

LET'S BUILD PEACE TOGETHER!
PURITIA TE RANGIMĀRIE!



PEACEBUILDING BLUEPRINTS
NGĀ MAHERE PUPURI RANGIMĀRIE

LP



For the past few years, we've been learning about peace – rangimārie – during Social Justice Week.

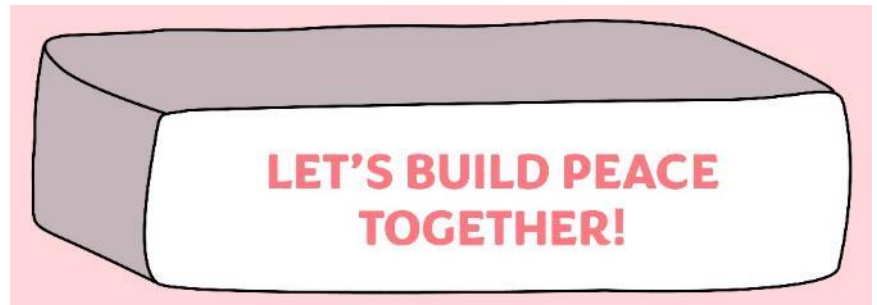
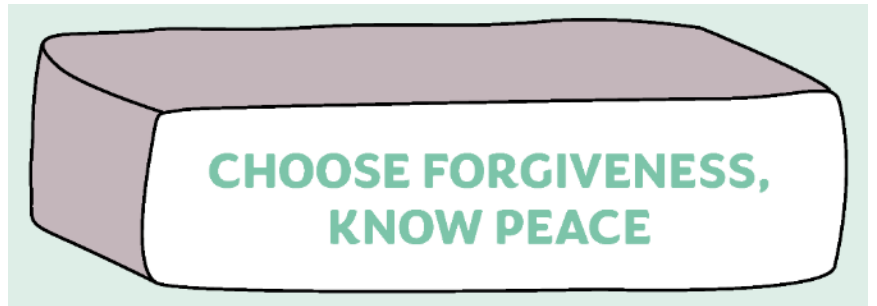
You might remember our special message:

"IMAGINE PEACE FOR ALL - POHEWATIA TE RANGIMĀRIE MŌ TE KATOA."

In 2025, we're still imagining peace for everyone! Here's what we've learned so far:

- **Two years ago**, we learned that peace starts with us and with loving Jesus.
- **Last year**, we talked about saying sorry and forgiving others.
- **This year**, we're thinking even bigger – about how to help make peace around the whole world!

Let's keep building peace together – one kind action at a time.



**Click the navigation
buttons to quickly
access different slides**



PEACEBUILDING BLUEPRINTS NGĀ MAHERE PUPURI RANGIMĀRIE

Monday
Rāhina



Building Peace Through Prayer
Te Pupuri i te Rangimārie mā te Karakia



Tuesday
Rātū



Building Peace Through Respect
Te Pupuri i te Rangimārie mā te Whakarangatira i te Tangata



Wednesday
Rāapa



Building Peace Through Solidarity
Te Pupuri i te Rangimārie mā te Whakawhanaungatanga



Thursday
Rāpare



Building Peace Through Change
Te Pupuri i te Rangimārie mā te Panonitanga



Friday
Rāmere



Building Peace Through Service
Te Pupuri i te Rangimārie mā te Mahi Aroha mō te Tangata



PILGRIMS OF HOPE PEACE PASSPORT

TE URUWHENUA O TE RANGIMĀRIE O NGĀ MANENE HAERE ME TE TŪMANAKO

This year, you can use your special Pilgrims of Hope Peace Passport to help you learn more each day – and to draw or write your ideas and feelings.

You can make your own passport by printing the template from our website and folding them together. Or, if it's easier, you can use the digital version and type your name on it.

Each student will have 5 stickers. After you finish each page, you can add a sticker (or a tick) to show your great work.

Let's go on a journey of peace – one page at a time!

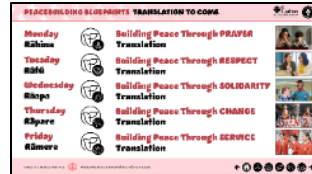
www.caritas.org.nz/schools/social-justice-week



PUTTING PEACEBUILDING BLUEPRINTS INTO ACTION TE WHAKATINANA I NGĀ MAHERE I TE AO

Suggested lesson outline

Introduction to the daily focus



RE Curriculum Connections



Peace Anchor Prayer – Opening Prayer



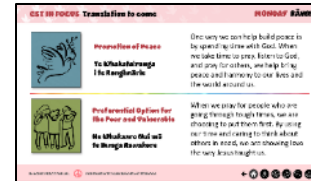
Peace Focus Overview



Caritas Case Study



CST In Focus



Scripture Focus and Discussion



Reflect on Key Messages



Time to Reflect: See, Judge, Act



Faith in Action: Follow Up Activities



Update Pilgrims of Hope Peace Passport



Closing Prayer



PRAYER FOCUS TE AROTAHI KI TE KARAKIA

This year is very special – it's the final year of our peace journey!
To help us start each day, we'll be saying a special prayer called the **Peace Anchor Prayer**. It comes from the **Jubilee Year Prayer**, and it helps us get ready to learn about peace.

You can say the prayer in five different languages:
English, Te Reo Māori, Tongan, Samoan, and New Zealand Sign Language – because we're all part of one big, beautiful family!

There are two versions of the prayer so everyone can join in:

- A junior prayer for younger students (like you!)
- A senior prayer for older students

At the end of each day, we'll also have a special goodbye prayer to help us end our learning with peace in our hearts.



LP

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God, our loving Father, in this Jubilee year, you remind us of our call to love creation.
Help us to work together to replant, repair, and renew.

Guide us on our journey as pilgrims of hope.

Jesus, our light, in this Jubilee year, you remind us of our call
to love our neighbours and to set free those who suffer.
Help us to treat everyone with dignity; to be fair, forgiving and kind.

Guide us on our journey as pilgrims of hope.

Holy Spirit, our inspiration, in this Jubilee year, you remind us of our call to grow in faith and love.
Help us to hear you in scripture, to see Jesus in others, and to be united as God's global family.

Guide us on our journey as pilgrims of hope.

Āmene.



Father in heaven,
May the faith you have given us in your son, Jesus Christ, our brother,
and the flame of charity enkindled in our hearts by the Holy Spirit,
reawaken in us the blessed hope for the coming of your kingdom.

May your grace transform us into tireless cultivators of the seeds of
the Gospel. May those seeds transform from within both humanity
and the whole cosmos in the sure expectation of a new heaven and a
new earth, when, with the powers of Evil vanquished, your glory will
shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven. May that same grace spread
the joy and peace of our Redeemer throughout the earth.
To you our God, eternally blessed, be glory and praise for ever.

Amen.

Jubilee Prayer in English



E te Matua i te rangi,
whakaarahia anōtia i roto i a mātou te tūmanako tapu mō te taenga mai
o tō Kīngitanga, mā roto mai i te whakapono ki tāu Tamaiti a Hēhu
Karaiti, tō mātou kiritahi, tērā whakapono nāu anō i homai, anō me te
kāpura o te aroha e whitangia nei i ō mātou ngākau e te Wairua Tapu.

Ko tō keratia hei mea hangahou i a mātou hei kaiwhakatō i ngā kākano
o te Rongopai. Ko ērā kākano anō ka tupu ki roto tahi i te hunga tangata
me te taiao hei hangahou i te rangi me te whenua i runga i te tūmanako
kia kauparehia te Īweri, ko tō korōria tērā ka tiaho mai mō āke tonu atu.

Kia oho anō te keratia o te Tiuparī ki roto i a mātou, arā ngā Manene o
te Tūmanako e manako nei ki ngā homaitanga o te rangi.
Ko tērā keratia anō kia hora anō i te koa me te mārie o tō mātou
Kaiwhakaea ki runga i te mata o te whenua. Māu e te Atua, te korōria
me ngā kupu whakapai katoa mō āke tonu atu.

Āmene.

Jubilee Prayer in Te Reo Māori



Tama i le lagi,
ia talosia le fa'atuatua ua e tu'uina mai ia i matou
i lou alo o Iesu Keriso, lo matou uso,
ma ua mū ai le mumū o le alofa
i o tatou loto e ala i le Agaga Paia,
toe fafagu mai ia i matou le fa'amoemoe manuia
mo le o'o mai o lou Malo.

Ia liua i matou e lou alofa tunoai ni au faifa'atoaga e le faavaivai ile fatu o le
Talalelei. Tau ina ia suia na fatu mai totonu o le tagata ma le atulaulau atoai le
faamoemoega mautinoao le lagi fou ma le lalolagi fou, pe a fa'ato'ilaloina mana
o le tiapolo, o le a susulu atu ai lou mamalu e fa'avavau.

Ia manuia le lupelie toe fafagu mai ia i tatou, malaga o fa'amoemoega, o se
mo'omo'oga mo o'a o le lagi.

Ia salalau atu lena lava alofa tunoale olioli ma le filemu o lo tatou Togiolai le
lalolagi atoa. Ia te oe lo matou Atua, ia manuia e faavavau, ia i ai le viiga e
faavavau.

Amene.

Jubilee Prayer in Samoan



Translation:

*Telesia Alaimoana, Lay Pastoral Leader,
Wellington Diocese*

‘E Tamai ‘oku ‘i hēvani, tauange ko e tui kuo’ ke foaki mai kiate kimautilu ‘i ho ‘Alo, ko Sēsū Kilisitoo’, ko homau tokoua, pea mo e huelo ‘o e ‘ofa’ ke ne fakamāfana’i e ‘ofa’ ‘i homau ngaahi loto’ ‘o tu’unga he Laumālie Mā’oni’oni’, ke ne toe fafangu ‘iate kimautilu ‘a e tu’amelie ki he hā’ele mai ‘a ho Pule’anga’.

