

LET'S BUILD PEACE TOGETHER!
PURITIA TE RANGIMĀRIE!



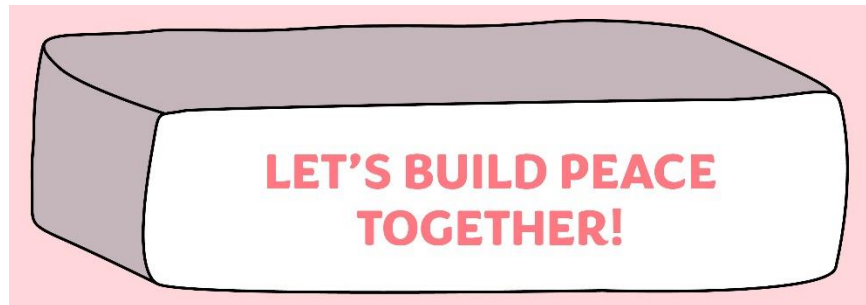
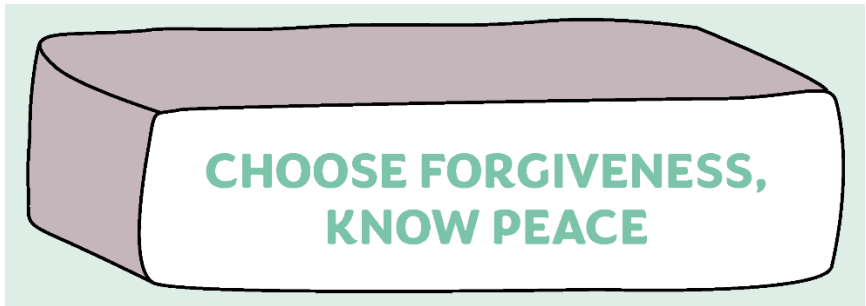
PEACEBUILDING BLUEPRINTS
NGĀ MAHERE PUPURI RANGIMĀRIE



Over the past three years, our Social Justice Week learning has focused on peace - rangimārie. You might remember our tagline: "IMAGINE PEACE FOR ALL - POHEWATIA TE RANGIMĀRIE MŌ TE KATOA."

In 2025, we continue to imagine peace for all, building on what we've explored in previous years:

- **Two years ago**, we learned that peace begins with us and from having a loving personal relationship with Jesus Christ.
- **Last year**, we focused on the importance of forgiveness and reconciliation, especially in our relationships with others.
- **This year**, we're widening our view to think about global peace – and looking at how we can take action and build peace together.



**Click the navigation
buttons to quickly
access different slides**



PEACEBUILDING BLUEPRINTS NGĀ MAHERE PUPURI RANGIMĀRIE

Monday
Rāhina



Building Peace Through Prayer
Te Pupuri i te Rangimārie mā te Karakia



Tuesday
Rātū



Building Peace Through Respect
Te Pupuri i te Rangimārie mā te Whakarangatira i te Tangata



Wednesday
Rāapa



Building Peace Through Solidarity
Te Pupuri i te Rangimārie mā te Whakawhanaungatanga



Thursday
Rāpare



Building Peace Through Change
Te Pupuri i te Rangimārie mā te Panonitanga



Friday
Rāmere



Building Peace Through Service
Te Pupuri i te Rangimārie mā te Mahi Aroha mō te Tangata



PILGRIMS OF HOPE PEACE PASSPORT

TE URUWHENUA O TE RANGIMĀRIE O NGĀ MANENE HAERE ME TE TŪMANAKO

This year use our special Pilgrims of Hope Peace Passport to find out more about the focus each day and to add in your thoughts and responses.

You can use the digital version found on our website and save your own file using your name. Or alternatively you could make your own hard copy passport by printing the template (also found on the website) and cutting and folding the pages to fit together.

After completing each peace focus, add a sticker to the hard copy version or add a tick in the digital version.

www.caritas.org.nz/schools/social-justice-week



PUTTING PEACEBUILDING BLUEPRINTS INTO ACTION

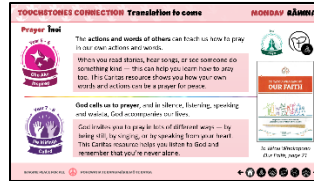
TE WHAKATINANA I NGĀ MAHERE I TE AO

Suggested lesson outline

Introduction to the Daily Focus



RE Curriculum Connections



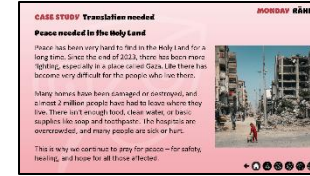
Peace Anchor Prayer – Opening Prayer



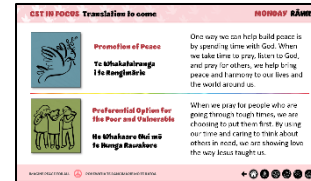
Peace Focus Overview



Caritas Case Study



CST in Focus



Scripture Focus and Discussion



Reflect on Key Messages



Time to Reflect: See, Judge, Act



Faith in Action: Follow Up Activities



Update Pilgrims of Hope Peace Passport



Closing Prayer



PRAYER FOCUS TE AROTAHI KI TE KARAKIA



As we enter our final year, we are using the *Jubilee Year Prayer* as our Peace Anchor Prayer. Each day, students are invited to begin their learning by reciting this prayer. We've sourced the prayer in five different languages - English, Te Reo Māori, Tongan, Samoan, and New Zealand Sign Language - reflecting the diversity of our communities and helping students to engage meaningfully.



To support different age groups, we are offering two versions of the prayer:



LP Junior version (Year 0-4): Adapted by our sister agency CAFOD

UP S Senior version (Year 5-13): The official Jubilee Year Prayer



To complete each learning focus, a unique closing daily prayer is also included.



God, our loving Father, in this Jubilee year, you remind us of our call to love creation.
Help us to work together to replant, repair, and renew.

Guide us on our journey as pilgrims of hope.

Jesus, our light, in this Jubilee year, you remind us of our call
to love our neighbours and to set free those who suffer.
Help us to treat everyone with dignity; to be fair, forgiving and kind.

Guide us on our journey as pilgrims of hope.

Holy Spirit, our inspiration, in this Jubilee year, you remind us of our call to grow in faith and love.
Help us to hear you in scripture, to see Jesus in others, and to be united as God's global family.

Guide us on our journey as pilgrims of hope.

Āmene.



Father in heaven,
May the faith you have given us in your son, Jesus Christ, our brother,
and the flame of charity enkindled in our hearts by the Holy Spirit,
reawaken in us the blessed hope for the coming of your kingdom.

May your grace transform us into tireless cultivators of the seeds of
the Gospel. May those seeds transform from within both humanity
and the whole cosmos in the sure expectation of a new heaven and a
new earth, when, with the powers of Evil vanquished, your glory will
shine eternally.

