

**LET'S BUILD PEACE TOGETHER!**  
**PURITIA TE RANGIMĀRIE!**



**PEACEBUILDING BLUEPRINTS**  
**NGĀ MAHERE PUPURI RANGIMĀRIE**

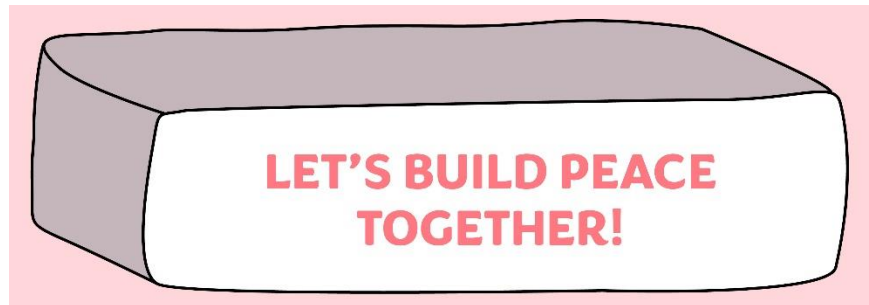
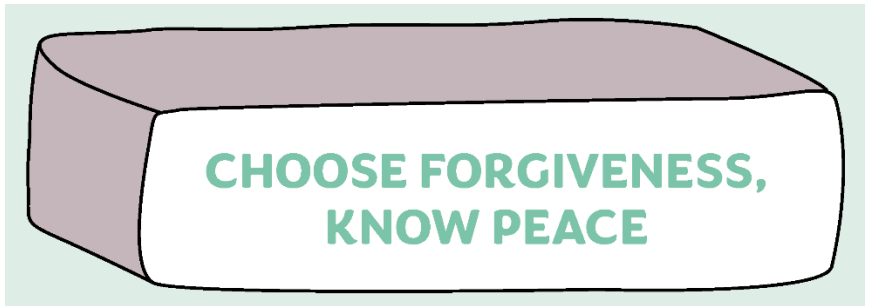
**UP**



Over the past three years, our Social Justice Week learning has focused on peace - rangimārie. You might remember our tagline: "IMAGINE PEACE FOR ALL - POHEWATIA TE RANGIMĀRIE MŌ TE KATOA."

In 2025, we continue to imagine peace for all, building on what we've explored in previous years:

- **Two years ago**, we learned that peace begins with us and from having a loving personal relationship with Jesus Christ.
- **Last year**, we focused on the importance of forgiveness and reconciliation, especially in our relationships with others.
- **This year**, we're widening our view to think about global peace – and looking at how we can take action and build peace together.



**Click the navigation  
buttons to quickly  
access different slides**



# PEACEBUILDING BLUEPRINTS NGĀ MAHERE PUPURI RANGIMĀRIE

**Monday**  
**Rāhina**



**Building Peace Through Prayer**  
**Te Pupuri i te Rangimārie mā te Karakia**



**Tuesday**  
**Rātū**



**Building Peace Through Respect**  
**Te Pupuri i te Rangimārie mā te Whakarangatira i te Tangata**



**Wednesday**  
**Rāapa**



**Building Peace Through Solidarity**  
**Te Pupuri i te Rangimārie mā te Whakawhanaungatanga**



**Thursday**  
**Rāpare**



**Building Peace Through Change**  
**Te Pupuri i te Rangimārie mā te Panonitanga**



**Friday**  
**Rāmere**



**Building Peace Through Service**  
**Te Pupuri i te Rangimārie mā te Mahi Aroha mō te Tangata**



# PILGRIMS OF HOPE PEACE PASSPORT

## TE URUWHENUA O TE RANGIMĀRIE O NGĀ MANENE HAERE ME TE TŪMANAKO

This year use our special Pilgrims of Hope Peace Passport to find out more about the focus each day and to add in your thoughts and responses.

You can easily make your own hard copy passport by printing the template from our website and cutting and folding the pages to fit together. Or if it's easier you can use the digital version (also found on the website) and save your own file with your name.

Students should have their own set of 5 stickers. A sticker (or tick) can be added after completing each page.

[www.caritas.org.nz/schools/social-justice-week](http://www.caritas.org.nz/schools/social-justice-week)





# PUTTING PEACEBUILDING BLUEPRINTS INTO ACTION

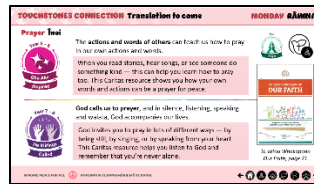
## TE WHAKATINANA I NGĀ MAHERE I TE AO

### Suggested lesson outline

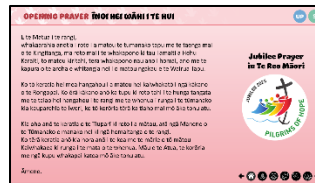
#### Introduction to the Daily Focus



#### RE Curriculum Connections



#### Peace Anchor Prayer – Opening Prayer



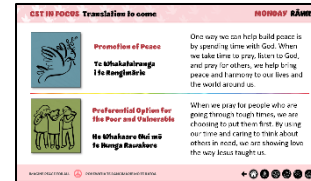
#### Peace Focus Overview



#### Caritas Case Study



#### CST In Focus



#### Scripture Focus and Discussion



#### Reflect on Key Messages



#### Time to Reflect: See, Judge, Act



#### Faith in Action: Follow Up Activities



#### Update Pilgrims of Hope Peace Passport



#### Closing Prayer



# PRAYER FOCUS TE AROTAHI KI TE KARAKIA



As we enter our final year, we are using the *Jubilee Year Prayer* as our Peace Anchor Prayer. Each day, students are invited to begin their learning by reciting this prayer. We've sourced the prayer in five different languages - English, Te Reo Māori, Tongan, Samoan, and New Zealand Sign Language - reflecting the diversity of our communities and helping students to engage meaningfully.



To support different age groups, we are offering two versions of the prayer:



**LP** Junior version (Year 0-4): Adapted by our sister agency CAFOD

**UP S** Senior version (Year 5-13): The official Jubilee Year Prayer



To complete each learning focus, a unique closing daily prayer is also included.



God, our loving Father, in this Jubilee year, you remind us of our call to love creation.  
Help us to work together to replant, repair, and renew.

**Guide us on our journey as pilgrims of hope.**

Jesus, our light, in this Jubilee year, you remind us of our call  
to love our neighbours and to set free those who suffer.  
Help us to treat everyone with dignity; to be fair, forgiving and kind.

**Guide us on our journey as pilgrims of hope.**

Holy Spirit, our inspiration, in this Jubilee year, you remind us of our call to grow in faith and love.  
Help us to hear you in scripture, to see Jesus in others, and to be united as God's global family.

**Guide us on our journey as pilgrims of hope.**

Āmene.



Father in heaven,  
May the faith you have given us in your son, Jesus Christ, our brother,  
and the flame of charity enkindled in our hearts by the Holy Spirit,  
reawaken in us the blessed hope for the coming of your kingdom.

May your grace transform us into tireless cultivators of the seeds of  
the Gospel. May those seeds transform from within both humanity  
and the whole cosmos in the sure expectation of a new heaven and a  
new earth, when, with the powers of Evil vanquished, your glory will  
shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope,  
a yearning for the treasures of heaven. May that same grace spread  
the joy and peace of our Redeemer throughout the earth.  
To you our God, eternally blessed, be glory and praise for ever.

Amen.

## Jubilee Prayer in English





E te Matua i te rangi,  
whakaarahia anōtia i roto i a mātou te tūmanako tapu mō te taenga mai  
o tō Kīngitanga, mā roto mai i te whakapono ki tāu Tamaiti a Hēhu  
Karaiti, tō mātou kiritahi, tērā whakapono nāu anō i homai, anō me te  
kāpura o te aroha e whitangia nei i ō mātou ngākau e te Wairua Tapu.

Ko tō keratia hei mea hangahou i a mātou hei kaiwhakatō i ngā kākano  
o te Rongopai. Ko ērā kākano anō ka tupu ki roto tahi i te hunga tangata  
me te taiao hei hangahou i te rangi me te whenua i runga i te tūmanako  
kia kauparehia te Īweri, ko tō korōria tērā ka tiaho mai mō āke tonu atu.

Kia oho anō te keratia o te Tiuparī ki roto i a mātou, arā ngā Manene o  
te Tūmanako e manako nei ki ngā homaitanga o te rangi.  
Ko tērā keratia anō kia hora anō i te koa me te mārie o tō mātou  
Kaiwhakaea ki runga i te mata o te whenua. Māu e te Atua, te korōria  
me ngā kupu whakapai katoa mō āke tonu atu.

Āmene.

## Jubilee Prayer in Te Reo Māori



Tama i le lagi,  
ia talosia le fa'atuatua ua e tu'uina mai ia i matou  
i lou alo o Iesu Keriso, lo matou uso,  
ma ua mū ai le mumū o le alofa  
i o tatou loto e ala i le Agaga Paia,  
toe fafagu mai ia i matou le fa'amoemoe manuia  
mo le o'o mai o lou Malo.

Ia liua i matou e lou alofa tunoai ni au faifa'atoaga e le faavaivai ile fatu o le  
Talalelei. Tau ina ia suia na fatu mai totonu o le tagata ma le atulaulau atoa  
le faamoemoega mautinoao le lagi fou ma le lalolagi fou, pe a fa'ato'ilaloina  
mana o le tiapolo, o le a susulu atu ai lou mamalu e fa'avavau.

Ia manuia le lupelie toe fafagu mai ia i tatou, malaga o fa'amoemoega, o se  
mo'omo'oga mo o'a o le lagi.

Ia salalau atu lena lava alofa tunoale olioli ma le filemu o lo tatou Togiolai le  
lalolagi atoa. Ia te oe lo matou Atua, ia manuia e faavavau, ia i ai le viiga e  
faavavau.

Amene.

## Jubilee Prayer in Samoan



*Translation:*

*Telesia Alaimoana, Lay Pastoral Leader,  
Wellington Diocese*

‘E Tamai ‘oku ‘i hēvani, tauange ko e tui kuo’ ke foaki mai kiate kimautilu ‘i ho ‘Alo, ko Sēsū Kilisitoo’, ko homau tokoua, pea mo e huelo ‘o e ‘ofa’ ke ne fakamāfana’i e ‘ofa’ ‘i homau ngaahi loto’ ‘o tu’unga he Laumālie Mā’oni’oni’, ke ne toe fafangu ‘iate kimautilu ‘a e tu’amelie ki he hā’ele mai ‘a ho Pule’anga’.