Fakatauange ko ho’o kalāsia’ te ne liliu kimautilu ki ha kau fa’a ta’emanonga ‘o e pulopula e Kosipeli’. Tauange ko e ngaahi pulopula’, te ne liliu mei he uho ‘o e fa’ahinga e tangata’ mo ha tu’amelie pau ‘o ha hēvani fo’ou mo ha māmani fo’ou, ‘o ka, mole faka’aufuli atu e mālohi ‘o e Kovi’, pea huhulu mai ho lāngilangi’ ‘o ta’e ngata.

Fakatauange ko e kalāsia ‘o e Siupeli’ te ne fafangu ‘iate kimautilu ‘a e *Pilikimi ‘o e Tu’amelie’* ko ha ‘unaloto ki he ngaahi koloa ‘o hēvani’.

Fakatauange ko e kalāsia tatau ko ia’ ‘e fakamafoa ai ‘a e fiefia mo e melino ‘a homau Fakamo’ui’ ki māmani katoa.

Ki he ‘Afio na’, ko homau ‘Otua, ‘oku faitāpuekina ‘o ta’e ngata, ‘a e lāngilangi mo e vikia’ ‘o ta’e ngata.

Amen.

Jubilee Prayer in Tongan



© Ui mei Vatikano, 2024



Click above to watch
and follow the prayer.

Jubilee Prayer in NZSL





Building Peace Through PRAYER

Te Pupuri i te Rangimārie mā TE KARAKIA

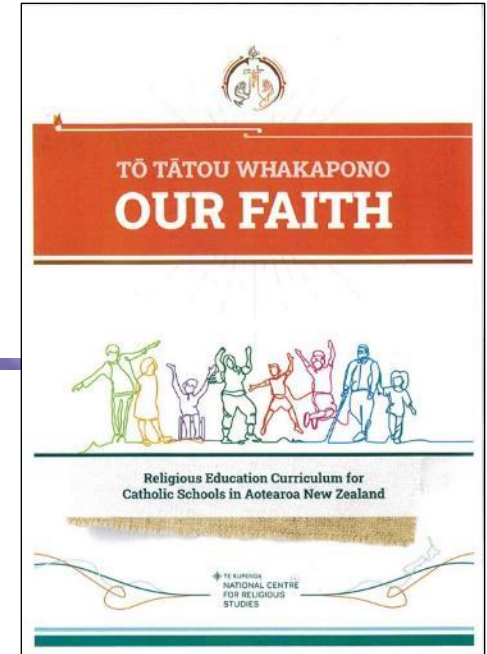


We can always pray to God and **God always hears us.**

This resource shows how we can pray together for peace — just like the prayer group that meets to pray for the Holy Land. Our shared prayers connect us with God and others, helping us build peace as one faith community.



Prayer Inoi



*To Tātou Whakapono
Our Faith, page 71*



We can give thanks for the love in our lives and **pray for those we love.**

Students are invited to pray for those they love and for people around the world, just like the peace prayer group who prays weekly for the Holy Land. This shared prayer connects us in love and builds peace across borders.



Begin today's lesson using one of the Jubilee Prayers below.



Press a button to open the prayer.

LP

**Jubilee Prayer
in English**



**Jubilee Prayer
in Te Reo Māori**



**Jubilee Prayer
in Samoan**



**Jubilee Prayer
in Tongan**



UP

**Jubilee Prayer
in English**



**Jubilee Prayer
in NZSL**



Did you know that prayer is a special way to build peace?

When we pray, we talk to God. Prayer helps us feel calm in our hearts, kind in our homes, and caring in the world.

As followers of Jesus, we believe that prayer brings us closer to God and helps us listen to what God wants for us and for others.

LET'S DISCUSS

How can prayer help us be peacemakers?

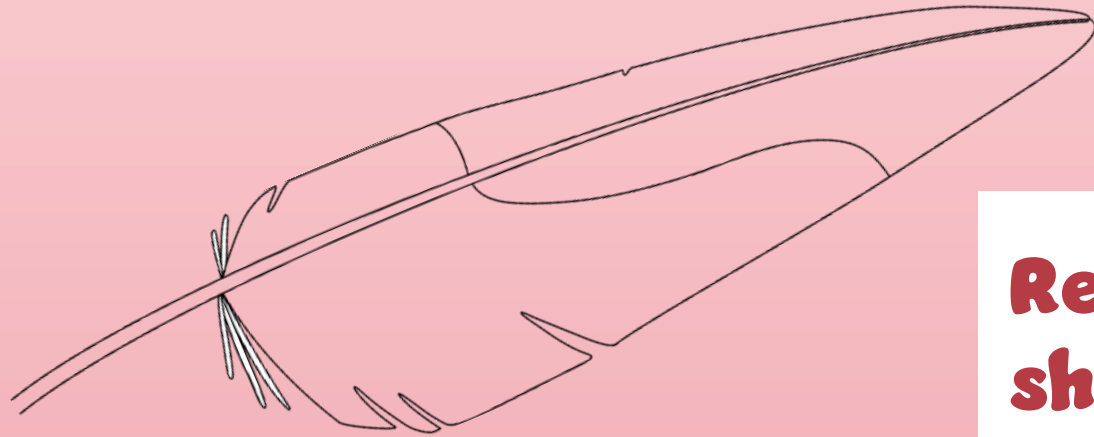
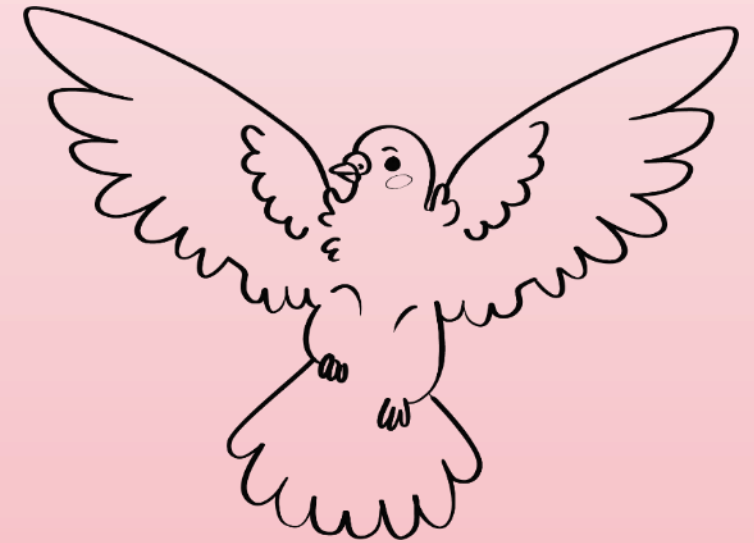
When things are hard or unfair, prayer helps us:

- Stay calm
- Show love
- Say sorry and forgive
- Remember that God is always with us.

Prayer is one way we can be peacemakers!



The Holy Spirit helps us grow and change so we can share God's peace with others.



Real peace starts in our hearts and shows through kindness, love, saying sorry, and forgiving others.



**“Let us pray for peace:
peace in the world and
in each of our hearts.”**

Pope Francis



**Every day this week,
we will remember Pope
Francis and learn from
his special words.**



Philippians 4:6–7

“Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. And God’s peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it.”



After we hear the Bible reading, let's take a quiet moment to think:

Let's Talk Together



What words did you like?



What does this say about talking to God?



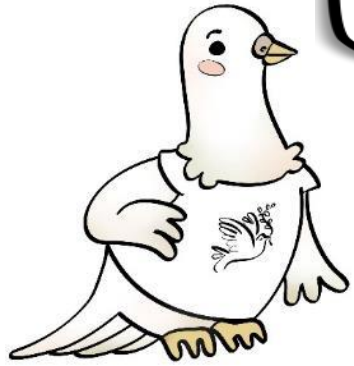
Did anything make you stop and think?



What part made you feel happy or peaceful?

**LET'S
DISCUSS**





Build peace through kind words and actions.

Promotion of Peace

**Te Whakatairanga
i te Rangimārie**

We help build peace when we spend time with God. When we **pray, listen to God, and pray for others**, we bring peace to our hearts and to the world around us.



Choose to help people who need it most.

Preferential Option for the Poor and Vulnerable

**He Whakaaro Nui mō te
Hunga Rawakore**

When we **pray for people who are having a hard time**, we are putting them first. We show love — just like Jesus — when we **think about and care for others**.



Each day during Social Justice Week, we'll learn some special words in English and Te Reo Māori. These words will match what we are learning about and help us remember how to be kind, fair, and peaceful.

Let's Try

Pray for the Holy Land

He Īnoi mō te Whenua Tapu



Today's Special Place: The Holy Land

Today, we're taking a trip to the Middle East – to a very special place called the **Holy Land**.

This is where **Jesus lived a long, long time ago** – over two thousand years ago!



Peace needed in the Holy Land

In a place called the Holy Land, people have been finding it very hard to live in peace. Since the end of 2023, there has been lots of fighting, especially in a place called Gaza. This has made life very hard for many families.

- 🧱 Many homes have been broken or destroyed
- 🚶 Lots of people — nearly 2 million — had to leave their homes
- 💧 There isn't enough food, clean water, or things like soap and toothpaste
- 🏥 Hospitals are very full, and many people are sick or hurt.

That's why we keep praying for peace, for safety, for healing, and for hope — for everyone in the Holy Land.








Click to watch a message from Anton Asfar at Caritas Jerusalem. He talks about what is happening and why we need to keep working for peace.

Caritas Jerusalem in the Holy Land

Caritas is a group that helps people who are in need all over the world.

In the Holy Land, Caritas Jerusalem is helping people in places like Gaza, Jerusalem, and the West Bank.

-  In Gaza, Caritas has made **small clinics** to help people who are sick or hurt.
-  They are also helping people feel **calm and cared for** during this hard time.
-  Caritas has given **food, money, blankets, and shelter** to over **100,000 people!**

Caritas is working to bring love, care, and hope to people who need it most.





Click to watch how Caritas Jerusalem is helping people in the Holy Land.



Click to hear a Caritas worker share his hopes for peace.



Pope Francis' Special Gift for Peace

Before he passed away, Pope Francis gave a very special gift – his popemobile!

He asked Caritas to turn it into a mini hospital on wheels to help children in Gaza who can't get to a doctor or hospital.