May the grace of the Jubilee reawaken in us, Pilgrims of Hope,
a yearning for the treasures of heaven. May that same grace spread
the joy and peace of our Redeemer throughout the earth.
To you our God, eternally blessed, be glory and praise for ever.

Amen.

Jubilee Prayer in English



E te Matua i te rangi,
whakaarahia anōtia i roto i a mātou te tūmanako tapu mō te taenga mai
o tō Kīngitanga, mā roto mai i te whakapono ki tāu Tamaiti a Hēhu
Karaiti, tō mātou kiritahi, tērā whakapono nāu anō i homai, anō me te
kāpura o te aroha e whitangia nei i ō mātou ngākau e te Wairua Tapu.

Ko tō keratia hei mea hangahou i a mātou hei kaiwhakatō i ngā kākano
o te Rongopai. Ko ērā kākano anō ka tupu ki roto tahi i te hunga tangata
me te taiao hei hangahou i te rangi me te whenua i runga i te tūmanako
kia kauparehia te Īweri, ko tō korōria tērā ka tiaho mai mō āke tonu atu.

Kia oho anō te keratia o te Tiuparī ki roto i a mātou, arā ngā Manene o
te Tūmanako e manako nei ki ngā homaitanga o te rangi.
Ko tērā keratia anō kia hora anō i te koa me te mārie o tō mātou
Kaiwhakaea ki runga i te mata o te whenua. Māu e te Atua, te korōria
me ngā kupu whakapai katoa mō āke tonu atu.

Āmene.

Jubilee Prayer in Te Reo Māori



Tama i le lagi,
ia talosia le fa'atuatua ua e tu'uina mai ia i matou
i lou alo o Iesu Keriso, lo matou uso,
ma ua mū ai le mumū o le alofa
i o tatou loto e ala i le Agaga Paia,
toe fafagu mai ia i matou le fa'amoemoe manuia
mo le o'o mai o lou Malo.

Ia liua i matou e lou alofa tunoai ni au faifa'atoaga e le faavaivai ile fatu o le Talalelei. Tau ina ia suia na fatu mai totonu o le tagata ma le atulaulau atoa i le faamoemoega mautinoao le lagi fou ma le lalolagi fou, pe a fa'ato'ilaloina mana o le tiapolo, o le a susulu atu ai lou mamalu e fa'avavau.

Ia manuia le lupelie toe fafagu mai ia i tatou, malaga o fa'amoemoega, o se mo'omo'oga mo o'a o le lagi.

Ia salalau atu lena lava alofa tunoale olioli ma le filemu o lo tatou Togiolai le lalolagi atoa. Ia te oe lo matou Atua, ia manuia e faavavau, ia i ai le viiga e faavavau.

Amene.

Jubilee Prayer in Samoan



Translation:

*Telesia Alaimoana, Lay Pastoral Leader,
Wellington Diocese*

‘E Tamai ‘oku ‘i hēvani, tauange ko e tui kuo’ ke foaki mai kiate kimautilu ‘i ho ‘Alo, ko Sēsū Kilisitoo’, ko homau tokoua, pea mo e huelo ‘o e ‘ofa’ ke ne fakamāfana’i e ‘ofa’ ‘i homau ngaahi loto’ ‘o tu’unga he Laumālie Mā’oni’oni’, ke ne toe fafangu ‘iate kimautilu ‘a e tu’amelie ki he hā’ele mai ‘a ho Pule’anga’.

Fakatauange ko ho’o kalāsia’ te ne liliu kimautilu ki ha kau fa’a ta’emanonga ‘o e pulopula e Kosipeli’. Tauange ko e ngaahi pulopula’, te ne liliu mei he uho ‘o e fa’ahinga e tangata’ mo ha tu’amelie pau ‘o ha hēvani fo’ou mo ha māmani fo’ou, ‘o ka, mole faka’aufuli atu e mālohi ‘o e Kovi’, pea huhulu mai ho lāngilangi’ ‘o ta’e ngata.

Fakatauange ko e kalāsia ‘o e Siupeli’ te ne fafangu ‘iate kimautilu ‘a e *Pilikimi ‘o e Tu’amelie’* ko ha ‘unaloto ki he ngaahi koloa ‘o hēvani’.

Fakatauange ko e kalāsia tatau ko ia’ ‘e fakamafola ai ‘a e fiefia mo e melino ‘a homau Fakamo’ui’ ki māmani katoa.

Ki he ‘Afio na’, ko homau ‘Otua, ‘oku faitāpuekina ‘o ta’e ngata, ‘a e lāngilangi mo e vikia’ ‘o ta’e ngata.

Amen.

Jubilee Prayer in Tongan



© Ui mei Vatikano, 2024



Click above to watch
and follow the prayer.

Jubilee Prayer in NZSL





Building Peace Through PRAYER

Te Pupuri i te Rangimārie mā TE KARAKIA

Prayer Īnoi



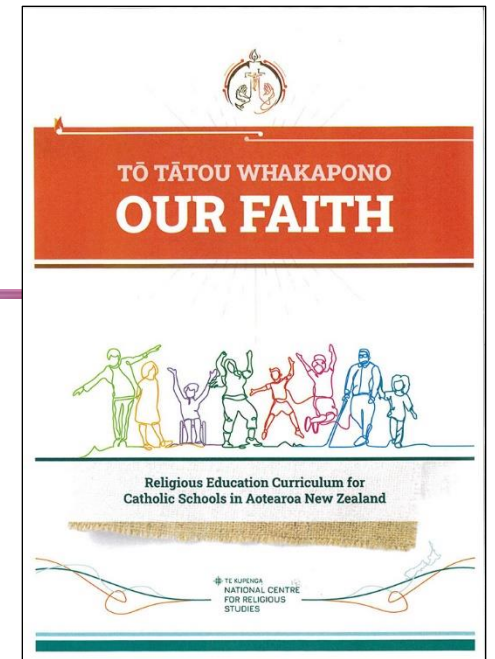
We are **connected as a Church** in prayer, and we join those praying at other places and times.

The Caritas resource invites students to see prayer as something that unites us across time and space. By joining in prayer for peace — like those who pray regularly for the Holy Land — students become part of a global Church working for justice and hope.



In prayer we are not alone, **God walks with us.**

This resource reminds students that prayer is not only a personal act but one that connects us with others around the world. Like the prayer group for the Holy Land, students are invited to walk with God in prayer and trust that their voices contribute to building peace.