Fakatauange ko ho’o kalāsia’ te ne liliu kimautilu ki ha kau fa’a ta’emanonga ‘o e pulopula e Kosipeli’. Tauange ko e ngaahi pulopula’, te ne liliu mei he uho ‘o e fa’ahinga e tangata’ mo ha tu’amelie pau ‘o ha hēvani fo’ou mo ha māmani fo’ou, ‘o ka, mole faka’aufuli atu e mālohi ‘o e Kovi’, pea huhulu mai ho lāngilangi’ ‘o ta’e ngata.

Fakatauange ko e kalāsia ‘o e Siupeli’ te ne fafangu ‘iate kimautilu ‘a e *Pilikimi ‘o e Tu’amelie’* ko ha ‘unaloto ki he ngaahi koloa ‘o hēvani’.

Fakatauange ko e kalāsia tatau ko ia’ ‘e fakamafola ai ‘a e fiefia mo e melino ‘a homau Fakamo’ui’ ki māmani katoa.

Ki he ‘Afio na’, ko homau ‘Otua, ‘oku faitāpuekina ‘o ta’e ngata, ‘a e lāngilangi mo e vikia’ ‘o ta’e ngata.

Amen.

## Jubilee Prayer in Tongan



© Ui mei Vatikano, 2024



**Jubilee Prayer  
in NZSL**



Click above to watch  
and follow the prayer.





# **Building Peace Through PRAYER**

## **Te Pupuri i te Rangimārie mā TE KARAKIA**

## Prayer Īnoi



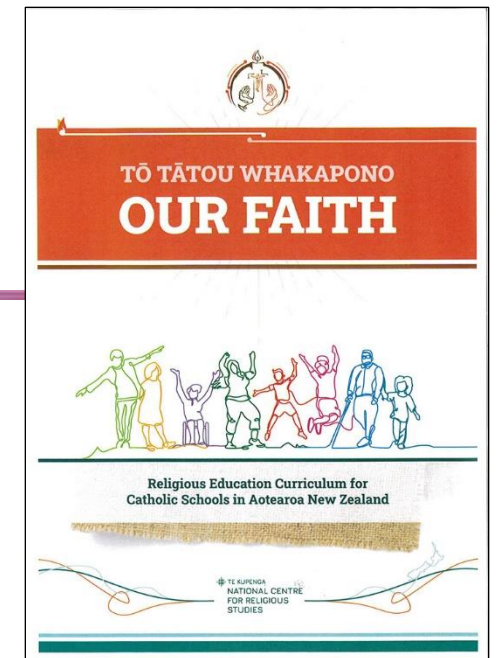
The **actions and words of others** can teach us how to pray in our own actions and words.

When you read stories, hear songs, or see someone do something kind — this can help you learn how to pray too. This Caritas resource shows you how your own words and actions can be a prayer for peace.



**God calls us to prayer**, and in silence, listening, speaking and waiata, God accompanies our lives.

God invites you to pray in lots of different ways — by being still, by singing, or by speaking from your heart. This Caritas resource helps you listen to God and remember that you're never alone.



*To Tātou Whakapono  
Our Faith, page 71*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

## Jubilee Prayer in English



## Jubilee Prayer in Te Reo Māori



## Jubilee Prayer in Samoan



## Jubilee Prayer in Tongan



## Jubilee Prayer in NZSL



# BUILDING PEACE THROUGH PRAYER

## TE PUPURI I TE RANGIMĀRIE MĀ TE KARAKIA

MONDAY RĀHINA

Prayer is a powerful way we can build peace – in our hearts, in our homes, and in the world. As followers of Jesus, we believe that prayer draws us closer to God and helps us to listen to what God wants for us and others.

When things feel difficult or unfair, prayer can help us to stay calm, show love, forgive others, and trust that God is with us. Prayer is one way we can be peacemakers.

### LET'S / DISCUSS

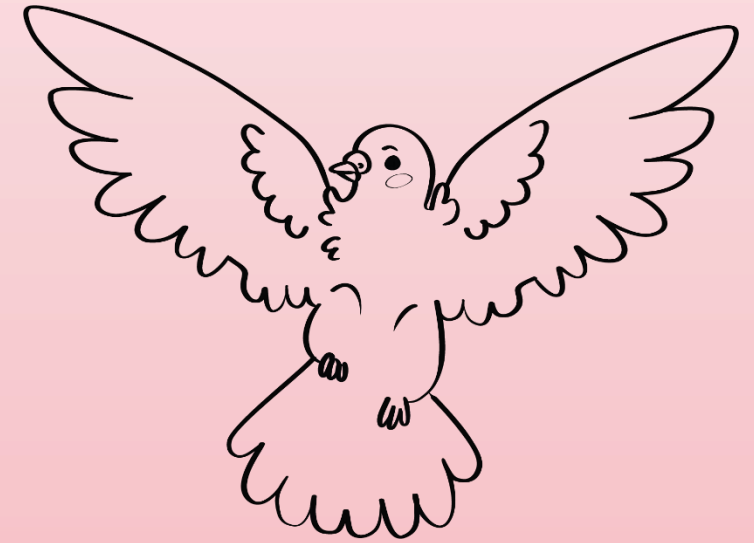
### How do you think prayer builds peace?

- Prayer helps us feel calm and close to God.
- Prayer helps us show love and forgiveness.
- Prayer gives God a chance to work in powerful ways.
- Prayer breaks down barriers and brings us together.
- Prayer gives us hope and strength.

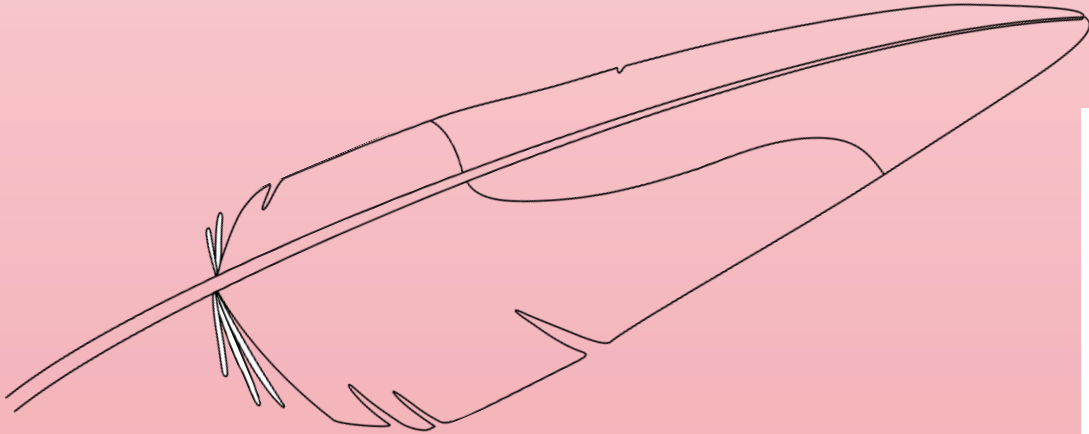




**The Holy Spirit renews and transforms us so we can be God's ambassadors of peace in the world.**



**True peace begins in our hearts and flows out through acts of love, mercy and forgiveness.**



**“Let us pray for peace:  
peace in the world and  
in each of our hearts.”**

Pope Francis

**Every day this week we will  
be inspired by the words of  
Pope Francis as we remember  
his life and recent passing.**



## **Philippians 4:6–7**

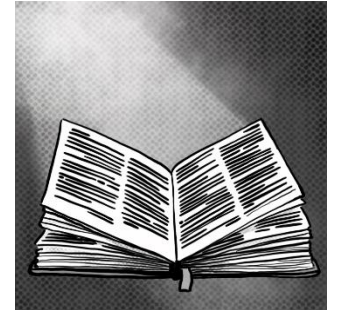
“Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. And God’s peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it.”



After reading the verse, take a moment to think and share your thoughts.

- What words or ideas stood out to you?
- What does this verse teach us about peace and prayer?
- Is there anything that makes you stop and think?
- What part helps you feel calm or comforted?

## LET'S DISCUSS



### Philippians 4:6–7

“Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. And God’s peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it.”







## Promotion of Peace

**Te Whakatairanga  
i te Rangimārie**

One way we can help build peace is by spending time with God. When we take time to pray, listen to God, and pray for others, we help bring peace and harmony to our lives and the world around us.



## Preferential Option for the Poor and Vulnerable

**He Whakaaro Nui mō  
te Hunga Rawakore**

When we pray for people who are going through tough times, we are choosing to put them first. By using our time and caring to think about others in need, we are showing love the way Jesus taught us.



Every day during Social Justice Week, we'll learn a key phrase to remember in both English and Te Reo Māori. Each phrase connects to the day's focus and helps us remember what we're learning.

**Let's Try**

**Pray for the Holy Land**

**He Īnoi mō te Whenua Tapu**



Today we are off to the Middle East and we're visiting the **Holy Land** where Jesus lived over two thousand years ago.



## Peace needed in the Holy Land

Peace has been very hard to find in the Holy Land for a long time. Since the end of 2023, there has been more fighting, especially in a place called Gaza. Life there has become very difficult for the people who live there.

Many homes have been damaged or destroyed, and almost 2 million people have had to leave where they live. There isn't enough food, clean water, or basic supplies like soap and toothpaste. The hospitals are overcrowded, and many people are sick or hurt.

This is why we continue to pray for peace – for safety, healing, and hope for all those affected.







Click to watch a message from Anton Asfar from Caritas Jerusalem about the situation and the need for lasting peace.

## Caritas Jerusalem in the Holy Land

The Caritas network helps people in need around the world. In the Holy Land, Caritas Jerusalem is helping places like Gaza, Jerusalem, and the West Bank.

Local Caritas workers have set up small health clinics in Gaza to help people who are hurt or unwell. They are also supporting people's mental health during this difficult time.

Caritas has given food, money, emergency shelter, blankets, and other important supplies to over 100,000 people who are in urgent need.

Caritas is working to bring care, comfort, and hope to those who need it most.







Click to watch how Caritas Jerusalem has been providing support in the Holy Land.



Click to hear from a Caritas staff member and his hopes for peace in the future.



## Pope Francis' Last Gift of Peace: A Health Vehicle for Children in Gaza

In his final months, Pope Francis gave a very special gift – his popemobile.

He asked Caritas to turn it into a mobile health clinic to help children in Gaza who don't have access to doctors, medicine, or hospitals.

The popemobile is being rebuilt with:

- Medical equipment for treating sick and injured children
- Supplies like oxygen, vaccines, and medicine
- A fridge to keep medicine safe
- A team of doctors ready to help





Why is this important?

- Nearly one million children in Gaza have been forced to leave their homes.
- Many are hungry, sick, or hurt and can't get the help they need.
- The mobile clinic will travel to children who need care the most.

Pope Francis wanted children to know they are loved, remembered, and cared for.

**Let us pray for peace and healing – and for the success of this special mission of love.**

Click here to watch a short video about the Popemobile and how it is being turned into a mobile health clinic.



Click [here](#) to learn more about the Vehicle of Hope and how it's helping children in Gaza.