🚚 The popemobile is being changed to carry:

- Equipment to help sick and hurt children
- Oxygen, medicine, and vaccines
- A fridge to keep medicine safe
- A team of doctors who are ready to help.

This gift is full of love, peace, and care – just like Pope Francis.



Why is this so important?

- 🧑 Nearly one million children in Gaza have had to leave their homes
- 🏠 Many are hungry, sick, or hurt, and can't get the help they need
- 🚚 The mobile clinic will go to the children who need care the most
- ❤️ Pope Francis wanted all children to know they are loved, remembered, and cared for.

**Let's pray for peace and healing,
and for this special mission to bring
love and help to those who need it.**



Click here to watch a short video about the Popemobile and how it is being turned into a mobile health clinic.



Click [here](#) to learn more about the Vehicle of Hope and how it's helping children in Gaza.

Praying for peace in the Holy Land

On 7 October 2023, fighting began again in a special place called the Holy Land.

A group of kind people in Wellington decided to pray for peace. They hoped the fighting would stop soon.

As time went on, the group kept praying. They met three times a week at lunchtime, using a special peace prayer written over 10 years ago by a woman named Claudette from Caritas Jerusalem.

This little act of prayer and care became part of something much bigger — thousands of people around the world are also praying for peace!

The team at Caritas Jerusalem said:

“Thank you so much for your prayers. We really believe that prayer can make a difference.”



Click to see the group in Wellington praying for peace.

Let's join them and say a special prayer for peace in the Holy Land.






- What does peace look like in everyday life?

 *Is it sharing? Being kind? Helping someone?*

- What does peace look like in our school or community?

 *Is it friends playing nicely? People using kind words?*

- What do you think peace might look like in the Holy Land?

 *Maybe people helping each other or feeling safe?*





- How does praying for peace help us to be “Pilgrims of hope”?



Does it help us be kind and bring hope to others?

- Why do you think Jesus wants us to pray for peace?




Because Jesus loves everyone and wants us to love too!





- Who else in the world could you pray for to help build peace?

 *Children who are sad, people without homes, or people in war.*

- How can your class or school take time to pray for peace?

 *Maybe at the start of the day? Before lunch? In quiet time?*



Here are some ideas for you to follow to put your faith in action...

**you
choose**

Prayer Team

With your friends, create a prayer team and meet each week to pray for peace.

Find out what is happening in the world and take note of any prayer needs. Build peace through prayer and choose to put the most vulnerable first.



Prayer Wall

Create a special display in your classroom that becomes your prayer wall. Add articles that show the need for prayer/peace.

Take time to write prayers for the people identified in the articles. Add these prayers to the wall. You could even use post it notes.



Peace Tree

Create a visual symbol in your school with prayers and pledges for peace written on leaves.

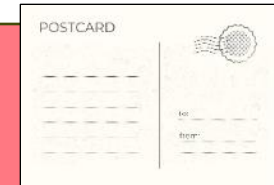
Perhaps you could create more than one tree for different focuses. Let the trees grow larger as you add more and more prayers to the branches.



Holy Land Postcards

Write prayers and messages of support as postcards for groups who are building peace in the Holy Land.

Share your postcards with the Caritas education team and we can pass these on to Caritas Jerusalem, Laura Vicuna School (from YCC Day in 2022) and Bethlehem University.



Let's Add to Your Peace Passport!

After your trip to the Holy Land today, don't forget to add a sticker to that page in your Pilgrims of Hope Peace Passport.

- You can draw or write something you learned today.
- Is there something kind or peaceful you want to do next?
- Think of one person you would like to tell about what you learned — maybe a friend, a teacher, or someone at home!

Keep your passport close... we've got more peace adventures coming later this week!



Let's end our lesson today by praying for peace in the Holy Land.

Prayer for Peace in the Holy Land

Dear God,
We pray for all people in the Holy Land.
Please help those who are hurt or scared.
Keep everyone safe and bring peace to their homes.
Wrap them in your love and care.
Amen.

Adapted from a prayer by Reverend John Reese, Friends of the Holy Land Prayer and Spiritual Lead





Building Peace Through RESPECT
Te Pupuri i te Rangimārie mā TE
WHAKARANGATIRA I TE TANGATA



God **welcomes** us into the world, knows us by name, cares for us and wants us to be happy.

This resource reminds children that when we respect others, we are sharing God's love. The New Zealand case study helps students see how showing care, listening, and including others — like the work of Te Roopu Haurongo — are all ways to build peace and live wisely

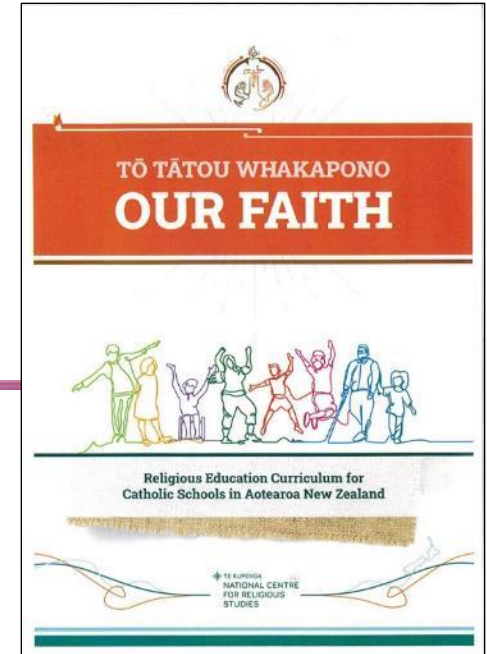


The Church loves us and wants us to know **we are loved** by God, and to love God, ourselves and one another

Through the example of Te Roopu Haurongo, students see that showing respect is a wise and loving response. This resource reminds them that when we treat others with care and dignity, we are helping to build peace in our communities.



Wisdom Whakaaronui



*To Tātou Whakapono
Our Faith, page 63*



Begin today's lesson using one of the Jubilee Prayers below.



Press a button to open the prayer.

LP

**Jubilee Prayer
in English**



**Jubilee Prayer
in Te Reo Māori**



**Jubilee Prayer
in Samoan**



**Jubilee Prayer
in Tongan**



UP

**Jubilee Prayer
in English**



**Jubilee Prayer
in NZSL**



Today, we're learning about how respect builds peace.

When we show respect, we treat others kindly and fairly. That means using kind words, taking turns, listening, and including others – even when we don't always agree.

As Catholics, we believe that everyone is special because we are all made by God. Jesus showed love and care to everyone, and we can do the same.

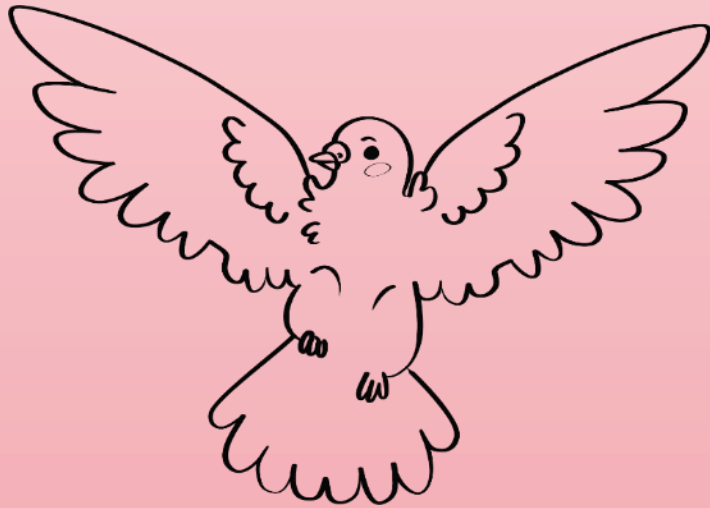
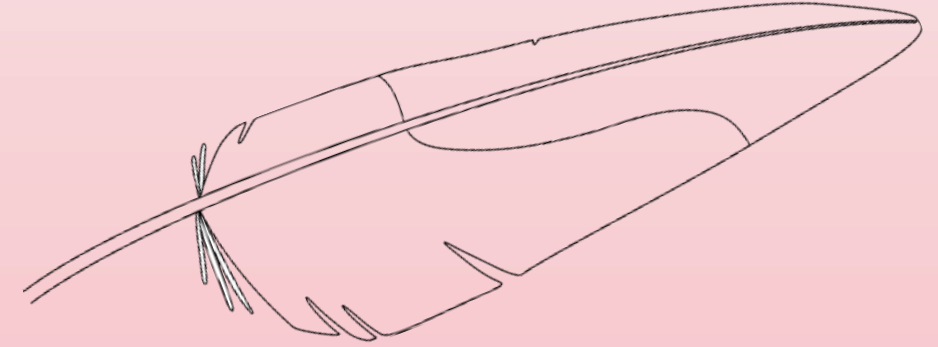
LET'S DISCUSS

How does being respectful help build peace?

- Respect helps people to be friends and work together
- Respect means listening to others and taking turns
- Respect means being kind and fair to everyone
- When we show respect, we help stop fighting and keep the peace
- Respect is one way we can follow Jesus and share God's love.



When we keep using kind words and trying our best to make peace, we can help make the world a better place.