*To Tātou Whakapono
Our Faith, page 71*



Prayer Īnoi



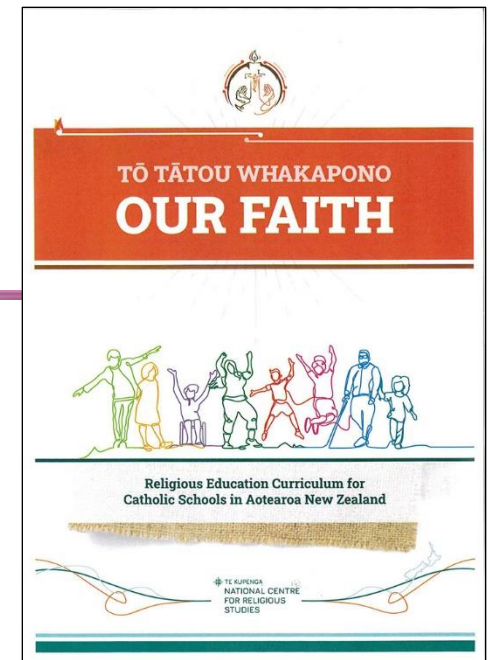
Praying for a better world includes our **participation** in achieving it.

This resource reminds students that prayer is powerful, but it must also move us to action. Just like those who pray weekly for peace in the Holy Land, we are called to combine our prayers with steps that help bring about the world we hope for.



We **carry our prayer** into the world.

This resource reminds students that prayer doesn't stop when we finish praying - it lives on in what we say and do. Inspired by the Peace Prayer Group, students are sent out to carry the hope of their prayers into action for peace in the world.



*To Tātou Whakapono
Our Faith, page 71*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

Jubilee Prayer in English



Jubilee Prayer in Te Reo Māori



Jubilee Prayer in Samoan



Jubilee Prayer in Tongan



Jubilee Prayer in NZSL



BUILDING PEACE THROUGH PRAYER

TE PUPURI I TE RANGIMĀRIE MĀ TE KARAKIA

MONDAY RĀHINA

Prayer is a powerful way we can build peace – in our hearts, in our homes, and in the world. As followers of Jesus, we believe that prayer draws us closer to God and helps us to listen to what God wants for us and others.

When things feel difficult or unfair, prayer can help us to stay calm, show love, forgive others, and trust that God is with us. Prayer is one way we can be peacemakers.

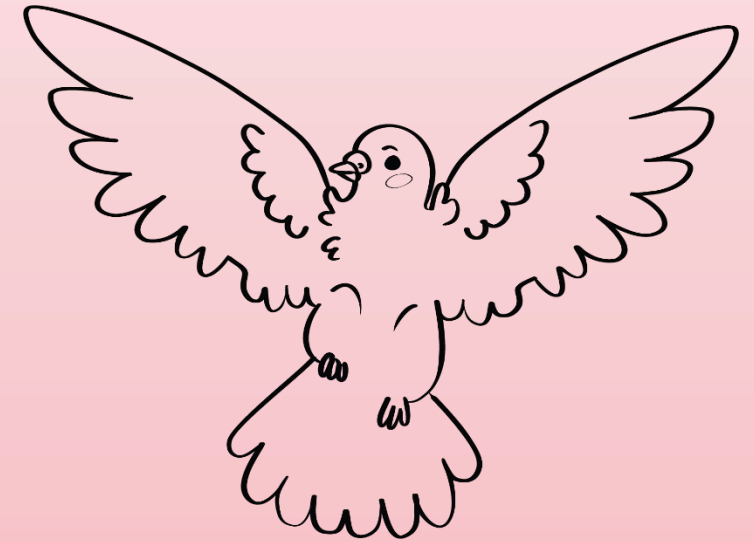
**LET'S
DISCUSS**

How do you think prayer builds peace?

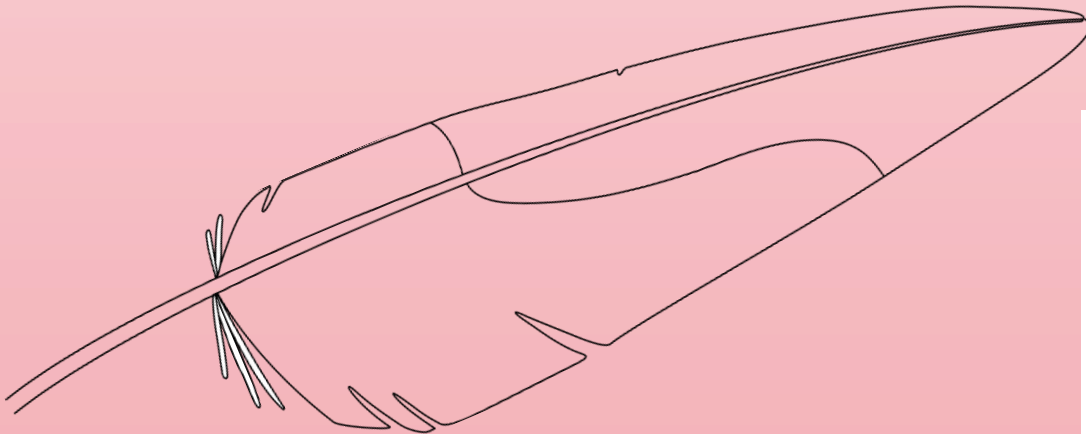
- Prayer helps us feel calm and close to God
- Prayer helps us show love and forgiveness
- Prayer gives God a chance to work in powerful ways
- Prayer breaks down barriers and brings us together
- Prayer gives us hope and strength.



The Holy Spirit renews and transforms us so we can be God's ambassadors of peace in the world.



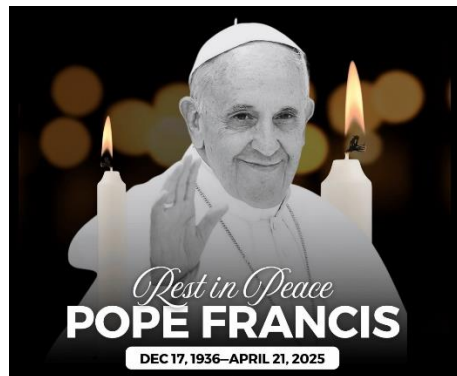
True peace begins in our hearts and flows out through acts of love, mercy and forgiveness.



**“Let us pray for peace:
peace in the world and
in each of our hearts.”**

Pope Francis

**Every day this week we will
be inspired by the words of
Pope Francis as we remember
his life and recent passing.**



Philippians 4:6–7

“Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. And God’s peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it.”



After reading the verse, take a moment to think and share your thoughts.

- What words or ideas stood out to you?
- What does this verse teach us about peace and prayer?
- Is there anything that makes you stop and think?
- What part helps you feel calm or comforted?

LET'S DISCUSS



Philippians 4:6–7

“Do not worry about anything. But pray and ask God for everything you need. And when you pray, always give thanks. And God’s peace will keep your hearts and minds in Christ Jesus. The peace that God gives is so great that we cannot understand it.”