## Praying for peace in the Holy Land

When the current crisis in the Holy Land broke out on 7 October 2023, a group of people in Wellington decided to come together and pray for peace. They hoped the fighting would end quickly.

As the conflict continued, the group kept praying. They began meeting to pray at midday, three times a week, using a special peace prayer written by Claudette Habesch from Caritas Jerusalem, over 10 years ago.

This simple act of prayer, care and solidarity is part of something bigger. Around the world, thousands of people are also praying for peace. The team at Caritas Jerusalem has been really thankful. One staff member said: "Thank you so much for your prayers for peace. We truly appreciate your moral support and believe in the power of prayer."



Click to see the group praying (The full prayer will be shown in a few slides).

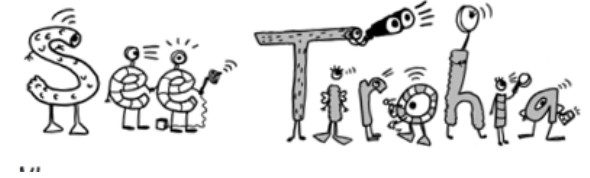
As a sign of solidarity let's join them in praying for peace in the Holy Land.



What does peace look like in everyday life?

What does peace look like in our school or community?

What do you think peace might look like in the Holy Land?



How does praying for peace help us to be “pilgrims of hope”?

Why do you think Jesus wants us to pray for peace?

Who else in the world could you pray for to help build peace?

How can your class or school take time to pray together for peace in the world?





Here are some ideas for you to follow to put your faith in action...

**you choose**

## Prayer Team

With your friends, create a prayer team and meet each week to pray for peace.

Find out what is happening in the world and take note of any prayer needs. Build peace through prayer and choose to put the most vulnerable first.



## Prayer Wall

Create a special display in your classroom that becomes your prayer wall. Add articles that show the need for prayer/peace.

Take time to write prayers for the people identified in the articles. Add these prayers to the wall. You could even use post it notes.



## Peace Tree

Create a visual symbol in your school with prayers and pledges for peace written on leaves.

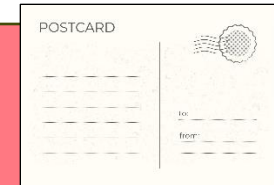
Perhaps you could create more than one tree for different focuses. Let the trees grow larger as you add more and more prayers to the branches.



## Holy Land Postcards

Write prayers and messages of support as postcards for groups who are building peace in the Holy Land.

Share your postcards with the Caritas education team and we can pass these on to Caritas Jerusalem, Laura Vicuna School (from YCC Day in 2022) and Bethlehem University.





## PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

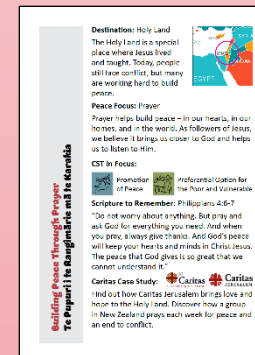
After your journey to the Holy Land today, add a sticker in your Pilgrims of Hope Peace Passport on the Holy Land page.

Write  
That  
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Choose one person you know that you plan to share your learnings from today with.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.





As an act of solidarity, join the group from today's case study in praying for peace in the Holy Land.



Let's finish our lesson today by praying for peace in the Holy Land.



**Join together with people around the world  
in praying for peace in the Holy Land:**

Click to read the  
original prayer card



*“Blessed are the peacemakers, for they shall be called sons of God.” (Matthew 5:9)*

***Lord, help us to be peacemakers for the Holy Land.***

*“Now the Lord of Peace Himself give you peace always by all means.” (2 Thessalonians 3:16)*

***Lord, give the Holy Land peace by Your means.***

*“For He is our peace, who has made both one, and has broken down the middle wall of partition between us.” (Ephesians 2:14)*

***Lord, be our peace and break down the walls of partition dividing the Holy Land.***

*“I am the light of the world.” (John 8:12)*

***Lord, help us to be lights to the Holy Land.***



*“They will hammer their swords into ploughshares and the spears into sickles. Nation will not lift sword against nation, no longer will they learn how to make war.” (Isaiah 2:4)*

***Lord, fulfill this promise now in the Holy Land.***

*“But Esau ran to meet him (Jacob), took him in his arms, threw himself on his neck and wept as he kissed him.” (Genesis 33:4)*

***Lord, help the people of the Holy Land follow the example of Jacob and Esau and reconcile themselves to each other.***

*“Your word is a lamp unto my feet, and a light to my path.” (Psalm 119:105)*

***Lord as we light this lamp, let your Spirit enter into the hearts of those in the Holy Land and be a lamp unto their feet and a light to their path.***

*“Peace I leave you with, My peace I give to you ...” (John 14:27)*

***Lord, we thank you for your peace and we accept it for the Holy Land.***

Amen.







**Building Peace Through RESPECT**  
**Te Pupuri i te Rangimārie mā TE**  
**WHAKARANGATIRA I TE TANGATA**

## Wisdom Whakaaronui



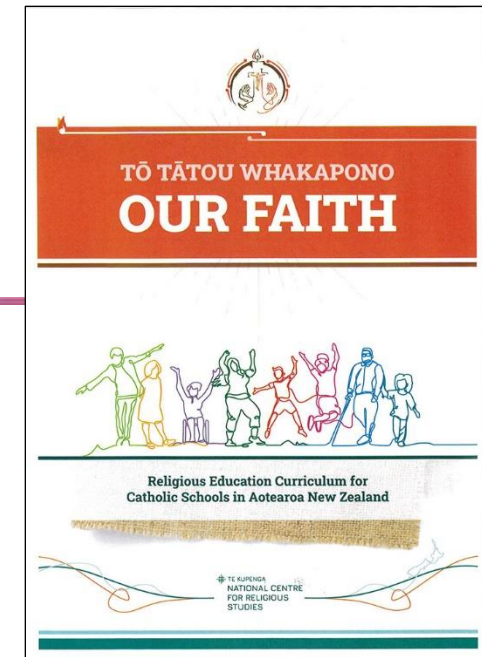
Jesus, Mary and all the Saints **reveal** the wisdom of God, and show us how to live good lives.

When we look at how Jesus, Mary, and the Saints lived, we learn how to treat others with kindness and respect. This Caritas resource helps us follow their example, showing how wise choices and respectful actions can help build peace in our world.



In our life journey, we are **called to belong** to, and participate in, God's Church.

Being part of God's Church means living with respect for others, just like Jesus taught us. This Caritas resource reminds us that showing respect at home, school, and in our community is one way we live wisely and help build peace together.



*To Tātou Whakapono  
Our Faith, page 63*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

## Jubilee Prayer in English



## Jubilee Prayer in Te Reo Māori



## Jubilee Prayer in Samoan



## Jubilee Prayer in Tongan



## Jubilee Prayer in NZSL



Respect is one of the most powerful ways we can build peace – whether it's between two friends, in our school or community, or even between countries.

As Catholics, we believe that every person is made in the image and likeness of God. That means everyone is special and deserves to be treated with kindness, fairness and love – even when we don't agree with them.

When we respect others, we are following Jesus' example of love and care for all people.

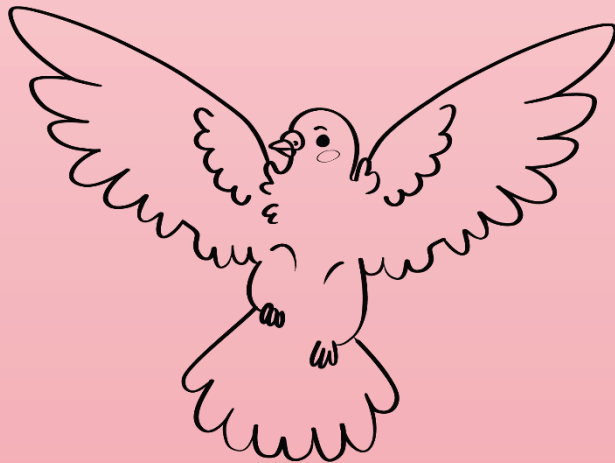
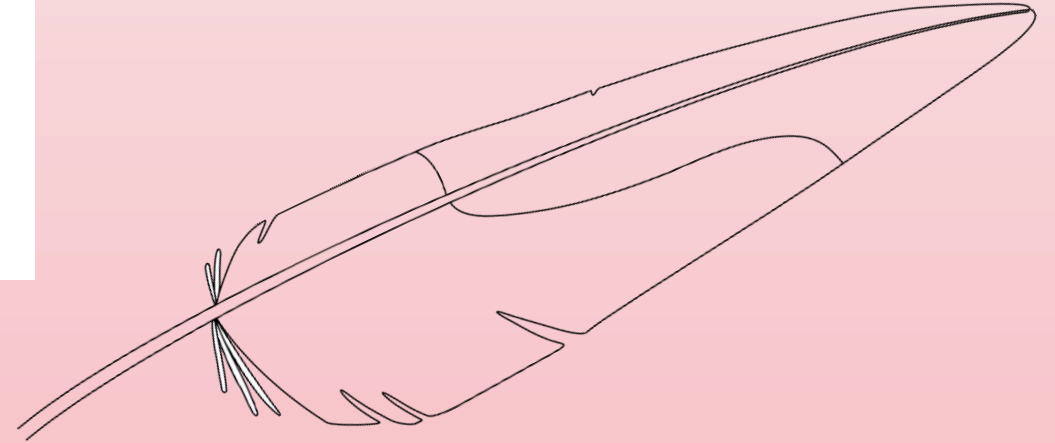
### **LET'S DISCUSS** How do you think respect helps build peace?

- Respect brings people together and helps them work as a team.
- Respect helps stop unfairness and fighting.
- Respect is one way we live out our faith and share God's peace with the world.