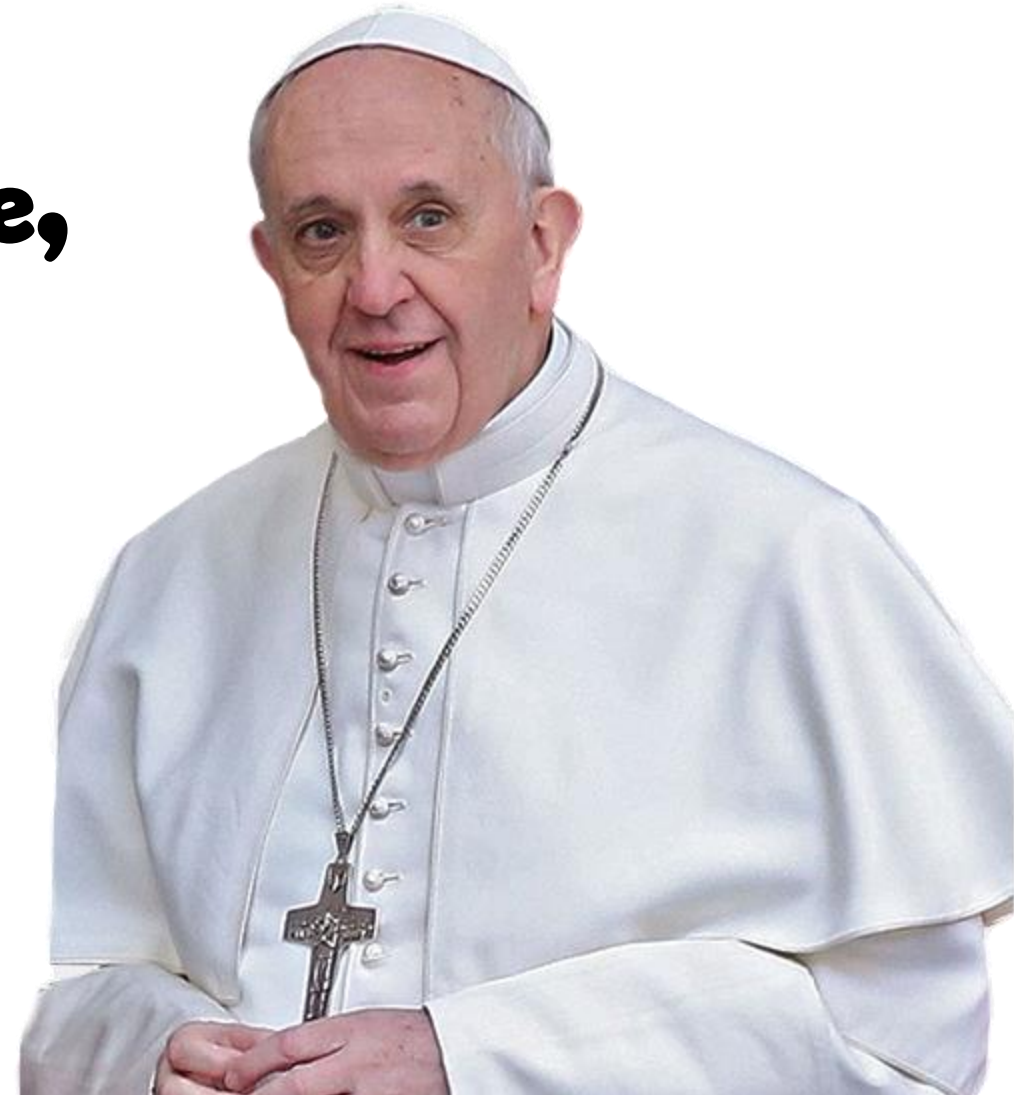


When we respect each other, we make strong friendships and help our school and community feel safe and happy.



**“Make peace, create peace,
be the example of peace.
We need peace
in the world.”**

Pope Francis



Ephesians 4:2–3

“Always be humble and gentle. Be patient and accept each other with love. You are joined together with peace through the Spirit. Do all you can to continue together in this way. Let peace hold you together.”



After reading the verse from Ephesians 4:2-3, let's sit quietly, say thank you to God, and talk together.

**LET'S
DISCUSS**



What words in the verse did you like or remember?



What does this verse tell us about how to treat others?



Did this verse make you think about how you act with your family or friends?



Which part made you feel calm, peaceful or happy?





Respect everyone as a
child of God.

Human Dignity

Te Mana i te Tangata

God made each person special and full of love. This means we should treat everyone with kindness and respect – because everyone is important to God.



Include everyone so all can
benefit and belong.

Common Good

He Painga mā te Katoa

When we care for others, listen to them, and share fairly, we help make our school and world a better place for everyone.



Let's learn today's special phrase...

Let's say it together!

Let's Try

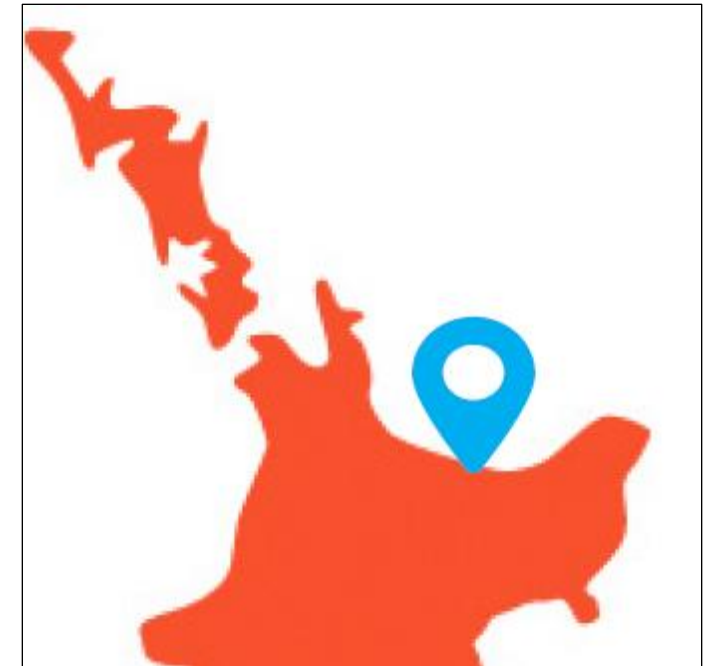
Respect for all

Te whakarangatira i te katoa



Today's Special Place: Whakatāne

Today, we're staying in Aotearoa and taking a trip to a beautiful place called Whakatāne!
We'll learn about a special group of people and how they show respect, love and forgiveness to others.



Respect and Human Dignity for Young People

In Aotearoa, there are special courts called Rangatahi Courts. These are for young people who have made a mistake and need help to make things right.

These courts take place on a marae - a special Māori meeting place. People speak te reo Māori and follow tikanga (Māori customs and ways of doing things).

The Rangatahi Courts help young people:

- ♥ Reconnect with their culture and family
- 💬 Talk about what happened and how to fix it
- 🤝 Get support from their whānau and community.

This way of helping is called restorative justice. It means fixing what's gone wrong, saying sorry, helping people feel better, and giving everyone a chance to make a fresh start – together.



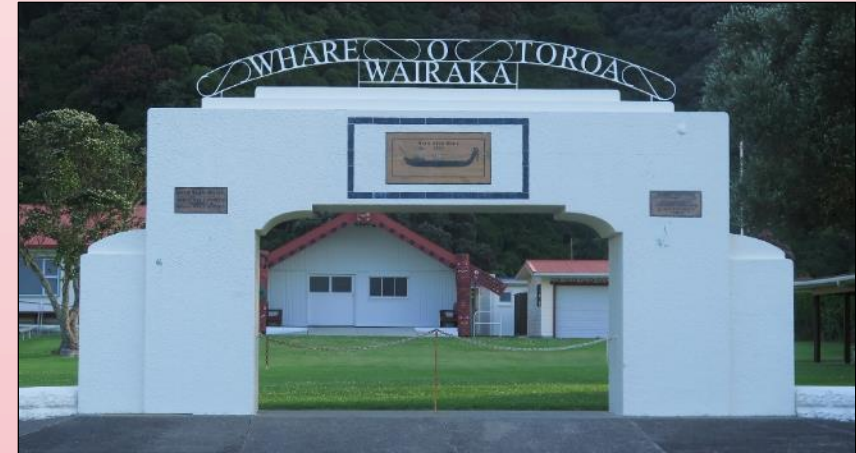
Click to see how the Rangatahi Courts show respect and care for young people.

Te Roopu Haurongo

Caritas helps support a group called Te Roopu Haurongo – which means *Breath of Life*. This group is led by kuia and kaumātua (respected Māori elders), and they help young people and their families at the court held on Wairaka Marae in Whakatāne.

At the marae, respect is very important. Young people show respect for the place, the people, and the judge. In return, they are respected for who they are, where they come from, and the good they can do in the future.

This sharing and respect helps to heal hearts and build peace for everyone – young people, their families, and their whole community.





- What does it look like when someone is being treated fairly and kindly?

🤝 *Is it taking turns? Letting others have a go?*

- What does it mean to forgive someone and still be kind?

💬 *Is it saying, "It's okay"? Giving someone another chance?*





- Why is it important to be kind and fair, even when someone makes a mistake?

❤️ *Does it help them feel safe? Can it stop fights or hurt feelings?*

- Why should we respect people who are different from us?

🌍 *Can it help us make new friends? Can it help everyone feel welcome?*





- What can I do today to help others feel loved and respected?

😊 *Can I share something? Say something kind?*

- Is there someone I can say sorry to or make peace with today?

🕊️ *Can I smile at them? Say "Let's be friends"?*



Here are some ideas for you to follow to put your faith in action...

you choose

Justice Wall

Display your own posters or art showing what respect and human dignity look like in action.

If you have already designated a space in your class for a peace wall or a prayer wall, you could add your posters and art in the same space or beside them if it is easier.



Special Liturgy

Organise a reflective service that includes scripture, Māori prayer, and student intentions around mercy, respect, and restoration.

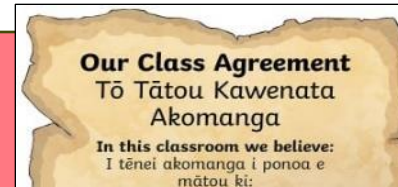
You could use the 2024 Liturgy for Social Justice Week that focuses on forgiveness and reconciliation.



Peace Pact

Create and sign a class agreement to uphold respect and inclusion.

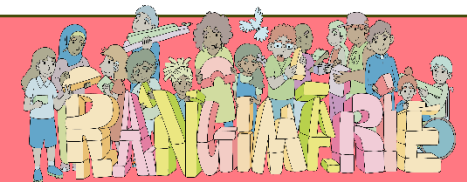
You may even choose to revisit your class treaty established at the start of the year and see if you are upholding the different promises. You could add to this treaty.



Whakawhanaungatanga Day

Organise a class or school day that is focused on building respectful relationships and understanding diverse backgrounds.

Work together to plan how the day will run. Think of ways to put respect and peace at the centre. Share this with your teachers.



Let's Add to Your Peace Passport!