Promotion of Peace

**Te Whakatairanga
i te Rangimārie**

One way we can help build peace is by spending time with God. When we take time to pray, listen to God, and pray for others, we help bring peace and harmony to our lives and the world around us.



Preferential Option for the Poor and Vulnerable

**He Whakaaro Nui mō
te Hunga Rawakore**

When we pray for people who are going through tough times, we are choosing to put them first. By using our time and caring to think about others in need, we are showing love the way Jesus taught us.



Every day during Social Justice Week, we'll learn a key phrase to remember in both English and Te Reo Māori. Each phrase connects to the day's focus and helps us remember what we're learning.

Let's Try

Pray for the Holy Land

He Īnoi mō te Whenua Tapu



Today we are off to the Middle East and we're visiting the **Holy Land** where Jesus lived over two thousand years ago.



Peace needed in the Holy Land

Peace has been very hard to find in the Holy Land for a long time. Since the end of 2023, there has been more fighting, especially in Gaza. Life has become very difficult for the people who live there.

Many homes have been damaged or destroyed, and almost 2 million people have had to leave where they live. There isn't enough food, clean water, or basic supplies. The hospitals are overcrowded, and many people are sick or hurt.

This is why we continue to pray for peace – for safety, healing, and hope for all those affected.





Click to watch a message from Anton Asfar from Caritas Jerusalem about the situation and the need for lasting peace.

Caritas Jerusalem in the Holy Land

The Caritas network helps people in need around the world. In the Holy Land, Caritas Jerusalem is helping in places like Gaza, Jerusalem, and the West Bank.

Local Caritas workers have set up small health clinics in Gaza to help people who are hurt or unwell. They are also supporting people's mental health during this difficult time.

Caritas has given food, money, emergency shelter, blankets, and other important supplies to over 100,000 people who are in urgent need.

Caritas is working to bring care, comfort, and hope to those who need it most.





Click to watch how Caritas Jerusalem has been providing support in the Holy Land.



Click to hear from a Caritas staff member and his hopes for peace in the future.



Pope Francis' last gift of peace: A health vehicle for children in Gaza

In his final months, Pope Francis gave a very special gift – his popemobile.

He asked Caritas to turn it into a mobile health clinic to help children in Gaza who don't have access to doctors, medicine, or hospitals.

The popemobile is being rebuilt with:

- Medical equipment for treating sick and injured children
- Supplies like oxygen, vaccines, and medicine
- A fridge to keep medicine safe
- A team of doctors ready to help



 **Caritas**
JERUSALEM



Why is this important?

- Nearly one million children in Gaza have been forced to leave their homes.
- Many are hungry, sick, or hurt and can't get the help they need.
- The mobile clinic will travel to children who need care the most.

Pope Francis wanted children to know they are loved, remembered, and cared for.

Let us pray for peace and healing – and for the success of this special mission of love.

Click here to watch a short video about the Popemobile and how it is being turned into a mobile health clinic.



Click [here](#) to learn more about the Vehicle of Hope and how it's helping children in Gaza.

Praying for peace in the Holy Land

When the current crisis in the Holy Land broke out on 7 October 2023, a group of people in Wellington decided to come together and pray for peace. They hoped the fighting would end quickly.

As the conflict continued, the group kept praying. They began meeting to pray at midday, three times a week, using a special peace prayer written by Claudette Habesch from Caritas Jerusalem, over 10 years ago.

This simple act of prayer, care and solidarity is part of something bigger. Around the world, thousands of people are also praying for peace. The team at Caritas Jerusalem has been really thankful. One staff member said: “Thank you so much for your prayers for peace. We truly appreciate your moral support and believe in the power of prayer.”



Click to see the group praying (The full prayer will be shown in a few slides).

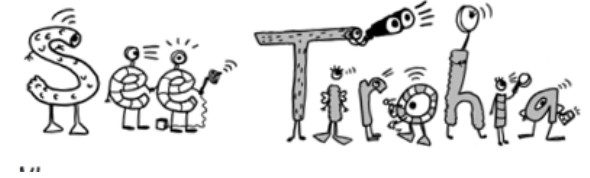
As a sign of solidarity let's join them in praying for peace in the Holy Land.



What does peace look like in everyday life?

What does peace look like in our school or community?

What do you think peace might look like in the Holy Land?



How does praying for peace help us to be “pilgrims of hope”?

Why do you think Jesus wants us to pray for peace?

Who else in the world could you pray for to help build peace?

How can your class or school take time to pray together for peace in the world?



Here are some ideas for you to follow to put your faith in action...

you choose

Prayer Team

With your friends, create a prayer team and meet each week to pray for peace.

Find out what is happening in the world and take note of any prayer needs. Build peace through prayer and choose to put the most vulnerable first.



Prayer Wall

Create a special display at school that becomes your prayer wall. Add articles that show the need for prayer/peace.

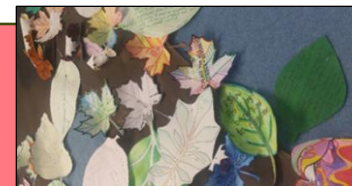
Take time to write prayers for the people identified in the articles. Add these prayers to the wall. You could even use post it notes.



Peace Tree

Create a visual symbol in your school with prayers and pledges for peace written on leaves.

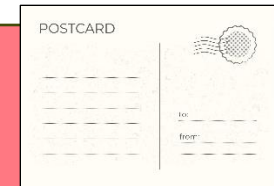
Perhaps you could create more than one tree for different focuses. Let the trees grow larger as you add more and more prayers to the branches.



Holy Land Postcards

Write prayers and messages of support as postcards for groups who are building peace in the Holy Land.

Share your postcards with the Caritas education team and we can pass these on to Caritas Jerusalem, Laura Vicuna School (from YCC Day in 2022) and Bethlehem University.



PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

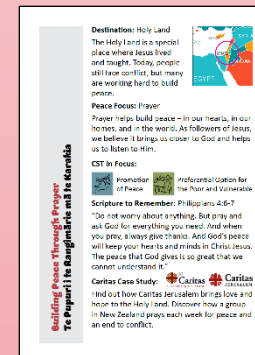
After your journey to the Holy Land today, click the tick box in your Pilgrims of Hope Peace Passport on the Holy Land page.

Write
That
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Choose one person you know that you plan to share your learnings from today with.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.





As an act of solidarity, join the group from today's case study in praying for peace in the Holy Land.



Let's finish our lesson today by praying for peace in the Holy Land.



**Join together with people around the world
in praying for peace in the Holy Land:**

Click to read the
original prayer card



“Blessed are the peacemakers, for they shall be called sons of God.” (Matthew 5:9)

Lord, help us to be peacemakers for the Holy Land.