**When we keep talking and working for peace, we can help make real and lasting change.**

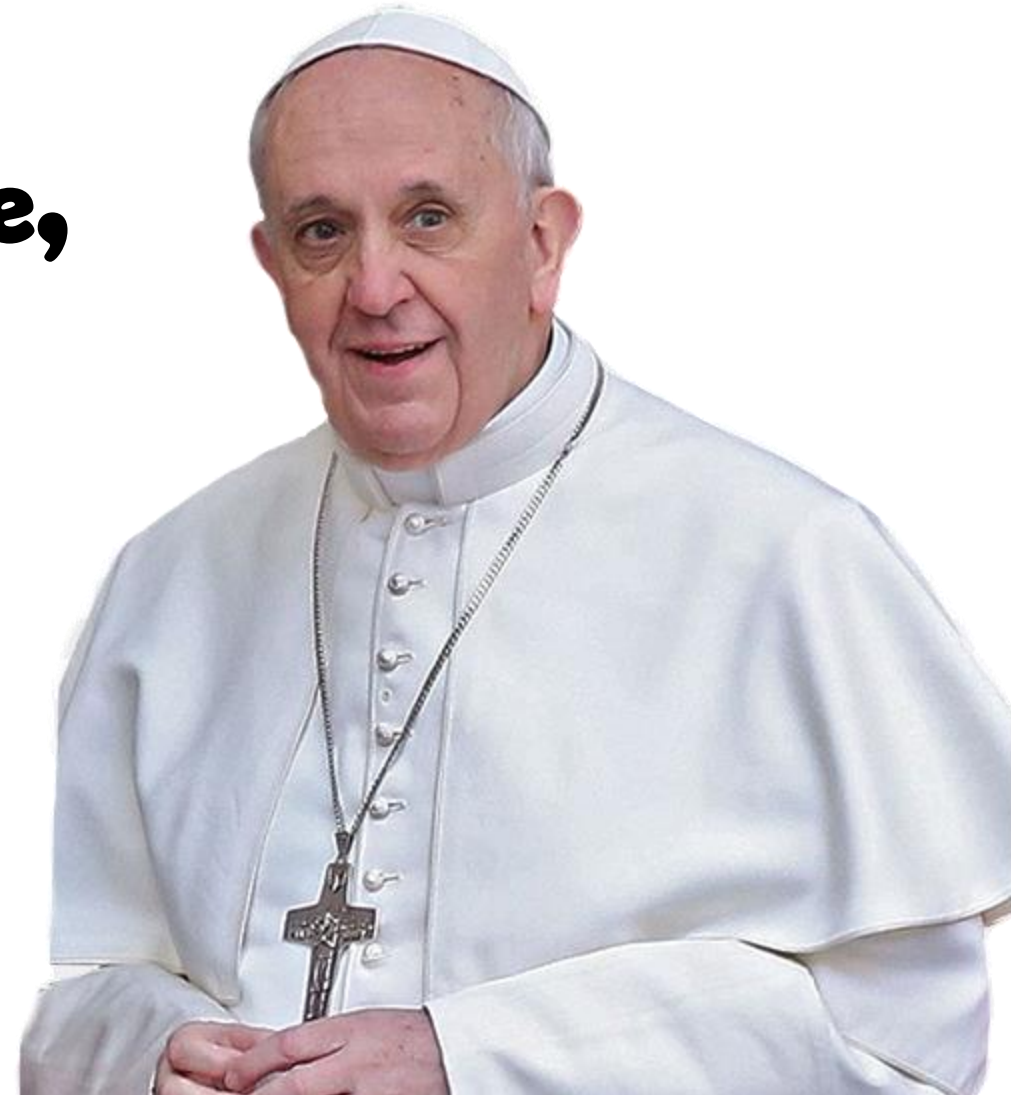


**When we respect each other, we build strong friendships and peaceful communities.**



**“Make peace, create peace,  
be the example of peace.  
We need peace  
in the world.”**

Pope Francis



## **Ephesians 4:2–3**

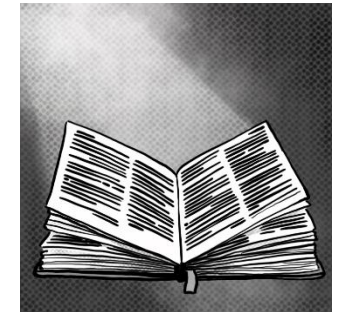
“Always be humble and gentle. Be patient and accept each other with love. You are joined together with peace through the Spirit. Do all you can to continue together in this way. Let peace hold you together.”



After reading the scripture verse, let's take moment to think and talk together.

- What words or ideas stood out to you about how we should treat others?
- How do you think this verse helps us build peace by showing respect?
- Did anything in the verse make you stop and think about how you act with others?
- What part of the verse made you feel calm, peaceful or happy?

## LET'S DISCUSS



### **Ephesians 4:2-3**

“Always be humble and gentle. Be patient and accept each other with love. You are joined together with peace through the Spirit. Do all you can to continue together in this way. Let peace hold you together.”







### Human Dignity

#### Te Mana i te Tangata

We believe that everyone is created in the image and likeness of God and worthy of respect. When we see this value in others we are recognising and upholding their human dignity.



### Common Good

#### He Painga mā te Katoa

When we honour the dignity of others, listen to their needs, and value their differences, we are helping to achieve the common good – which is when everyone benefits in a community.



Today the phrase to learn is...

**Let's Try**

**Respect for all**

**Te whakarangatira i te katoa**



Today, we're staying at home and cruising to a lovely part of **Aotearoa – Whakatāne!**



### Respect and Human Dignity for Youth Offenders

Ngā Kōti Rangatahi o Aotearoa - the Rangatahi Courts of New Zealand - offer a unique way to bring justice to young people who have offended. These courts use the same laws as the Youth Court but hold their sessions on a marae (a traditional Māori meeting place) and use te reo Māori and follow tikanga, and kawa (language, customs, and protocols).

The goal is to better engage rangatahi (young people) and their whānau, hapū, and iwi (family, sub-tribe, tribe) by making the justice process more meaningful and respectful of their culture.

The Rangatahi Courts aim to tackle the root causes of offending by:

- Helping young people reconnect with their culture and heritage.
- Involving whānau, hapū, and iwi in their journey to change.
- Creating a space for healing, accountability, and community support.

This approach is based on the idea of restorative justice — fixing broken relationships, healing hurt, and giving everyone the chance to move forward together.



Click to see how respect and human dignity are central to the way Ngā Kōti Rangatahi o Aotearoa operates.



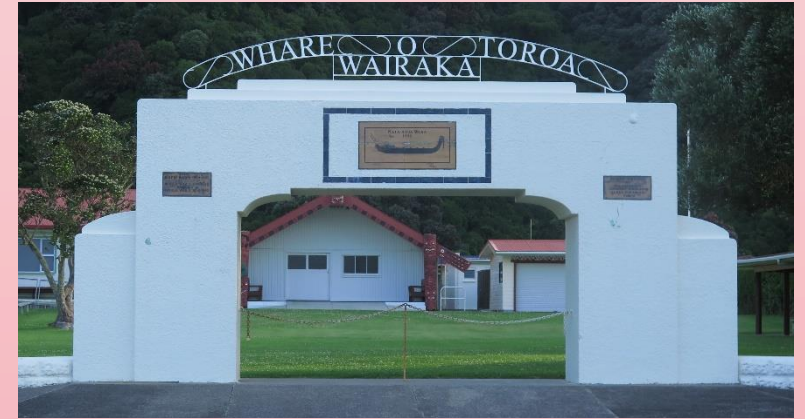
### Te Roopu Haurongo

In Aotearoa, as part of our tangata whenua (people of the land) programme, Caritas supports Te Roopu Haurongo (Breath of Life). This group, set up by local kuia and kaumātua (respected elders), supports young people and their families attending the Rangatahi courts held at Wairaka Marae in Whakatāne.

Respect is at the heart of everything that happens at Wairaka Marae.

- Rangatahi are expected to show respect for the marae, its tikanga (customs), the judge and the kaumātua who guide them.
- In return, the rangatahi are respected - their identity, their whakapapa (genealogy), and their potential for positive change are all honoured.

This mutual respect helps build trust and restore dignity. It lays strong foundations for lasting peace – in the lives of the young people, their families, and the whole community.



## LET'S DISCUSS

What does it mean to treat someone fairly (act justly) and still forgive them and show mercy?



Why is it important to respect someone, even if we don't always agree with them?

Do my words and actions help others feel loved and respected?  
Is there someone I need to say sorry to or make peace with?



Here are some ideas for you to follow to put your faith in action...

**you choose**

## Justice Wall

Display your own posters or art showing what respect and human dignity look like in action.

If you have already designated a space in your class for a peace wall or a prayer wall, you could add your posters and art in the same space or beside them if it is easier.



## Special Liturgy

Organise a reflective service that includes scripture, Māori prayer, and student intentions around mercy, respect, and restoration.

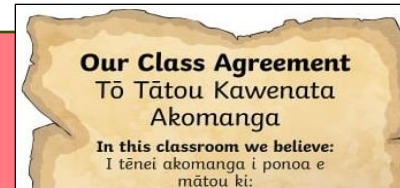
You could use the 2024 Liturgy for Social Justice Week that focuses on forgiveness and reconciliation.



## Peace Pact

Create and sign a class agreement to uphold respect and inclusion.

You may even choose to revisit your class treaty established at the start of the year and see if you are upholding the different promises. You could add to this treaty.



## Whakawhanaungatanga Day

Organise a class or school day that is focused on building respectful relationships and understanding diverse backgrounds.

Work together to plan how the day will run. Think of ways to put respect and peace at the centre. Share this with your teachers.



# PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

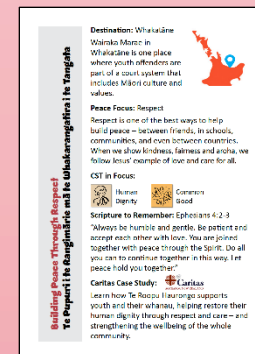
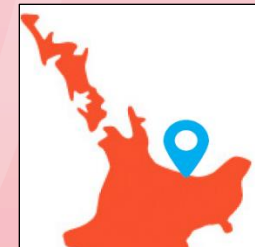
After your journey within Aotearoa today, add a sticker in your Pilgrims of Hope Peace Passport on the relevant page that mentions respect and Te Roopu Haurongo.

Write  
That  
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Compare your learnings so far with someone else in your class.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.





**God of Peace, e te Atua o te Rangimārie,**

Calm our hearts as we watch and wait  
when things happen that are hard to understand.

Take away our fear,  
so we can still be kind, brave, and loving to our friends, our family, and  
everyone around us.

Help us to build peace by showing respect to others —  
by listening, including, and caring, even when people are different from us.

Help us to stay close to you, one moment at a time, and remind us that  
you are always working in the world to bring peace, love, and hope.

We pray this in Jesus' name.

Āmene.



Adapted prayer from St  
Paul's Church, Ithaca,  
New York





# Building Peace Through **SOLIDARITY**

## Te Pupuri i te Rangimārie mā **TE WHAKAWHANAUNGATANGA**

## Holiness Aroha Pūmau



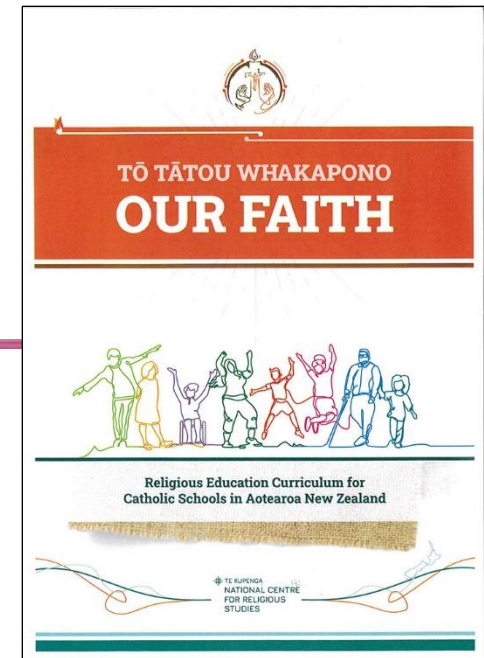
Saints living and dead are holy people who **inspire** others to grow in holiness.

