (available 24 hours, 7 days a week)
Interpreting Services	Interpreting New Zealand	Three way and video calls	https://interpret.org.nz/ 04 384 2849 Email: info@interpret.org.nz