“Now the Lord of Peace Himself give you peace always by all means.” (2 Thessalonians 3:16)

Lord, give the Holy Land peace by Your means.

“For He is our peace, who has made both one, and has broken down the middle wall of partition between us.” (Ephesians 2:14)

Lord, be our peace and break down the walls of partition dividing the Holy Land.

“I am the light of the world.” (John 8:12)

Lord, help us to be lights to the Holy Land.



“They will hammer their swords into ploughshares and the spears into sickles. Nation will not lift sword against nation, no longer will they learn how to make war.” (Isaiah 2:4)

Lord, fulfill this promise now in the Holy Land.

“But Esau ran to meet him (Jacob), took him in his arms, threw himself on his neck and wept as he kissed him.” (Genesis 33:4)

Lord, help the people of the Holy Land follow the example of Jacob and Esau and reconcile themselves to each other.

“Your word is a lamp unto my feet, and a light to my path.” (Psalm 119:105)

Lord as we light this lamp, let your Spirit enter into the hearts of those in the Holy Land and be a lamp unto their feet and a light to their path.

“Peace I leave you with, My peace I give to you ...” (John 14:27)

Lord, we thank you for your peace and we accept it for the Holy Land.

Amen.





Building Peace Through RESPECT
Te Pupuri i te Rangimārie mā TE
WHAKARANGATIRA I TE TANGATA

Wisdom Whakaaronui



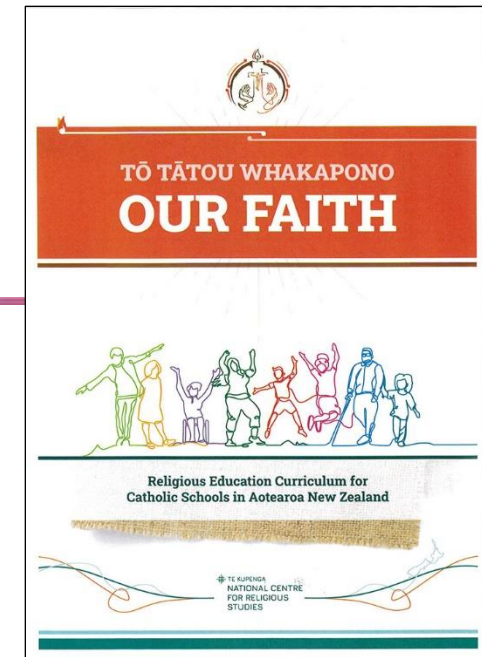
We, and those who came before us, are **connected to one-another as Church**, with a rich history and Tradition.

The Caritas case study about Te Roopu Haurongo shows how Māori and Catholic traditions work together to build peace. Students are invited to respect the wisdom of lived faith and learn how tradition continues to shape just and loving communities.



Together we are **trusted to build** the reign of God, and to live lives that are happy and whole.

Respect is essential for building God's reign. This resource uses the example of Te Roopu Haurongo to show how wisdom, trust, and care help restore relationships and build a peaceful and inclusive society.



*To Tātou Whakapono
Our Faith, page 63*



Wisdom Whakaaronui



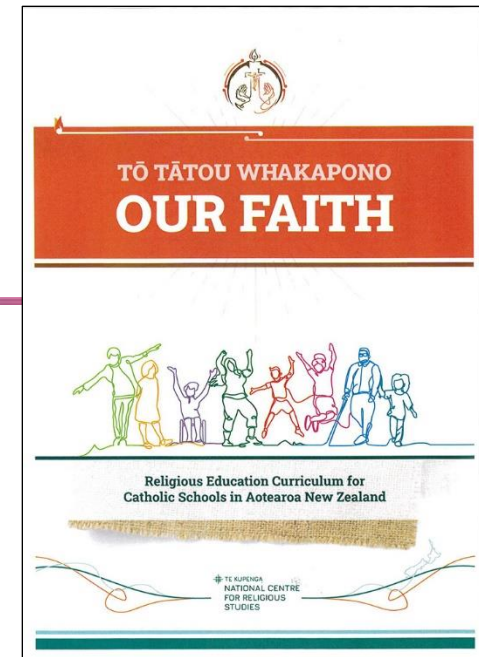
Being Church can be **difficult**, it requires wisdom and courage.

The Caritas resource shows how Te Roopu Haurongo helps communities navigate difference through respectful dialogue and healing. Students are encouraged to bring wisdom and courage to their role in building a Church rooted in peace and inclusion.



We **share** God's wisdom with everyone we encounter.

Through respectful dialogue and reconciliation, Te Roopu Haurongo shares wisdom rooted in love and justice. This resource challenges students to carry God's wisdom with them — in words, in choices, and in how they treat others.



*To Tātou Whakapono
Our Faith, page 63*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

Jubilee Prayer in English



Jubilee Prayer in Te Reo Māori



Jubilee Prayer in Samoan



Jubilee Prayer in Tongan



Jubilee Prayer in NZSL



Respect is one of the most powerful ways we can build peace – whether it's between two friends, in our school or community, or even between countries.

As Catholics, we believe that every person is made in the image and likeness of God. That means everyone is special and deserves to be treated with kindness, fairness and love – even when we don't agree with them.

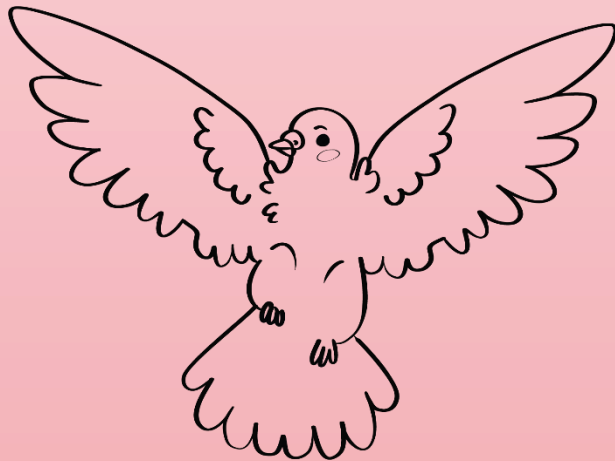
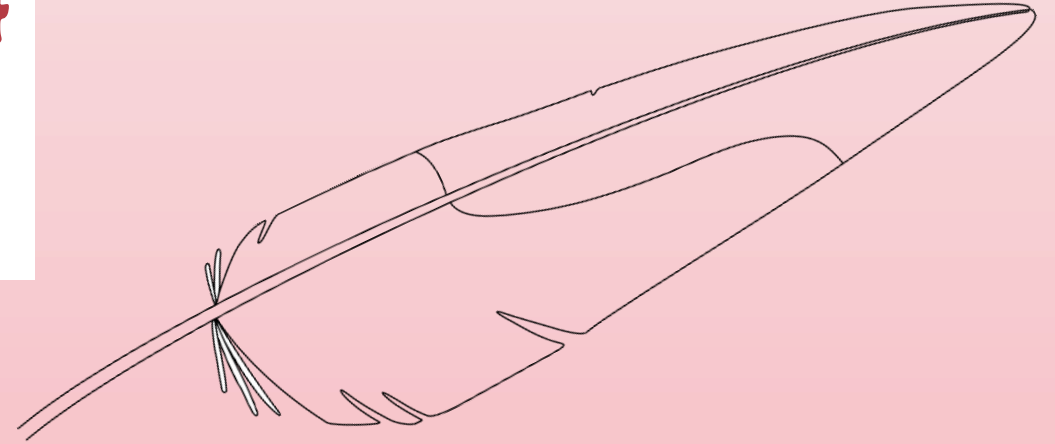
When we respect others, we are following Jesus' example of love and care for all people.