Saints show us how to live with love, kindness, and care for others. This Caritas resource helps us see how living like the saints — standing with others and showing compassion — can build peace and bring us closer to God.



God calls us and supports us, **to live good and generous lives.**

When we choose to help, share, and stand alongside others, we are answering God's call to holiness. This Caritas resource shows how being generous and walking with others in their struggles helps build peace through solidarity.



*To Tātou Whakapono  
Our Faith, page 59*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

## Jubilee Prayer in English



## Jubilee Prayer in Te Reo Māori



## Jubilee Prayer in Samoan



## Jubilee Prayer in Tongan



## Jubilee Prayer in NZSL





# **BUILDING PEACE THROUGH SOLIDARITY** **TE PUPURI I TE RANGIMĀRIE MĀ TE WHAKAWHANAUNGATANGA**

**WEDNESDAY RĀAPA**

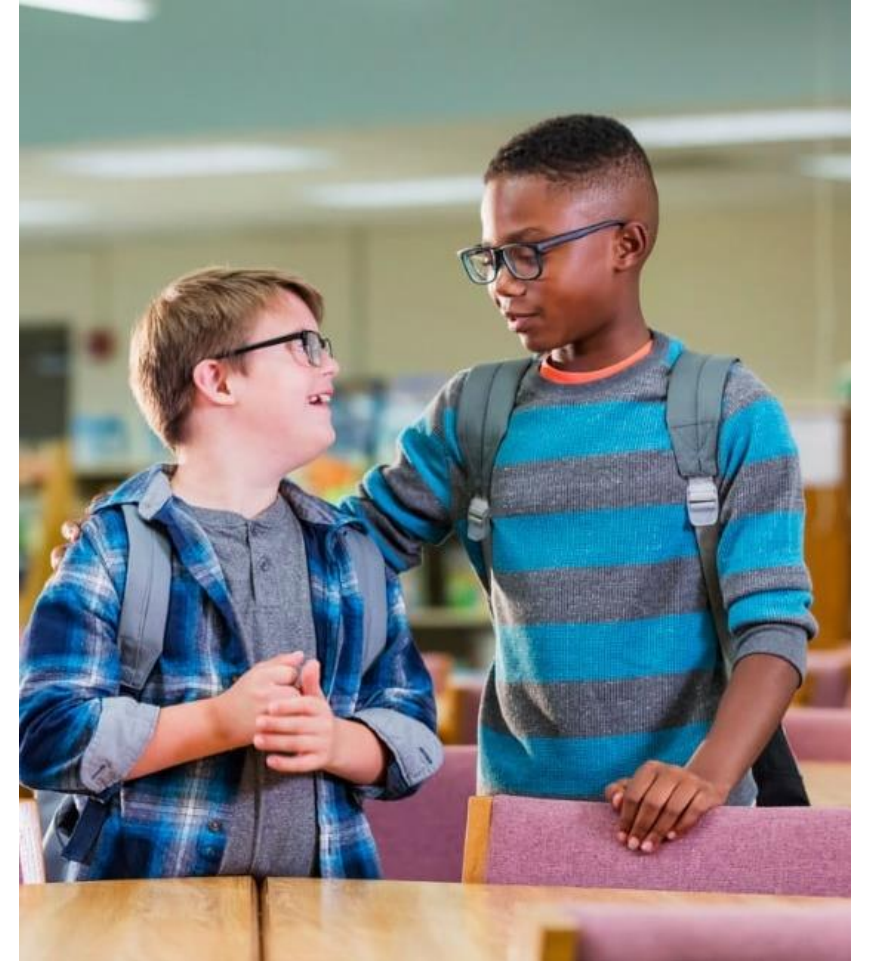
We live in a big world, but we are all connected – like one big human family. Even though we live in different places, we all face similar problems like climate change, unfairness, and fighting.

As followers of Jesus, we believe we are all brothers and sisters. That means we are called to stand with others, especially when life is hard or unfair. This is what solidarity means – being there for each other.

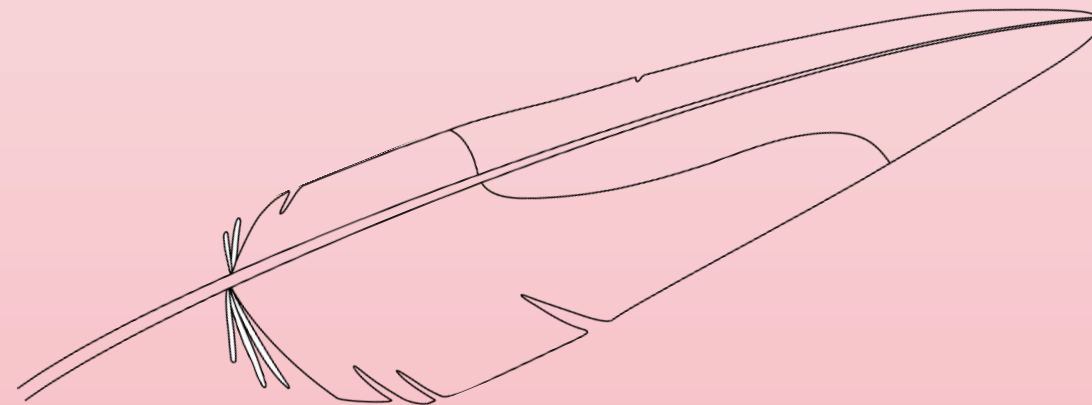
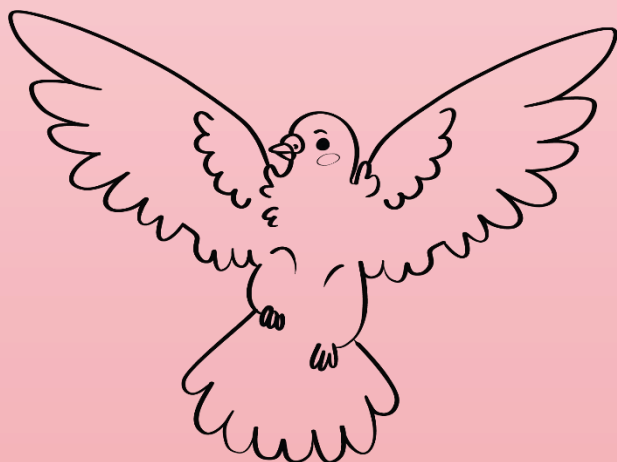
When we show we care, include others, and stand together, we help build a world that is fair, kind, and peaceful.

## **LET'S DISCUSS** **How are solidarity and peace connected?**

- Solidarity is about standing together – peace is what happens when we do.
- When we care, include and heal each other, we make peace possible.



**Jesus calls us to be  
peacemakers – to help bring  
peace wherever we are.**



**When we stand with others and  
support them, we bring hope and  
help make the world a better place.**



**“Solidarity is more than acts of generosity, important as they are. It is a call to embrace the reality that we are bound to one another.”**

Pope Francis



## **Romans 12:16**

"Live together in peace with each other. Do not be proud, but make friends with those who seem unimportant. Do not think how smart you are."

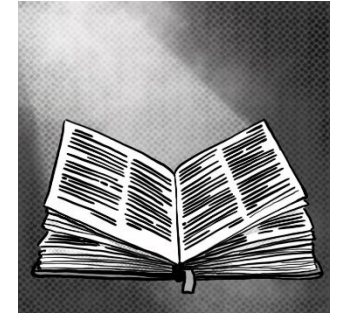




After reading the scripture verse, think about how this verse helps us understand building peace through solidarity. Talk together about what stood out for you:

- What does this verse ask us to do for others?
- Why do you think Paul (the writer of Romans) believed this was important?
- How can doing this help bring peace and show we care for others?

## LET'S DISCUSS



### **Romans 12:16**

"Live together in peace with each other. Do not be proud, but make friends with those who seem unimportant. Do not think how smart you are."





## **Solidarity** Whakawhanaungatanga

Solidarity Whakawhanaungatanga means standing with others and caring for them like they are our brothers and sisters.

Jesus showed us how to live in solidarity – he spent time with people who were sad, sick or left out, and helped them feel loved and included.

When we follow Jesus and care for others, especially when they are struggling, we are living the way of peace. This is what it means to live our faith and build a better world together.



*Sione the sun bear is the Caritas mascot for Solidarity*



Today the phrase to learn is...

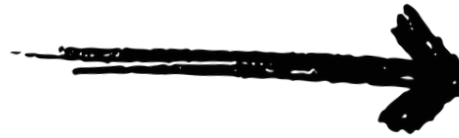
**Let's Try**

**Solidarity for Ukraine**

**Te whakawhanaungatanga  
ki a Ūkareinga**



Today we're heading off to Europe and we'll be visiting **Ukraine...**





## Challenges in Ukraine

Since the war began in Ukraine, life has been very difficult for many people. Around 4 million people had to leave their homes but stayed within the country, and nearly 7 million people became refugees, moving to other countries to find safety. Now, many of them are starting to return home.

Important places in Ukraine have been damaged or destroyed — like hospitals, homes, water pipes, electricity and gas supplies. This has made life even harder, especially in winter when it's very cold. Many families have been left without power, heating, or clean water, and everyone is trying their best to share and save what they have.



### Caritas shows Solidarity for the people of Ukraine

Since the war began, Caritas has been helping the people of Ukraine in many ways. Two Caritas groups — Caritas-Spes and Caritas Ukraine — have had more than 2,600 staff and volunteers working hard to support over 5 million people.

They have helped by giving food, water, and warm clothes, offering safe places to stay, and providing medical care, counselling, and even money to buy essentials. Caritas stands alongside the people of Ukraine to show love, care, and hope during this very hard time.



Food and  
Essential Items



Shelter



Medical Care



Counselling



Water Access



Cash Assistance



CARITAS-SPES



# CARITAS CASE STUDY HE MĀTAI TŪĀHUA CARITAS

WEDNESDAY RĀAPA

Watch these short videos to see how Caritas staff and volunteers are showing love and solidarity with the people of Ukraine.



Click a button below to watch the video.



Caritas Ukraine, a ray of HOPE in the middle of the crisis



Caritas provides humanitarian aid in Ukraine for last 6 months



Caritas volunteers from Poland assist refugees from Ukraine



Two Years of War in Ukraine - Caritas-Spes



Two Years of War in Ukraine - Caritas Ukraine



### Meet Antonina and her family

When the war started, Antonina and her family had to live through loud explosions. They lost power and had no food. Things became so hard that they had to walk for days to find a safe place to stay.