After your trip around Aotearoa today, find the page in your Pilgrims of Hope Peace Passport that talks about respect and Te Roopu Haurongo.

- Add a sticker to that page!
- You can draw or write something you learned today.
- Is there something kind or respectful you want to do next?
- Talk to someone in your class. What did they learn? Is it the same or different to what you learned?

Keep your passport close... more peace adventures are on their way!



Let's finish our lesson by asking God to help us be peacemakers.

Dear God,
Help us choose kindness instead of hurting.
Help us tell the truth and be fair.
Help us feel hope when we are sad,
and help us trust when we are scared.
Fill our hearts with your peace.
Help us work and play kindly together,
so we can make the world a fair and peaceful place for everyone.
Amen.



Adapted from words spoken by Mother Teresa in 1981





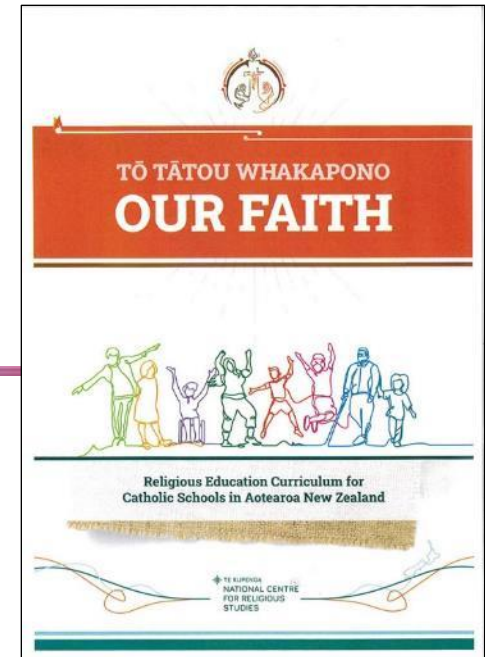
Building Peace Through SOLIDARITY
Te Pupuri i te Rangimārie mā
TE WHAKAWHANAUNGATANGA



Some people, places, times and objects are holy because they share in God's holiness.

This Caritas resource shows that when we pray for others, especially those who are suffering, we are doing something holy. Through prayer, reflection, and hearing stories of Caritas' work in Ukraine, students learn that standing together — even from far away — is a sacred and powerful way to build peace.

Holiness Aroha Pūmau



*To Tātou Whakapono
Our Faith, page 59*



God's **love** is holy and God calls all people to share this **love with others** to grow in holiness.

This resource helps students see that when we stand with others — like the people of Ukraine — in prayer and care, we are showing God's holy love. Through solidarity, we grow in holiness and help bring peace to those who need it most.



Begin today's lesson using one of the Jubilee Prayers below.



Press a button to open the prayer.

LP

**Jubilee Prayer
in English**



**Jubilee Prayer
in Te Reo Māori**



**Jubilee Prayer
in Samoan**



**Jubilee Prayer
in Tongan**



UP

**Jubilee Prayer
in English**



**Jubilee Prayer
in NZSL**



BUILDING PEACE THROUGH SOLIDARITY

TE PUPURI I TE RANGIMĀRIE MĀ TE WHAKAWHANAUNGATANGA

WEDNESDAY RĀAPA

We live in a big world, but we are all part of one big human family. Even if we live in different places, we want the same things – like kindness, fairness, and peace.

As followers of Jesus, we believe everyone is our brother or sister. That means we help each other, especially when someone is having a hard time.

This is called **solidarity** – standing together and showing we care.

When we include others, share, and help people feel better, we are building peace.

LET'S

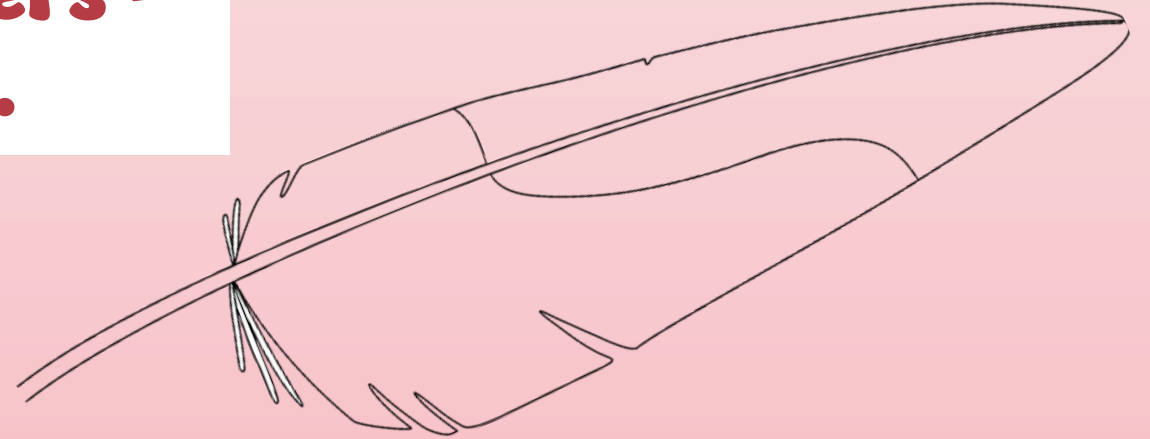
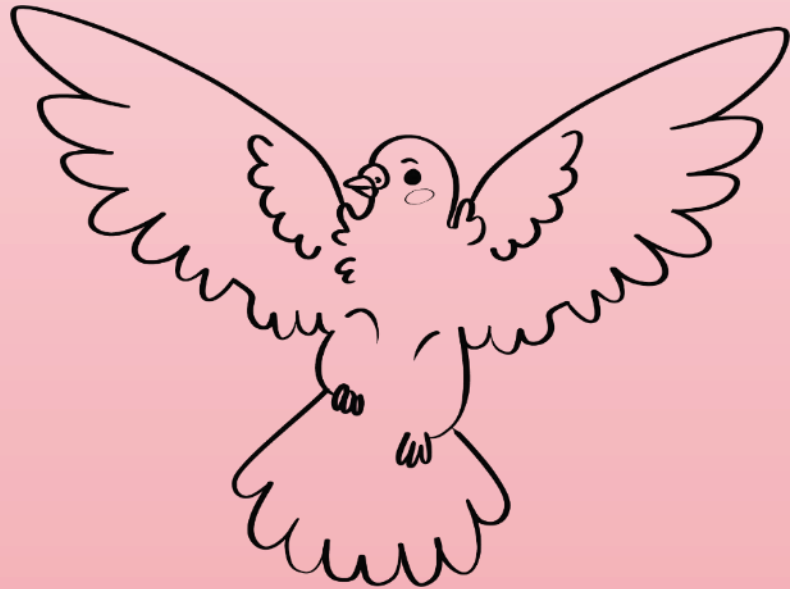
DISCUSS

How does standing together help build peace?

- Solidarity means standing with others. Peace grows when we do.
- When we care for each other, we help make the world fair, kind, and peaceful.



**Jesus wants us to be peacemakers –
bringing peace wherever we go.**



**When we stand with others and
help them, we bring hope and make
the world a better place.**



“Solidarity is more than acts of generosity, important as they are. It is a call to embrace the reality that we are bound to one another.”

Pope Francis



Romans 12:16

"Live together in peace with each other. Do not be proud, but make friends with those who seem unimportant. Do not think how smart you are."



Let's think about today's special Bible verse.

Let's talk together about what it means.

**LET'S
DISCUSS**



 What does this verse ask us to do for others?

 Why do you think Paul wanted us to do this?

 How can doing this help bring peace and show we care for others?



Support others and stand
with those in need.

Solidarity Whakawhanaungatanga



Solidarity - Whakawhanaungatanga - means standing with others and caring for them like they are our brothers and sisters.

Jesus showed us how to live this way. He spent time with people who were sad, sick or left out. He helped them feel loved and included.

When we follow Jesus and care for others - especially when they are having a hard time - we are helping to build peace.

This is one way we live our faith and help make the world a kinder, fairer place for everyone.



Let's learn today's special phrase...

Let's say it together!

Let's Try

Solidarity for Ukraine

**Te whakawhanaungatanga
ki a Ūkareinga**



Today's Special Place: Ukraine

Today, we're travelling all the way to Europe to visit a country called Ukraine.

We'll learn about people who are working hard to bring peace and care for others, even when life is difficult.



Challenges in Ukraine

Life has been very hard for many people in Ukraine since the war began.

Around **4 million** people had to leave their homes but stayed in the country. Another **7 million** people became refugees, moving to other countries to find safety. Now, some are starting to come back home.

Many important places have been damaged or destroyed — like homes, hospitals, and water pipes. In the cold winter, it's even harder for families who have no power, heating or clean water. People are doing their best to share what they have and help one another.



CARITAS CASE STUDY HE MĀTAI TŪĀHUA CARITAS

Caritas Stands with the People of Ukraine

Caritas has been helping the people of Ukraine in many caring ways.

Two groups — **Caritas Spes** and **Caritas Ukraine** — have had over 2,600 helpers working to care for more than 5 million people.

They have shared food, clean water, warm clothes, and safe places to sleep. Caritas has also helped with medicine, kind listening, and money for families to buy what they need.

Caritas is showing solidarity – standing with the people of Ukraine to bring hope, love and peace.



CARITAS-SPES



KAPITAC
УКРАЇНИ
CARITAS
UKRAINE



Food and
Essential Items



Water Access



Counselling



Medical Care



Shelter



Cash Assistance



The Catholic Agency for Justice, Peace & Development



CARITAS CASE STUDY HE MĀTAI TŪĀHUA CARITAS

WEDNESDAY RĀAPA

Watch these short videos to see how helpers are showing love and care for the people of Ukraine.



Click a button below to watch the video.



Caritas Ukraine, a ray of HOPE in the middle of the crisis



Caritas provides humanitarian aid in Ukraine for last 6 months



Caritas volunteers from Poland assist refugees from Ukraine



Two Years of War in Ukraine - Caritas-Spes
Video created on 20 February 2024



Two Years of War in Ukraine - Caritas Ukraine



Meet Antonina and Her Family

When the war started in Ukraine, Antonina and her family heard loud explosions. They lost power and had no food. Life became very hard!