LET'S DISCUSS How do you think respect helps build peace?

- Respect brings people together and helps them work as a team
- Respect helps to prevent division and injustice
- Respect is one way we live out our faith and share God's peace with the world.



Ongoing dialogue and a steadfast commitment to peace make lasting change possible.

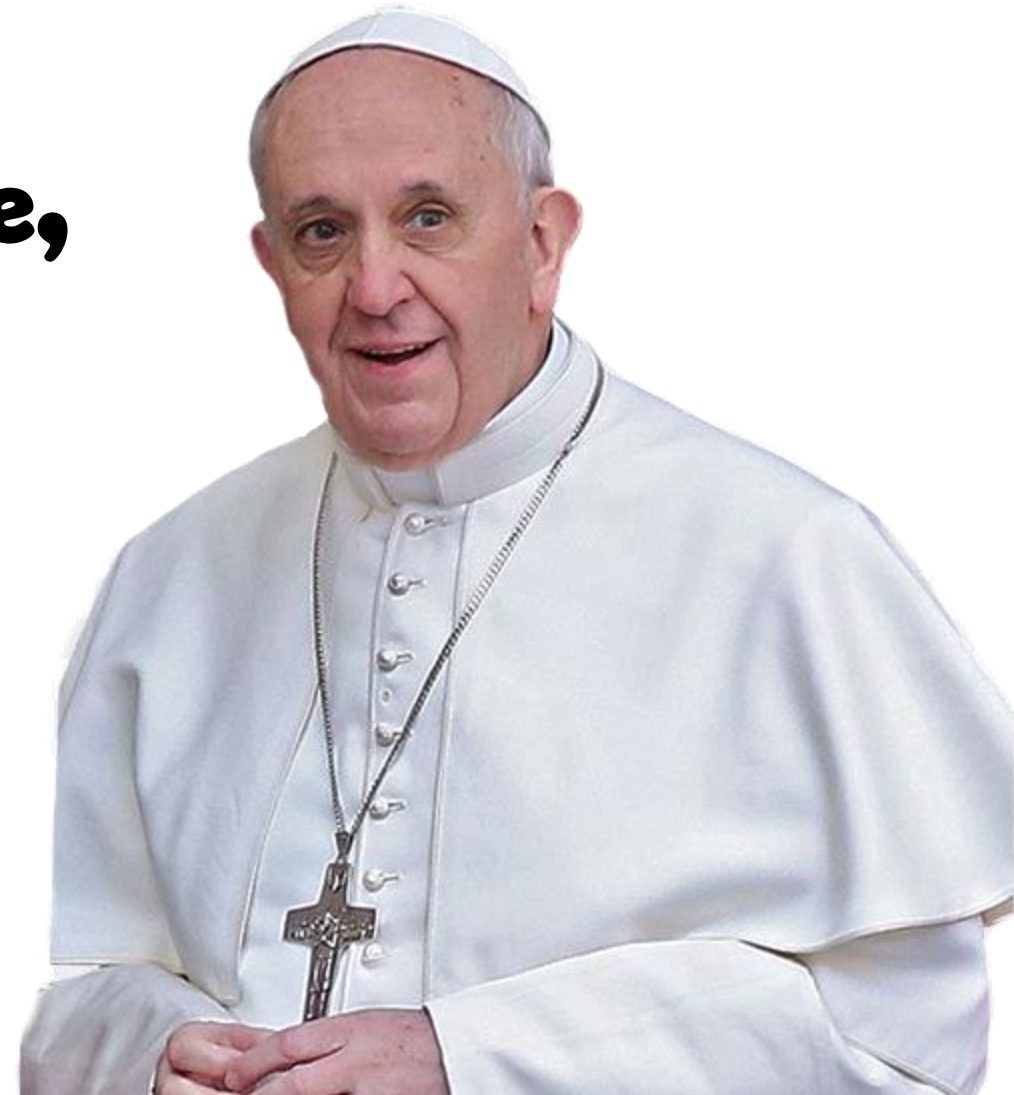


Respect for one another creates the foundation for peaceful relationships and strong communities.



**“Make peace, create peace,
be the example of peace.
We need peace
in the world.”**

Pope Francis



Ephesians 4:2–3

“Always be humble and gentle. Be patient and accept each other with love. You are joined together with peace through the Spirit. Do all you can to continue together in this way. Let peace hold you together.”



After reading the scripture verse, let's take moment to think and talk together.

- What words or ideas stood out to you about how we should treat others?
- How do you think this verse helps us build peace by showing respect?
- Did anything in the verse make you stop and think about how you act with others?
- What part of the verse made you feel calm, peaceful or happy?

LET'S DISCUSS



Ephesians 4:2-3

“Always be humble and gentle. Be patient and accept each other with love. You are joined together with peace through the Spirit. Do all you can to continue together in this way. Let peace hold you together.”





Human Dignity

Te Mana i te Tangata

We believe that everyone is created in the image and likeness of God and worthy of respect. When we see this value in others we are recognising and upholding their human dignity.



Common Good

He Painga mā te Katoa

When we honour the dignity of others, listen to their needs, and value their differences, we are helping to achieve the common good – which is when everyone benefits in a community.



Today the phrase to learn is...

Let's Try

Respect for all

Te whakarangatira i te katoa



Today, we're staying at home and cruising to a lovely part of **Aotearoa – Whakatāne!**



Respect and Human Dignity for youth offenders

Ngā Kōti Rangatahi o Aotearoa - the Rangatahi Courts of New Zealand - offer a unique way to bring justice to young people who have offended. These courts use the same laws as the Youth Court but hold their sessions on a marae (a traditional Māori meeting place) and use te reo Māori and follow tikanga and kawa (language, customs, and protocols).