With help from the Family to Family project by Caritas-Spes, Antonina's family was able to set up a new home. The project helped them fix their summer kitchen, replace a broken window, and buy important things like a fridge, water heater, and firewood.

***"Thanks to the project, we now have warm water, a place to keep food, and the basic things we need to live," says Antonina. "I'm really thankful to everyone who helped us."***

Even after all they've been through, Antonina still has hope.

***"I believe the war will end soon, and we'll have peace again," she says.***



Cash Assistance



Food and  
Essential Items



CARITAS-SPES



Shelter



Water Access



### Light a Candle for Ukraine

**#Candles4Ukraine** is a special campaign started by the two Caritas agencies in Ukraine. It invites people around the world to light a candle, take a photo, and share it to show care and solidarity with the people of Ukraine — and to pray for peace.

Your class or school can be part of this too!

You could light a candle together and say a prayer for the people of Ukraine. As they say in the video:

***“We light this candle not only to remember those who have died or lost loved ones, but also as a sign for one another — a light of hope for the future.”***

***“Let us light candles of hope in the midst of darkness. Amid dramatic situations, let us seize opportunities to bear witness to the Gospel of joy and to build a more fraternal world.” - Pope Francis***



Click to find out more.



### Light a Candle for Ukraine

Even in dark and difficult times, there is always hope. Caritas staff and volunteers in Ukraine have shared short, heartfelt messages to thank people around the world for their support.

A candle is a special symbol — it brings light to the darkness and reminds us of hope, prayer, and peace. When we light a candle, we are joining with others to show we care and to pray for peace in Ukraine.

#### What you can do:

- 💡 Light a candle as a sign of hope and prayer for Ukraine.
- 💡 Say a prayer for peace.
- 💡 Take a photo and share it with the hashtag #Candles4Ukraine.
- 💡 Watch and share the video to spread the message.

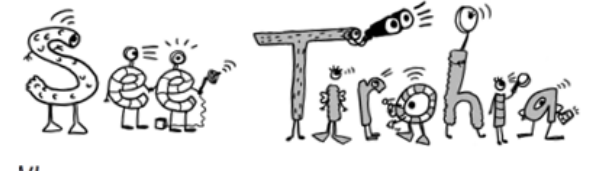
**Together, let's keep the light of hope shining!**



Click to find out more.



How do you think the people in Ukraine might be feeling now?  
Where else in the world do people need help and support like the people in Ukraine?



If you were in their shoes, what would you hope others would do for you?  
What does Jesus teach us about helping people who are hurting or in need?

How can you show you care and stand in solidarity with others from here in Aotearoa?



Here are some ideas for you to follow to put your faith in action...

**you  
choose**

## #CANDLES4UKRAINE

#CANDLES4UKRAINE is a campaign initiated by the 2 Caritas agencies in Ukraine encouraging people to light candles and share photos in solidarity and pray for peace.

Your class, or school, could join in and light a candle to show solidarity for the people of Ukraine. Share photos or a video with others as beacons of hope for the future.



Click to find out more.

## Raise Awareness

Be creative and raise awareness in your school, and even wider in your community, for the challenges faced by the people of Ukraine.

You could create, wear or give blue and yellow ribbons or bracelets to show support; or organise a peace walk around your school; or perhaps put together a video to show in assembly or shared even wider.



## Write a Letter to Leaders

Draft individual letters (or a combined class letter) to your local MP or even global leaders advocating for peace and justice in Ukraine. Make sure you include reference to the importance of Catholic social teaching and principles like human dignity, solidarity, and promotion of peace. Become a [champion for peace](#) like many people we have learnt about during Social Justice Week.





## PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

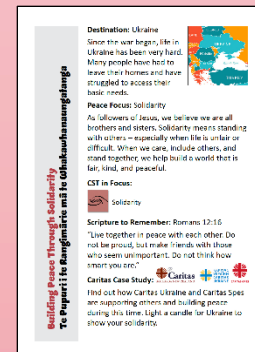
After our journey to Ukraine today, add a sticker in your Pilgrims of Hope Peace Passport on the relevant page that focuses on solidarity and Ukraine.

Write  
That  
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Take a few minutes to look back at what you have already written in your Peace Passport to remember what you have already learnt.

Keep your passport handy and get ready for more peace building adventures later in the week.



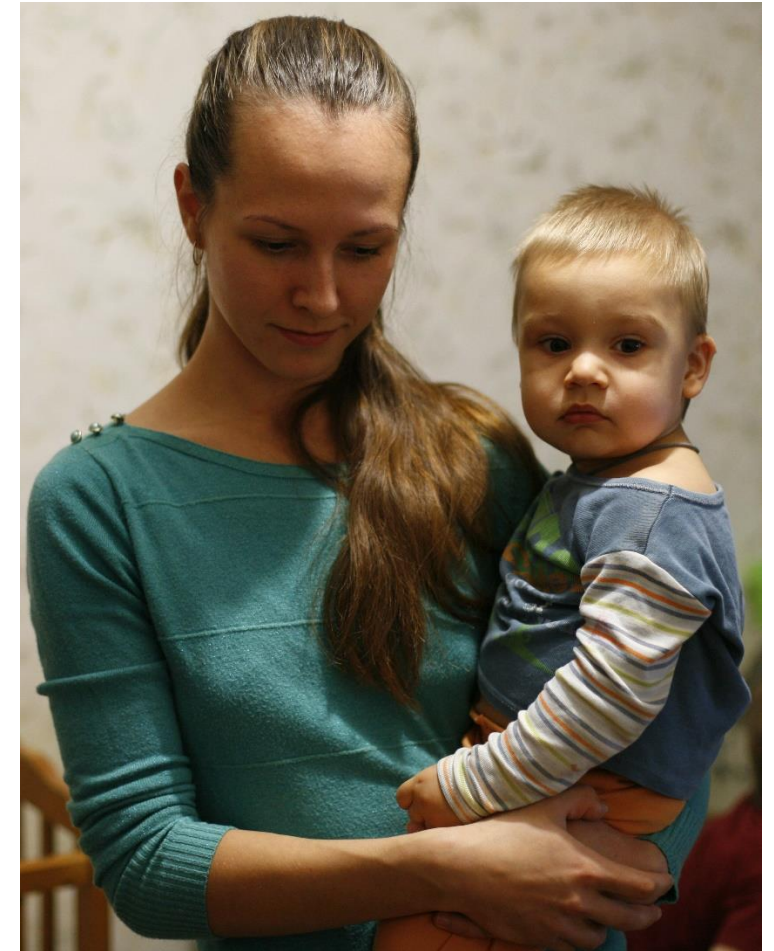
Record your thoughts and learnings on this page.

### A Prayer for Ukraine – Building Peace through Solidarity

*E te Atua o te rangimārie, God of peace,*

Our hearts feel heavy when we hear  
about war and people getting hurt.  
Sometimes we don't know what to say or do  
when the world feels broken.  
But we know you are always with us  
and with everyone who is suffering.

Please be with the people of Ukraine.  
Be with the mothers keeping their children safe,  
the fathers who are scared and worried,  
and the children who are afraid.



Help us not to turn away, but to stand with them.  
Help us to show solidarity —  
to care, to pray, to speak up, and to help.  
Even from far away, we can be part of building peace.

Heal those who are hurting.  
Comfort those who are scared.  
Bring hope where there is fear.

Make us peacemakers, working together for a kinder  
world.

*O God of peace, e te Atua o te rangimārie,*  
hear our prayer.

Āmene.



*Adapted prayer written by  
Kayla Craig*





**Building Peace Through CHANGE**  
**Te Pupuri i te Rangimārie**  
**mā TE PANONITANGA**



## Justice Tika



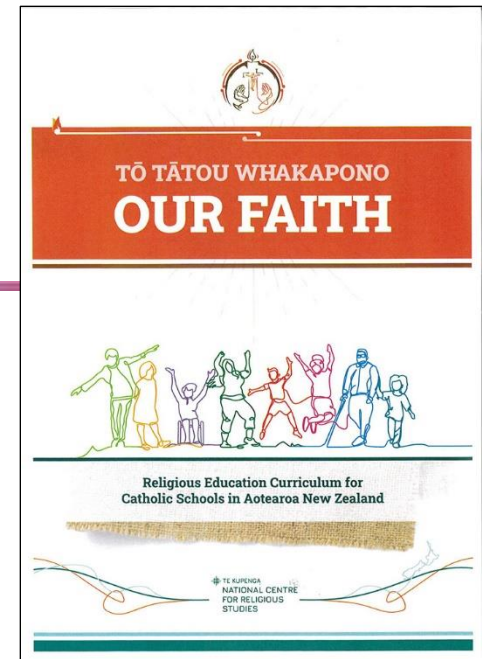
God's **justice inspires** us all to protect and transform the world.

When we see unfairness or hurt in the world, God invites us to be part of making things right. This Caritas resource helps you see how your words and actions can bring about change — change that leads to justice and peace.



We are **called to be people of justice** in our communities and in our own personal lives.

You can help bring justice by the way you treat others, speak up, and care for the world around you. This Caritas resource shows how your choices and your voice can inspire others to make changes that build peace.



*To Tātou Whakapono  
Our Faith, page 67*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

## Jubilee Prayer in English



## Jubilee Prayer in Te Reo Māori



## Jubilee Prayer in Samoan



## Jubilee Prayer in Tongan



## Jubilee Prayer in NZSL



# **BUILDING PEACE THROUGH CHANGE**

## **TE PUPURI I TE RANGIMĀRIE MĀ TE PANONITANGA**

**THURSDAY RĀPARE**

Sometimes, things in the world aren't fair or kind. When people, rules, or systems hurt others or leave people out, peace isn't possible.

Jesus showed us how to make change. He spoke out against unfair leaders, stood up for people who were treated badly, and even flipped tables in the temple to show that some things had to change! Jesus reminds us that if something is wrong or unfair, we can help make it right.