They had to walk for days to find a safe place to live.

With help from a Caritas project called Family to Family, they were able to make a new home.

Caritas helped them:

- Fix their kitchen,
- Get a new window,
- Buy a fridge, heater and firewood.

Antonina says: ***“Now we now have warm water, a place to keep food, and the things we need to live. I’m really thankful to everyone who helped us.”***

Even after everything, Antonina still has hope.

She says, ***“I believe the war will end soon, and we’ll have peace again.”***



Cash Assistance



Food and
Essential Items



Water Access



Shelter



CARITAS-SPES

Light a Candle for Ukraine

#Candles4Ukraine is a special project started by the two Caritas groups in Ukraine.

People around the world are lighting candles, taking a photo, and praying for peace.

Your class can do this too!

You can:

- Light a candle
- Say a prayer for the people of Ukraine
- Take a photo and share it with the hashtag #Candles4Ukraine.

In the video someone says: ***“We light this candle to remember those who are sad or have lost someone. It is also a light of hope for the future.”***



Click to find out more.



A Light of Hope

Even when times are dark and hard, there is always hope.

Caritas helpers in Ukraine say thank you to people everywhere who care and give support.

A candle is a special sign.
It brings light to the dark.
It reminds us of hope, prayer, and peace.

When we light a candle, we show we care —
and we pray for peace in Ukraine.

Let's keep the light of hope shining together!



Click to find out more.





- How do you think people in Ukraine might be feeling right now?

😬 *Are they feeling scared or sad? Are they hoping for peace?*

- Where else in the world do people need help and support like the people in Ukraine?

🌍 *Can you think of a place where people might not have a safe home or clean water?*





- If you were in their shoes, what would you hope others would do for you?

♥ *Would you want someone to help, pray, or send you something you need?*

- What does Jesus teach us about helping people who are hurting or in need?

✝ *Does Jesus want us to care for others like they are our brothers and sisters?*





- How can you show you care and stand in solidarity with others from here in Aotearoa?



Can you light a candle, say a prayer, or draw a picture of peace?

- What is one kind thing you can do this week to bring peace to someone in your class or at home?



Can you help a friend? Say something kind? Include someone in your game?



Here are some ideas for you to follow to put your faith in action...



#CANDLES4UKRAINE

#CANDLES4UKRAINE is a campaign initiated by the 2 Caritas agencies in Ukraine encouraging people to light candles and share photos in solidarity and pray for peace.

Your class, or school, could join in and light a candle to show solidarity for the people of Ukraine. Share photos or a video with others as beacons of hope for the future.



Click to find out more.

Raise Awareness

Be creative and raise awareness in your school, and even wider in your community, for the challenges faced by the people of Ukraine.

You could create, wear or give blue and yellow ribbons or bracelets to show support; or organise a peace walk around your school; or perhaps put together a video to show in assembly or shared even wider.



Write a Letter to Leaders

With your teacher, write a short letter, to your local MP or even global leaders advocating for peace and justice in Ukraine. Make sure you include reference to the importance of Catholic social teaching and principles like human dignity, solidarity, and promotion of peace. Become a [champion for peace](#) like many people we have learnt about during Social Justice Week.



Let's Add to Your Peace Passport!

After our journey to Ukraine today, find the page in your Pilgrims of Hope Peace Passport that talks about solidarity:

- Add your sticker for today's stop!
- Draw or write something you learned about standing with others and showing that you care.
- Is there something kind or helpful you'd like to do next?

Take a moment to look back at your Peace Passport.
What have you learned about building peace?

Keep your passport close... more peacebuilding adventures are coming!



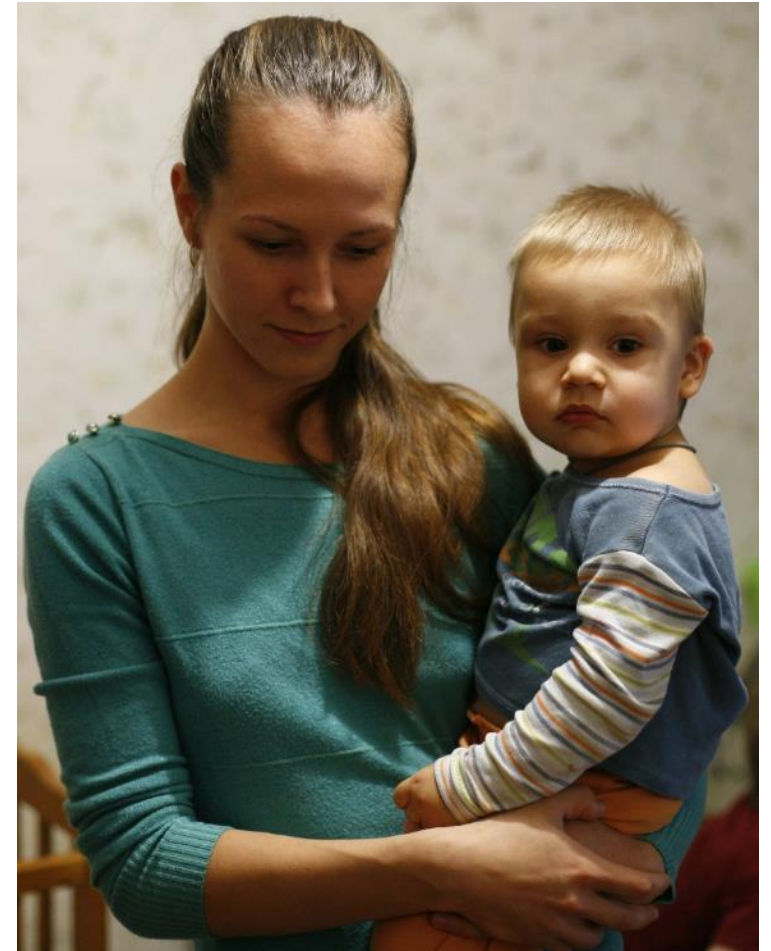
Let's finish our lesson with a special prayer.

Let's ask God to help us build a world full of love and peace.

A World of Love and Peace

God of love,
We pray for peace in our world, and an end to war.
Instead of hatred, let there be love.
Shelter your children and protect us.
Guide us and keep us from harm,
so we can build a world of love and live our lives in peace.
Amen.

Used with permission from CAFOD





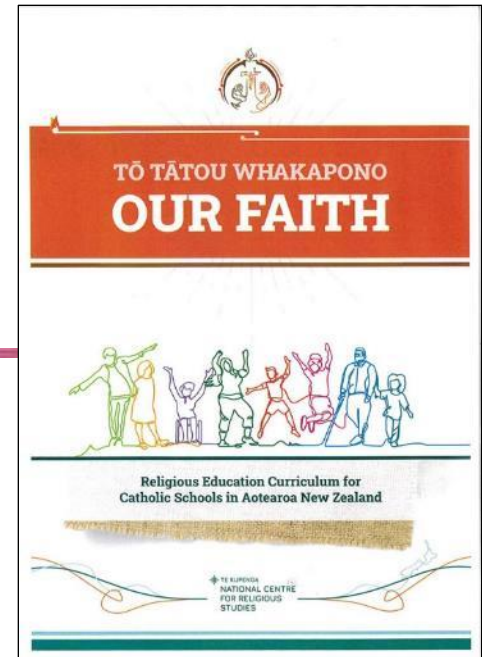
Building Peace Through CHANGE
Te Pupuri i te Rangimārie
mā TE PANONITANGA



Jesus **welcomes** all and shows us how to treat ourselves, others and the earth fairly.

Students explore how Jesus treated others with fairness and love, and how we can do the same. The case study on Pacific nations helps young children understand that when something is unfair, we can take action — even simple actions like prayer or learning — to help bring change and build a fairer world.

Justice Tika



*To Tātou Whakapono
Our Faith, page 67*



We treat each other and the earth with justice, to share our **love** and experience forgiveness, mercy and healing.

This resource helps students explore how unfair systems affect others – like Pacific nations burdened by climate debt. Students learn that seeking justice, especially for the earth and vulnerable people, is part of building peace and showing love.



Begin today's lesson using one of the Jubilee Prayers below.



Press a button to open the prayer.

LP

**Jubilee Prayer
in English**



**Jubilee Prayer
in Te Reo Māori**



**Jubilee Prayer
in Samoan**



**Jubilee Prayer
in Tongan**



UP

**Jubilee Prayer
in English**



**Jubilee Prayer
in NZSL**



BUILDING PEACE THROUGH CHANGE

TE PUPURI I TE RANGIMĀRIE MĀ TE PANONITANGA

THURSDAY RĀPARE

Sometimes, things in the world aren't fair or kind. When people get hurt or left out, it's hard for peace to grow.

Jesus showed us how to bring change. He spoke up when things were wrong. He helped people who were treated badly. One time, he even flipped tables in the temple to show that something needed to change!

Jesus teaches us that if something is unfair, we can help make it right.