The goal is to better engage rangatahi (young people) and their whānau, hapū, and iwi (family, sub-tribe, tribe) by making the justice process more meaningful and respectful of their culture.

The Rangatahi Courts aim to tackle the root causes of offending by:

- Helping young people reconnect with their culture and heritage
- Involving whānau, hapū, and iwi in their journey to change
- Creating a space for healing, accountability, and community support.

This approach is based on the idea of restorative justice — fixing broken relationships, healing hurt, and giving everyone the chance to move forward together.



Click to see how respect and human dignity are central to the way Ngā Kōti Rangatahi o Aotearoa operates.

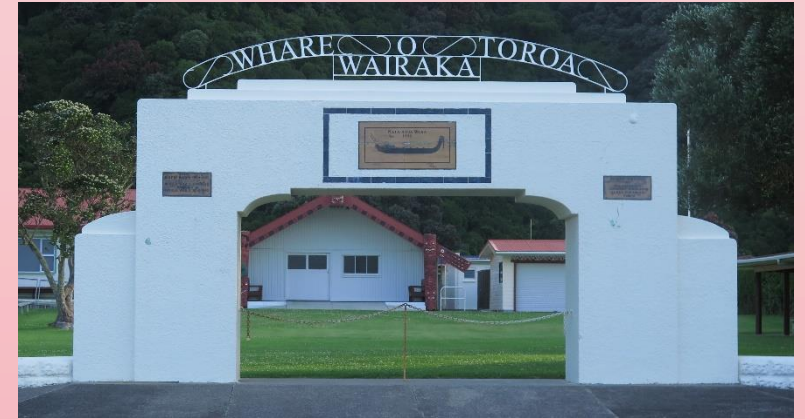
Te Roopu Haurongo

In Aotearoa, as part of our tangata whenua (people of the land) programme, Caritas supports Te Roopu Haurongo (Breath of Life). This group, set up by local kuia and kaumātua (respected elders), supports young people and their families attending the Rangatahi courts held at Wairaka Marae in Whakatāne.

Respect is at the heart of everything that happens at Wairaka Marae.

- Rangatahi are expected to show respect for the marae, its tikanga (customs), the judge and the kaumātua who guide them.
- In return, the rangatahi are respected - their identity, their whakapapa (genealogy), and their potential for positive change are all honoured.

This mutual respect helps build trust and restore dignity. It lays strong foundations for lasting peace – in the lives of the young people, their families, and the whole community.



LET'S DISCUSS

What does it mean to treat someone fairly (act justly) and still forgive them and show mercy?



Why is it important to respect someone, even if we don't always agree with them?

Do my words and actions help others feel loved and respected?
Is there someone I need to say sorry to or make peace with?



Here are some ideas for you to follow to put your faith in action...

you choose

Justice Wall

Display your own posters or art showing what respect and human dignity look like in action.

If you have already designated a space in your class for a peace wall or a prayer wall, you could add your posters and art in the same space or beside them if it is easier.



Special Liturgy

Organise a reflective service that includes scripture, Māori prayer, and student intentions around mercy, respect, and restoration.

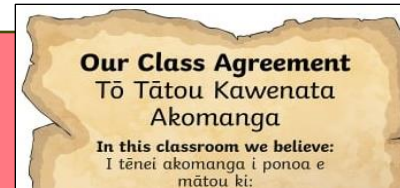
You could use the 2024 Liturgy for Social Justice Week that focuses on forgiveness and reconciliation.



Peace Pact

Create and sign a class agreement to uphold respect and inclusion.

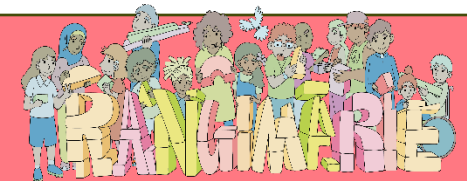
You may even choose to revisit any class treaties or agreements that were established at the start of the year and see if you are upholding the different promises. You could add to this treaty.



Whakawhanaungatanga Day

Organise a house or cultural day that is focused on building respectful relationships and understanding diverse backgrounds.

Work together to plan how the day will run. Think of ways to put respect and peace at the centre. Share this with your teachers.



PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

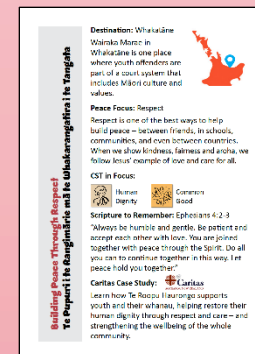
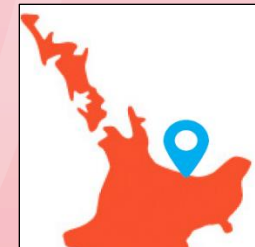
After your journey within Aotearoa today, click the tick box in your Pilgrims of Hope Peace Passport on the relevant page that mentions respect and Te Roopu Haurongo.

Write That Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Compare your learnings so far with someone else in your class.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.

God of Peace, e te Atua o te Rangimārie,

Calm our hearts as we watch and wait
when things happen that are hard to understand.

Take away our fear,
so we can still be kind, brave, and loving to our friends, our family, and
everyone around us.

Help us to build peace by showing respect to others —
by listening, including, and caring, even when people are different from us.

Help us to stay close to you, one moment at a time, and remind us that
you are always working in the world to bring peace, love, and hope.

We pray this in Jesus' name.

Āmene.



Adapted prayer from St
Paul's Church, Ithaca,
New York





Building Peace Through **SOLIDARITY**

Te Pupuri i te Rangimārie mā **TE WHAKAWHANAUNGATANGA**

Holiness Aroha Pūmau



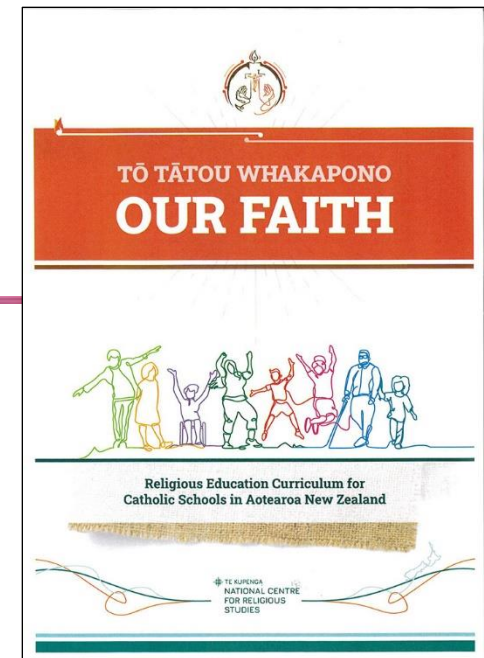
Holiness is nurtured in community – through prayer, good works and service in **relationship with others**.