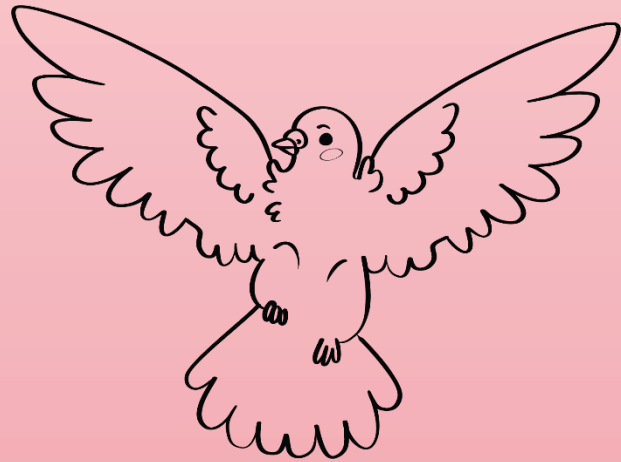
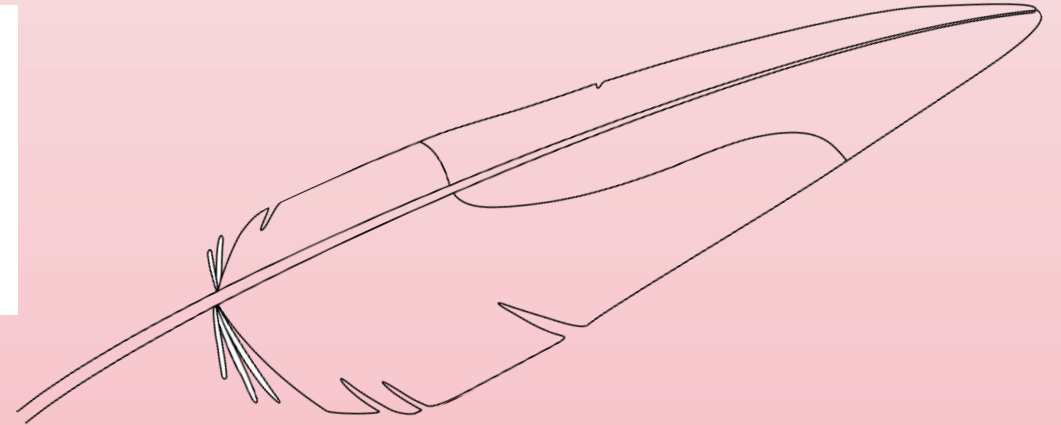
**LET'S  
DISCUSS**

### **What does peace through change look like?**

- Thinking more about others, not just ourselves.
- Changing unfair (unjust) rules that hurt people.
- Choosing kindness instead of judging others.
- Turning angry feelings into understanding.
- Speaking up with courage instead of staying silent.



**We can help build peace by taking action and standing up for what is right and just.**



**Peace grows when we speak out against things that are unfair (unjust) and treat everyone with respect.**





**“It is not enough to avoid injustice if you're not promoting justice.”**

Pope Francis



## **Proverbs 31:8–9**

“Speak up for those who cannot speak for themselves. Defend the rights of all those who have nothing. Speak up and judge fairly. Defend the rights of the poor and needy.”



# REFLECT ON PROVERBS KA HURITAO MŌ NGĀ WHAKATAUKĪ THURSDAY RĀPARE

After reading Proverbs 31:8-9, think about how this verse helps us to understand how we can make the world fairer and more peaceful.

Talk about these questions together:

- What do you think it means when someone is “poor” or “in need”?
- What is this verse asking us to do for people who need help or are treated unfairly?
- What could this look like for you at school, at home or in your community?
- How does speaking up for others help build peace and bring change?

## LET'S DISCUSS



### Proverbs 31:8-9

“Speak up for those who cannot speak for themselves. Defend the rights of all those who have nothing. Speak up and judge fairly. Defend the rights of the poor and needy.”





## **Distributive Justice**

### **Te Tika ka Tohaina**

When we call for change and an end to injustice, we are often wanting distributive justice. This is where things are equal and everyone enjoys the same privileges and opportunities. Sadly, this is far from our current reality.



## **Subsidiarity**

### **Mana Whakahaere**

Standing up for others, or advocating for those who do not have a voice, follows the principle of subsidiarity. We always want to make sure that the people who are most impacted by decisions are involved in making those decisions.





Today the phrase to learn is...

**Let's Try**

**Change what is wrong**

**Te panoni i ngā mea hē**



Today we're heading back to Oceania to learn more about our **Pacific neighbours...**



## The Impact of Climate Change in the Pacific

Our Pacific neighbours live in some of the smallest countries in the world. Even though they haven't caused much harm to the environment, they are being affected in big ways by climate change.

Rising sea levels, stronger storms, and damage to nature and wildlife are just some of the problems people are facing. Many families are losing their land, homes, and the ways they earn a living.





## Voices Calling

Caritas recently met a few of our Pacific neighbours and heard their stories about the sad impact of climate change on their communities and their lives. You can hear two of their stories and see the impact of climate change by clicking on the link below.



Levinia McGoon from Fiji



Brother Solomon from PNG



Click here to watch the video *Voices from the Pacific*





## Climate Change Debt in the Pacific

Many Pacific countries, like Fiji and Samoa, are facing big problems because of climate change, such as rising seas and extreme weather. To fix these problems, they have had to borrow money from richer countries.

But paying back this money is hard. These countries now have to spend a lot of their money — sometimes more than they spend on health or education — just to pay back the loans.

This isn't fair. These countries didn't cause climate change, but they are suffering the most.

***If we don't speak up for change, many innocent people will continue to suffer.***



## Turn Debt into Hope

We can work together to help make life better for our Pacific neighbours.

Pope Francis asks us to speak up when we see something unfair. By joining the Turn Debt into Hope campaign, we can help bring change and build peace for millions of people across the Pacific.

Even small actions — like learning, praying, and sharing this message — can make a big difference!



*“Let us commit ourselves to remedying the remote causes of injustice, settling unjust and unpayable debts...” - Pope Francis*

## A Message of Hope from Pope Francis

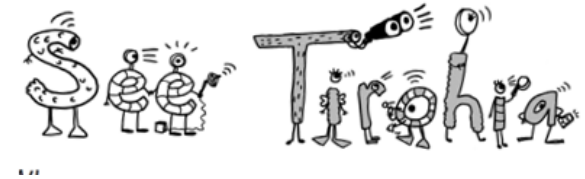
Pope Francis reminded us that *everyone* should have what they need to live — not just a few. He says that the Earth's gifts are meant for everyone, not just the rich.

Caritas is answering this call for justice through the Turn Debt into Hope campaign. We're asking leaders to care more about people and the planet than just money and profit.

You can be part of this too — by learning, sharing, praying, and raising your voice for what's right!



Can you think of times when rules about money or trading between countries might seem unfair (unjust) or hurt people?



Why is it more effective when we speak up with others instead of doing it alone?  
What does our faith say about standing up for people who are being treated unfairly?

What small actions can we take that might help bring about big changes?  
How could these actions bring hope and peace to others?





Here are some ideas for you to follow to put your faith in action...

**you  
choose**

## Sign a Petition

Be aware of current petitions that your school could get behind and support to help bring change and eliminate injustice.

You could join the current campaign by the Caritas network called Turn Debt into Hope. Together we can help Pacific nations find peace and overcome the challenges of climate change related debt.



Click to find out more.

## Footsteps for Justice

Have fun tracing the outline of your shoes on coloured paper. Cut these out. On each footprint, write one action you can take to help others (e.g. "Be kind to someone new" or "Bring lunch for the food bank").

Display them as a walking path of justice and love and remind each other of the change you are bringing to build peace in your community.



## Compassion Jar for Change

Create a classroom jar or use your Caritas koha box for collecting loose change to support a Caritas or Catholic mission appeal.

Find out about current issues and how organisations like Caritas are bringing positive change and seeking justice. Vote on which cause to support and through the process learn about giving and global solidarity.



## PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

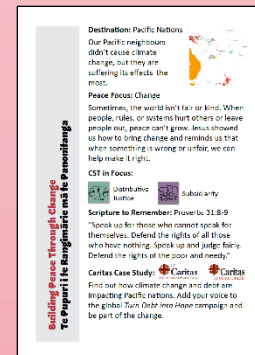
After our journey to the Pacific today, add a sticker in your Pilgrims of Hope Peace Passport on the relevant page that focuses on change and the Pacific.

Write  
That  
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Choose a family member who you know will be interested and find the time to share with them all about what you have learnt today.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.

## Light of Hope

Let's watch and pray together with this short video.

It was especially created for students during this Jubilee Year by our sister agency CAFOD (the Caritas agency in England and Wales).

Take a moment to be still, open your heart, and pray for hope and peace in our world.



Click on the image to start the prayer.





**Building Peace Through SERVICE**  
**Te Pupuri i te Rangimārie mā**  
**TE MAHI AROHA MŌ TE TANGATA**



## Grace Mana Tapu



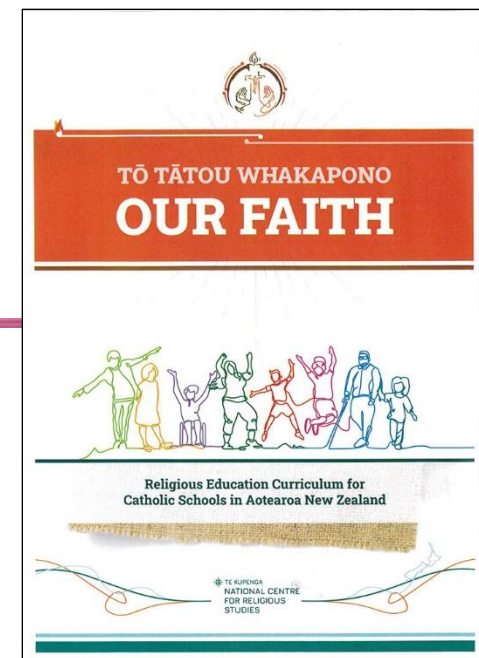
God's **grace** is evident in the lives of good people, especially Mary, and in the work of the Holy Spirit.

When we look at people who do good and help others — like Mary — we see God's grace in action. This Caritas resource shows how we can share God's love through small acts of service that build peace and show kindness to others.



We are called to **encounter God** in the Bible and in the Catholic Church.

When we listen to God's Word and follow the example of Jesus and the Church, we discover how to serve others with love. This Caritas resource helps us live out that call by using our time and gifts to bring peace through helping and serving others.



*To Tātou Whakapono  
Our Faith, page 55*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

## Jubilee Prayer in English



## Jubilee Prayer in Te Reo Māori



## Jubilee Prayer in Samoan



## Jubilee Prayer in Tongan



## Jubilee Prayer in NZSL



Jesus is often called the Prince of Peace, and his whole life showed us how to bring peace by serving others. He helped people by feeding the hungry, healing the sick, and welcoming those who were left out.

We can follow the example of Jesus and be his hands, feet, and heart in the world, serving others with kindness, compassion and aroha. When we do this, we help to bring peace where it's needed most.