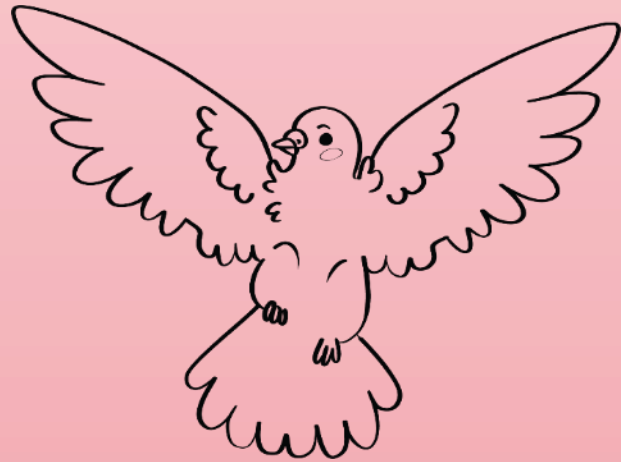
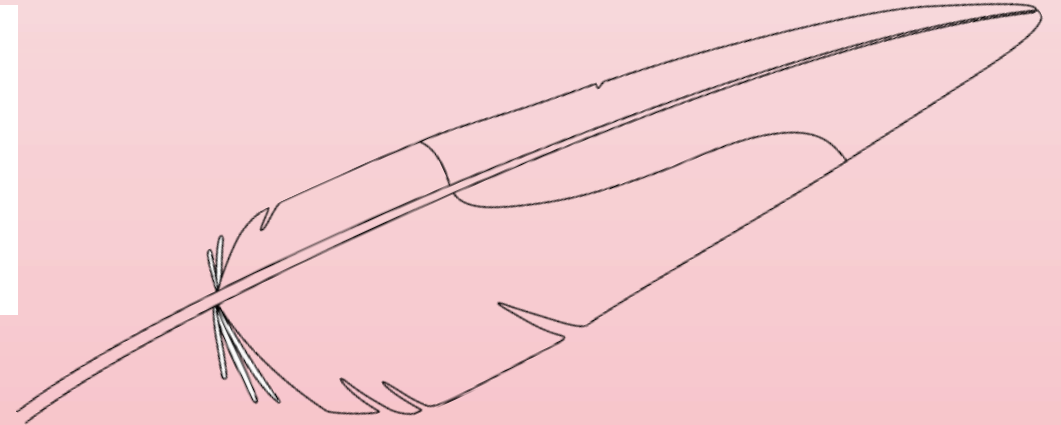
**LET'S
DISCUSS**

What does peace through change look like?

- Thinking of others, not just ourselves
- Changing rules that are unfair and hurt people
- Being kind instead of judging
- Turning angry feelings into calm thoughts
- Speaking up when something isn't right.



We can help build peace by doing what is right and standing up for others.



Peace grows when we speak up about unfair things and treat everyone with kindness and respect.



“It is not enough to avoid injustice if you're not promoting justice.”

Pope Francis



Proverbs 31:8–9

“Speak up for those who cannot speak for themselves. Defend the rights of all those who have nothing. Speak up and judge fairly. Defend the rights of the poor and needy.”



Let's think about today's special Bible verse.

Let's talk together about what it means.

**LET'S
DISCUSS**



What does it mean when someone needs help?

What does the Bible ask us to do for people who are treated unfairly?

How can you help others at school, at home, or in your neighbourhood?

How does speaking up for others help make the world more fair and peaceful?



Share fairly so that
no one misses out.



Distributive Justice

Te Tika ka Tohaina

God wants everyone to have what they need to live a good and happy life—like food, water, a safe home, and a chance to learn and grow.

Distributive justice means sharing things fairly so no one is left out or left behind.

Listen to those who are
affected and let them decide.



Subsidiarity

Mana Whakahaere

Subsidiarity means listening to people who are affected by a problem and helping them be part of the solution.

It's about making sure everyone has a voice — especially those who are not always heard.



Let's learn today's special phrase...

Let's say it together!

Let's Try

Change what is wrong

Te panoni i ngā mea hē



Today's Special Place: Our Pacific Neighbours

We're heading back to Oceania to visit our Pacific neighbours!

We'll learn how climate change and debt are affecting their lives — and how we're called to help bring peace through action and change.



The Impact of Climate Change in the Pacific

Our Pacific neighbours live on small islands in the ocean. Some of these are the smallest countries in the world.

Even though they have taken care of the environment, they are being hurt by big changes in the weather.

The sea is rising, storms are getting stronger, and the land and animals are being harmed.

Some families are losing their homes and the way they get food or earn money.

We can help by learning, caring, and making changes for a better world.



Voices Calling

Caritas heard two stories earlier this year about the impact of climate change on the lives of two of our Pacific neighbours. Click on the link below to hear from Levinia and Brother Solomon as they talk about how rising sea levels have made life hard.



Levinia McGoon from Fiji



Brother Solomon from PNG



Click here to watch the video *Voices from the Pacific*



Climate Change Debt in the Pacific

Some Pacific countries, like Fiji and Samoa, are having a hard time because of big storms and rising seas.

To fix the damage, they've had to borrow money. But now, they have had to spend lots of money just to pay it back – sometimes more than they can spend on schools or hospitals.



That's not fair! They didn't cause climate change but they are being hurt the most.

We can help by learning about this and speaking up for change.

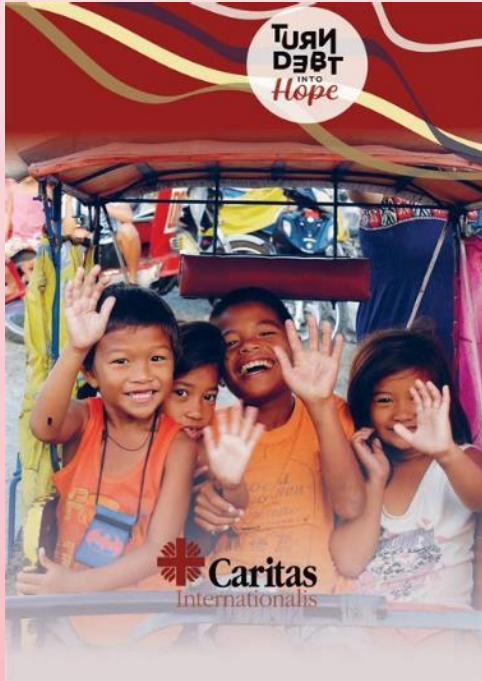
Turn Debt into Hope

Pope Francis said we should speak up when something isn't fair.

By joining the **Turn Debt into Hope** campaign, we can help make things better for our Pacific neighbours.

Even small things — like learning, praying, and sharing this message — can help bring peace and hope.





You Can Help Too!

Even though you are young, you can still make a difference.

Talk with your teacher and, together, go online to sign the Turn Debt into Hope petition.

This helps tell leaders that we care about people and the planet.

Every voice matters — and yours counts too!

www.caritas.org.nz/turndebtintohope



Sign the Petition





- Can you think of times when something felt unfair for others?
 - 🌍 *Think about what you saw in the Pacific — how people are losing their homes because of rising seas.*
 - 😞 *Have you ever seen someone treated unfairly? How did it make you feel?*





- Why is it better to speak up with others, not just by yourself?

❤️ *Think about how we can work as a class or a school to help our Pacific neighbours.*

😊 *Do you think more people listening helps make a bigger change? Why?*





- What small things can we do to help others?

♥ Can we learn more? Can we pray? Can we share the story with others?

🕊 How might these actions bring hope and peace to people who are struggling?



Here are some ideas for you to follow to put your faith in action...



Sign a Petition

Be aware of current petitions that your school could get behind and support to help bring change and eliminate injustice.

You could join the current campaign by the Caritas network called Turn Debt into Hope. Together we can help Pacific nations find peace and overcome the challenges of climate change related debt.



Click to find out more.

Footsteps for Justice

Have fun tracing the outline of your shoes on coloured paper. Cut these out. On each footprint, write one action you can take to help others (e.g. "Be kind to someone new" or "Bring lunch for the food bank").

Display them as a walking path of justice and love and remind each other of the change you are bringing to build peace in your community.



Compassion Jar for Change

Create a classroom jar or use your Caritas koha box for collecting loose change to support a Caritas or Catholic mission appeal.

Find out about current issues and how organisations like Caritas are bringing positive change and seeking justice. Vote on which cause to support and through the process learn about giving and global solidarity.



PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

THURSDAY RĀPARE

Let's Add to Your Peace Passport!

After our journey to the Pacific today, find the page in your Pilgrims of Hope Peace Passport that talks about change.

- Add your sticker for today's stop!
- Draw or write something you learned about how climate change is hurting our Pacific neighbours – and how we can help.
- Is there something small you'd like to do to bring hope or help others?

Choose someone in your whānau to share your learning with — they'll love hearing what you discovered today!

Keep your passport close... more peacebuilding adventures are coming soon!



Record your thoughts and learnings on this page.

Write That Down!

Let's finish our lesson with a special prayer.

Let's ask God to help us build a world full of love and peace.



Click on the image to start the prayer.

Light of Hope

We'll watch and pray together with a short video, made just for students during this Jubilee Year by our friends at CAFOD – the Caritas agency in England and Wales.

Take a quiet moment. Be still. Open your heart and pray for hope and peace in our world.





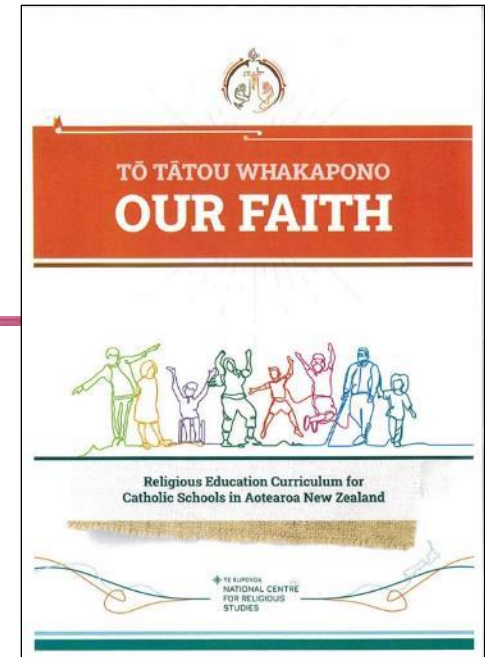
Building Peace Through SERVICE
Te Pupuri i te Rangimārie mā
TE MAHI AROHA MŌ TE TANGATA



God's **grace** is offered to everyone.

God's grace can be seen in people who care for others — just like the Barefoot Counsellors in Bangladesh, who help families in need. The Caritas resource helps children recognise that even small acts of service, like being kind or helping a friend, are ways we can share God's love and build peace.

Grace Mana Tapu



*To Tātou Whakapono
Our Faith, page 55*



God's **grace** is love, and is seen and experienced in the Sacraments and the fruit of Holy Spirit.

Students learn that grace is shown through loving service, just like the Barefoot Counsellors who support others in their community. This Caritas resource helps students see how acts of kindness and service, inspired by the Holy Spirit, are ways we build peace.



Begin today's lesson using one of the Jubilee Prayers below.



Press a button to open the prayer.