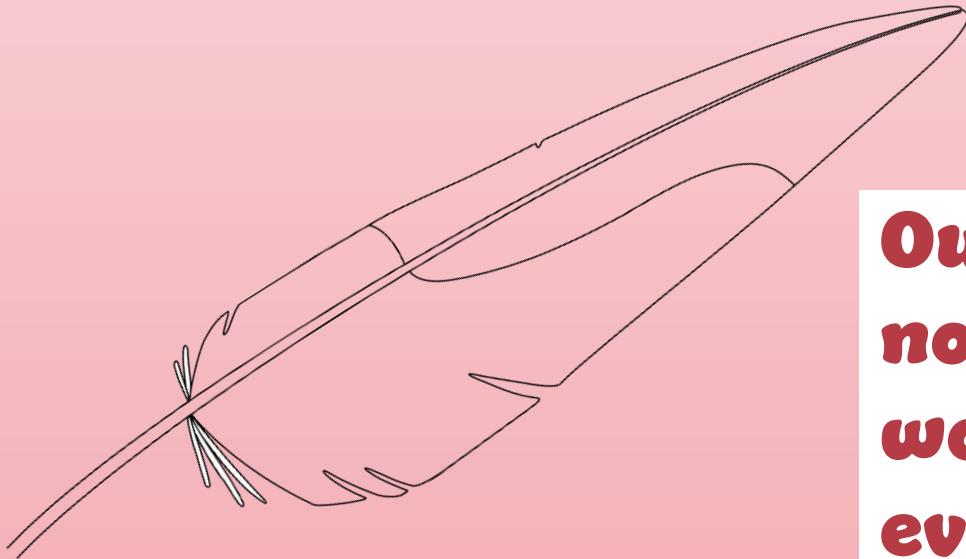
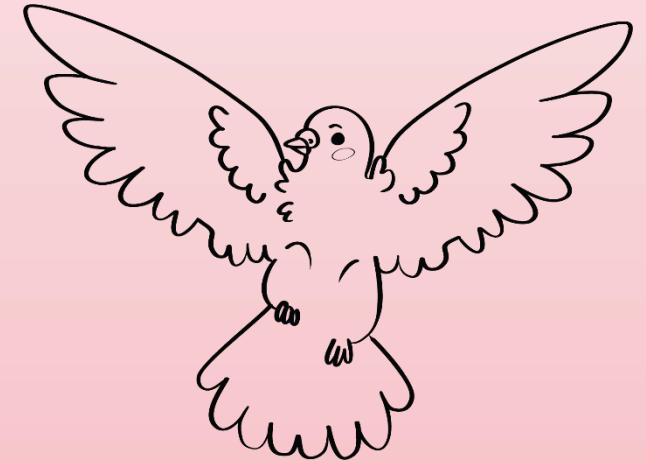
#### **LET'S DISCUSS**

### **How does serving others help to build peace?**

- It helps us build friendships and trust.
- It gives real help to people who need it.
- It brings joy, hope and healing.
- It helps us understand what others are going through.
- Our service can inspire others to do the same.
- It gives us a sense of purpose and makes the world a better place.



**Peace starts with small acts of kindness and compassion, especially when we help people who need it most.**



**Our faith calls us to take action now – not wait – so we can help make the world more just and peaceful for everyone.**





**“Life is of no use if not  
used to serve others.  
For life is measured  
by love.”**

Pope Francis



## **Galatians 5:13**

“My brothers, God called you to be free. But do not use your freedom as an excuse to do the things that please your sinful self. Serve each other with love.”

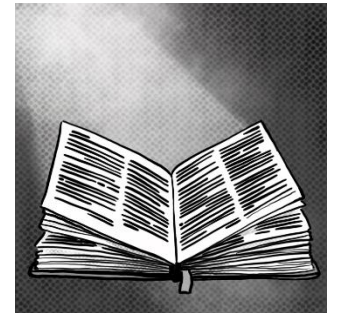


After reading Galatians 5:13, think about how this verse helps us understand how serving others can build peace.

Discuss these questions:

- What do you think it means to “serve humbly in love”?
- How do small acts of service help bring peace to others?
- What are some ways you can serve others at school, at home or in your community?
- How does helping others with love make the world a better and more just place?

## LET'S DISCUSS



### Galatians 5:13

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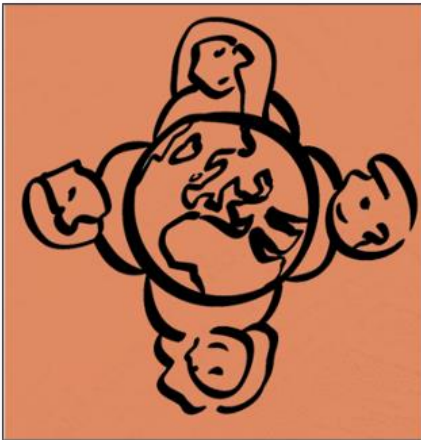




### Participation

**Nāu te Rourou,  
Nāku te Rourou**

Jesus modelled how to serve others. He was willing to give his time and use his skills to help others. We can follow Jesus and the principle of participation by choosing to use the skills we have been given for good.



### Stewardship

**Kaitiakitanga**

As guardians on our planet, we are entrusted by God to care for his amazing creation. When we serve others and show aroha to those in need, we are following the principle of kaitiakitanga/stewardship.





Today the phrase to learn is...

**Let's Try**

**Serve others with love**

**Te mahi mō ētahi mā te aroha**



Today we're heading to Asia to learn about the world's largest refugee camp - in **Bangladesh**...





## Cox's Bazar

In the south of Bangladesh, near the border with Myanmar, there is a place called Cox's Bazar — the home of the world's largest refugee camp.

More than one million people, called the Rohingya, had to leave their homes in Myanmar in 2017 to find safety. They now live in this camp because it wasn't safe for them to stay in their own country.

Many groups, including Caritas, are working in Cox's Bazar to serve and care for the refugees, helping to provide food, shelter, medical care, and education. This is one way people are helping to build peace through service.





## Challenges for the Rohingya People

Life in Cox's Bazar is very hard for the Rohingya people. Many have been through sad and scary experiences, and now live in crowded and unsafe conditions.

There isn't always enough clean water or proper toilets, so staying clean and healthy can be difficult. Many adults can't find work, and some children don't have the chance to go to school, which can make people feel hopeless or forgotten.

To make things worse, fires, floods, and landslides have happened in the camp. Because the shelters are so close together and made of simple materials, many have been destroyed and some people have been hurt.





## Barefoot Counsellors – Serving with Heart

Even with so many challenges, there is hope in the camp. Caritas supports a special programme called the Barefoot Counsellors (BFC).

This programme is led by the Rohingya people themselves. Volunteers from the camp are trained to support others, helping to make the camp safer and kinder for everyone. They work to protect people, help them feel respected, and remind them that their voices matter.

Thanks to the Barefoot Counsellors, thousands of families have received help. These amazing volunteers are building peace by giving their time, listening, and caring for others in need.





## Meet Rumana

Rumana is a 40-year-old Rohingya woman who chose to become a Barefoot Counsellor. She serves her community by listening to people and giving support when they need it. One night, she even helped her neighbour give birth! Through this work, Rumana has also learned new skills that help her feel more confident and strong.

## Meet Salimullah

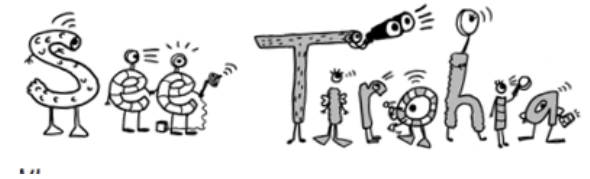


Salimullah is another Barefoot Counsellor. His job can be hard, especially when he has to walk through hilly areas to visit people. But he knows how important it is.

***"People from my community always seek my suggestions on their personal and family issues."***

Salimullah believes the programme is helping to bring peace and harmony to the people around him.

Why do you think some people find it hard to help or serve others?  
How can we encourage more people to serve others and help bring peace?



How does serving others – like the Barefoot Counsellors - help bring peace to our community?  
Why does our faith call us to serve, especially those who are struggling or left out?

What gifts or talents do I have that I can use to serve others?  
How could I serve someone this week to help our class, home, or community become a more peaceful place?





Here are some ideas for you to follow to put your faith in action...



## Be a Barefoot Helper

Inspired by the barefoot counsellors in Bangladesh, think of ways that you could be 'barefoot' helpers in your community too.

Brainstorm together what the needs are in your community. Then individually choose something you could do for someone this week. Do this quietly without reward and then reflect on how it made them feel.



## 'How Can I Help?' Cards

As a class, create a set of service cards with simple ways to help others (e.g. clean a classroom, write a kind note, invite someone to join a game).

Keep these cards together in the prayer area. Choose a card individually, or in pairs, or as a class and carry out the action as part of living out our faith through service.



## Buddy Programme

Take the time to set up (or enhance an existing) buddy programme in your school. Older students can pair up with younger students to help them with reading, sports, or friendship-building games.

Decide on the best way to organise a roster that highlights the buddies and when it happens and display it in a place where everyone can see it.





# PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

After our journey to Bangladesh today, add a sticker in your Pilgrims of Hope Peace Passport on the relevant page that focuses on service and Bangladesh.

Write  
That  
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Look back over your entire passport and highlight the actions you want to achieve before the end of the year.

Keep your passport in a safe place so you can refer back to it even after Social Justice Week has ended.



Record your thoughts and learnings on this page.



## Peace Prayer of St Francis of Assisi

Lord, make me an instrument  
of your peace:  
where there is hatred,  
let me sow love;  
where there is injury, pardon;  
where there is doubt, faith;  
where there is despair, hope;  
where there is darkness, light;  
where there is sadness, joy.

O divine Master,  
grant that I may not so much seek to be consoled  
as to console,  
to be understood as to understand,  
to be loved as to love.

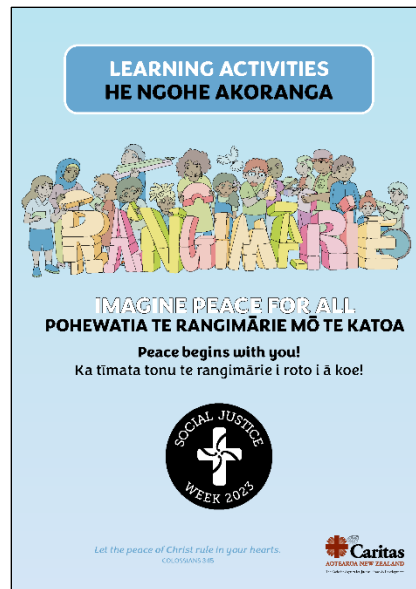
For it is in giving that we receive,  
it is in pardoning that we are pardoned,  
and it is in dying that we are born to eternal life.

Amen.



## Let's Keep Building Peace Together

As we imagine peace for all and how we can build it together, don't forget to check out some of the stories, videos, and activities from past years. They're all about peace, forgiveness, and the small ways we can make a big difference.



[www.caritas.org.nz/schools/social-justice-week](http://www.caritas.org.nz/schools/social-justice-week)





**PURITIA TE RANGIMĀRIE!**





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