LP

**Jubilee Prayer
in English**



**Jubilee Prayer
in Te Reo Māori**



**Jubilee Prayer
in Samoan**



**Jubilee Prayer
in Tongan**



UP

**Jubilee Prayer
in English**



**Jubilee Prayer
in NZSL**






BUILDING PEACE THROUGH SERVICE

TE PUPURI I TE RANGIMĀRIE MĀ TE MAHI AROHA MŌ TE TANGATA

FRIDAY RĀMERE

Jesus is often called the Prince of Peace. His whole life showed us how to bring peace by serving others.

He helped people by:

-  Feeding the hungry
-  Healing the sick
-  Welcoming those who were left out.

We can follow Jesus' example and be his hands, feet, and heart in the world. When we serve others with kindness, compassion, and aroha, we help bring peace where it's needed most.



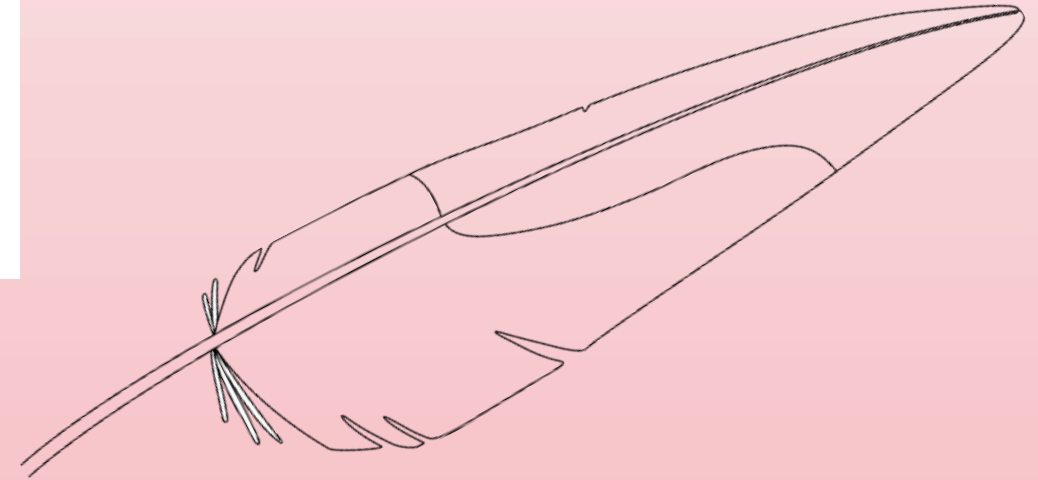
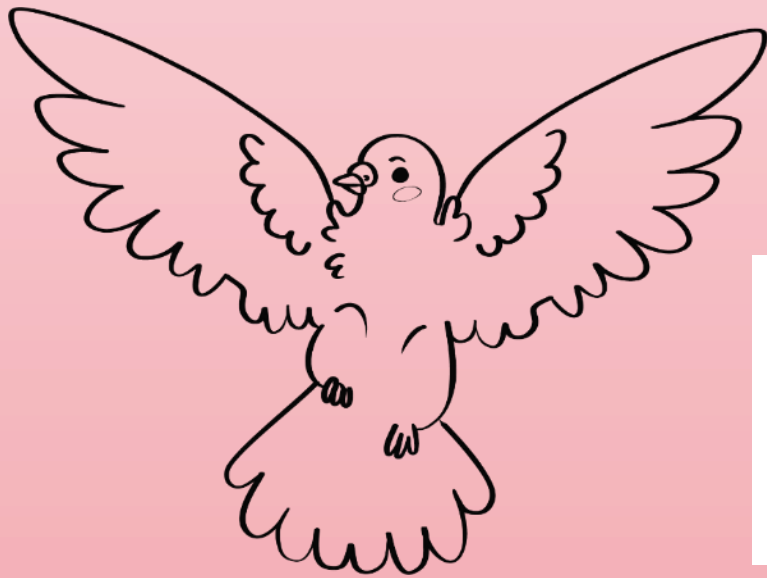
- It helps us make friends and build trust
- It gives help to people who really need it
- It brings joy, hope and healing
- It helps us understand how others are feeling
- It can inspire others to help too!
- It gives us a purpose and makes the world a better place.

**LET'S
DISCUSS**

**How does serving others
help build peace?**



Peace begins with small acts of kindness, especially when we help people who need it most.



Jesus calls us to take action now, so we can help make the world fairer, more caring, and peaceful for everyone.



**“Life is of no use if not
used to serve others.
For life is measured
by love.”**

Pope Francis



Galatians 5:13

“My brothers, God called you to be free. But do not use your freedom as an excuse to do the things that please your sinful self. Serve each other with love.”



After reading today's special Bible verse, let's think about how serving others with love can help bring peace.

**LET'S
DISCUSS**



What do you think it means to serve others with love and kindness?

How can small acts of helping bring peace to others?

What are some ways you can help at school, at home, or in your neighbourhood?

How does helping others with love make the world a better place?





Join in and make your voice heard.
Help others to join in also.

Participation

**Nāu te Rourou,
Nāku te Rourou**

Jesus showed us how to help others.
He gave his time and used his gifts to care
for people. We can follow Jesus by using our
own talents to do good and help those
around us.



Care for God's creation and
use it wisely.

Stewardship

Kaitiakitanga

God gave us a beautiful world to care for.
We are **kaitiaki** - guardians - of creation.
When we help others and show aroha, we
are looking after God's world and the people
in it.



Let's learn today's special phrase...

Let's say it together!

Let's Try

Serve others with love

Te mahi mō ētahi mā te aroha



Today's Special Place: Cox's Bazar, Bangladesh

We're heading to Asia to visit the world's largest refugee camp – Cox's Bazar in Bangladesh.

We'll learn how families who had to flee their homes are being helped through service, kindness and love – and how we can help bring peace by caring for others in need.





A Special Place Called Cox's Bazar

Far away in the country of Bangladesh, there is a place called Cox's Bazar. It is home to the world's largest refugee camp.

Many people called the Rohingya had to leave their homes to stay safe. Now more than one million people live in the camp.

Groups like Caritas are helping. They give people food, shelter, medicine, and education. They are working to build peace through love and service.



Life Can Be Very Hard

Life in Cox's Bazar is not easy!

Many have been through sad and scary situations and are now living in crowded and dangerous conditions.

There are not always enough toilets or clean water, and homes are very close together.

Sometimes there are fires, floods, or landslides, and people can get hurt.

Some children can't go to school, and adults can't always find work. That can make people sad and feel forgotten.



Barefoot Counsellors – Helpers in the Camp

Even with all these hard things happening, there is hope!

Caritas helps run a special group called the Barefoot Counsellors (BFC). These are Rohingya volunteers who live in the camp and help others.

They listen, care, and keep people safe. They remind everyone that they are important and not alone.

Thanks to the Barefoot Counsellors, thousands of families have received help. These amazing volunteers are building peace by serving others in their time of need.





Meet Two Barefoot Counsellors

Meet Rumana

Rumana is a kind helper in the camp. She listens to people when they are sad or worried and helps them feel safe. One night, she even helped a neighbour have a baby!



Meet Salimullah

Salimullah visits families in the camp and talks with them about their problems. He walks long distances to help others, even when it is hard.

Both Rumana and Salimullah are showing us how to build peace through service. They are using their time, love, and care to make life better for the people around them.



- Why do you think some people find it hard to help others?

💭 *Think about how people might feel tired, shy, busy, or unsure what to do.*

😬 *Have you ever wanted to help but didn't know how?*

-
- How can we help more people choose to serve others and build peace?

💬 *Think about what you could say or do to encourage kindness.*

☀️ *Can one person's good example inspire others?*





- How does serving others – like the Barefoot Counsellors – help bring peace?

❤️ *Think about how people feel when someone listens, cares, or helps them.*

😊 *Does it make things feel calmer, safer, or happier?*



- What happens when people feel cared for and not forgotten?

🕊️ *Does that bring more love and peace into a place?*





- What gifts or talents do you have that can be used to help others?
🎨 *Are you good at sharing, listening, helping, or cheering people up?*

- How could I serve someone this week – at school, at home, or in my community?

🖌️ *Think of one small kind thing you could do to help bring peace.*

😊 *Could you tidy up, help a friend, or say something kind?*

- Why does Jesus want us to care for people who are struggling or left out?

✝️ *Jesus showed us that every person matters.*

❤️ *When we care for others, we are following Jesus' way of love and peace.*



Here are some ideas for you to follow to put your faith in action...



Be a Barefoot Helper

Inspired by the barefoot counsellors in Bangladesh, think of ways that you could be 'barefoot' helpers in your community too.

Brainstorm together what the needs are in your community. Then individually choose something you could do for someone this week. Do this quietly without reward and then reflect on how it made them feel.



'How Can I Help?' Cards

As a class, create a set of service cards with simple ways to help others (e.g. clean a classroom, write a kind note, invite someone to join a game).

Keep these cards together in the prayer area. Choose a card individually, or in pairs, or as a class and carry out the action as part of living out our faith through service.



Buddy Programme

Take the time to set up (or enhance an existing) buddy programme in your school. Older students can pair up with younger students to help them with reading, sports, or friendship-building games.

Decide on the best way to organise a roster that highlights the buddies and when it happens and display it in a place where everyone can see it.



Let's Add to Your Peace Passport!

After our journey to Bangladesh today, find the pages in your Pilgrims of Hope Peace Passport that talks about service.

- Add your sticker for today's stop!
- Draw or write something you learned about how people are helping in Cox's Bazar – and how you can help too by being kind and serving others.
- Is there something small you'd like to do to bring peace through service?

Take a moment to look back through your passport. What actions do you still want to try before the end of the year?

Keep your passport safe – even though Social Justice Week is ending, your journey as a Pilgrim of Hope continues.



Peace Prayer of St Francis of Assisi

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.
O divine Master,
grant that I may not so much seek to be consoled
as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.



Let's Keep Building Peace Together

As we imagine peace for all and think about how we can build it together, don't forget to check out some of the stories, videos, and activities from past years. They're all about peace, forgiveness, and the small ways we can make a big difference.



www.caritas.org.nz/schools/social-justice-week





PURITIA TE RANGIMĀRIE!



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