This resource shows that holiness grows when we act together. By praying for and standing with the people of Ukraine, students learn that solidarity strengthens our faith community and brings God's peace into the world.



God **entrusts people** to be responsible for their personal holiness and to share their ways to grow in holiness with others.

The Caritas case study from Ukraine shows how solidarity is a shared journey of faith and holiness. Students are encouraged to reflect on how walking alongside others - especially in times of suffering - is a response to God's trust and a way to grow in holiness.



*To Tātou Whakapono
Our Faith, page 59*



Holiness Aroha Pūmau



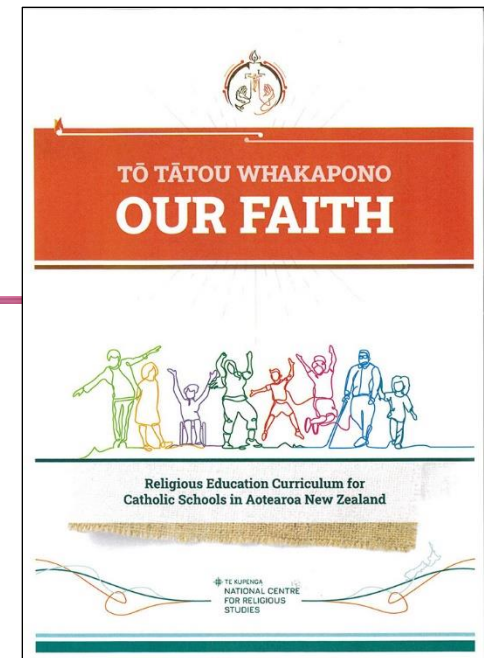
God **challenges** people to live their lives ‘wholly’ – to be real prophets and saints.

This resource challenges students to respond to suffering with boldness and compassion. Standing in solidarity with people in crisis, like those in Ukraine, calls us to live with courage, faith, and a deep commitment to peace.



We are **sent** to lead others to God through our wholeness and holiness, and to participate in what makes the world holy.

This Caritas resource highlights how walking alongside others — especially in suffering — is a holy act. Students are reminded that through acts of solidarity, they reflect God’s presence and help bring healing and peace to the world.



*To Tātou Whakapono
Our Faith, page 59*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

Jubilee Prayer in English



Jubilee Prayer in Te Reo Māori



Jubilee Prayer in Samoan



Jubilee Prayer in Tongan



Jubilee Prayer in NZSL



BUILDING PEACE THROUGH SOLIDARITY

TE PUPURI I TE RANGIMĀRIE MĀ TE WHAKAWHANAUNGATANGA

WEDNESDAY RĀAPA

We live in a complex world where we are all connected – like one big human family. Even though we live in different places, we all face similar problems like climate change, inequality, and conflict.

As followers of Jesus, we believe we are all brothers and sisters. That means we are called to stand with others, especially when life is hard or unfair. This is what solidarity means – being there for each other.

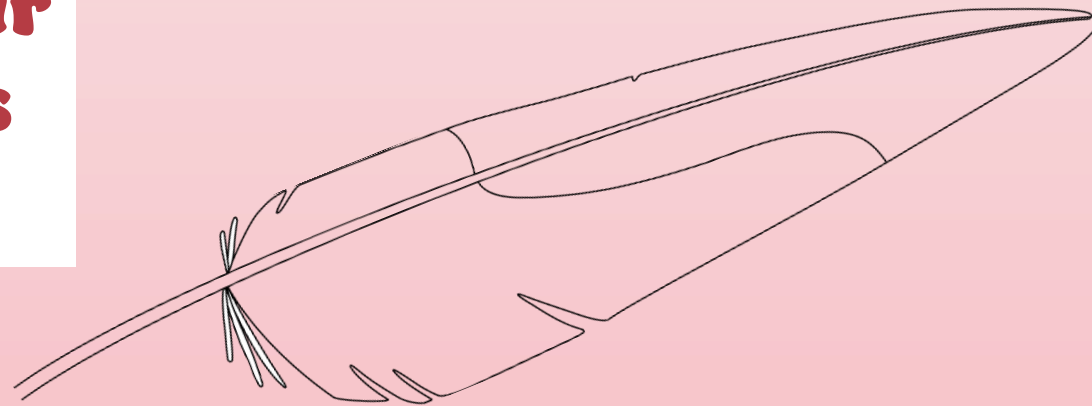
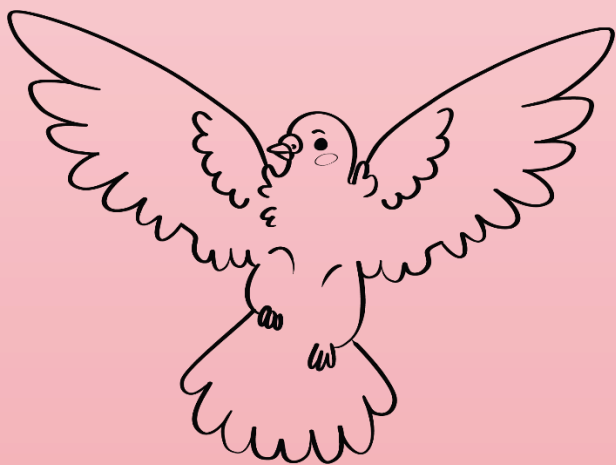
When we show we care, include others, and stand together, we help build a world that is fair, kind, and peaceful.

LET'S DISCUSS How are solidarity and peace connected?

- Solidarity is about standing together – peace is what happens when we do.
- Solidarity fosters empathy and seeks to include and unite – all of which promote and build peace.



We are called to take seriously our responsibility to be peacemakers and peacebuilders.



Standing in solidarity with others brings hope and healing to a broken world.



“Solidarity is more than acts of generosity, important as they are. It is a call to embrace the reality that we are bound to one another.”

Pope Francis



Romans 12:16

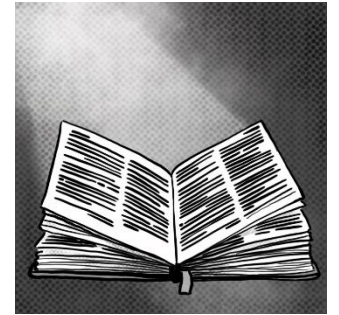
"Live together in peace with each other. Do not be proud, but make friends with those who seem unimportant. Do not think how smart you are."



After reading the scripture verse, think about how this verse helps us understand building peace through solidarity. Talk together about what stood out for you:

- What does this verse ask us to do for others?
- Why do you think Paul (the writer of Romans) believed this was important?
- How can doing this help bring peace and show we care for others?

LET'S DISCUSS



Romans 12:16

"Live together in peace with each other. Do not be proud, but make friends with those who seem unimportant. Do not think how smart you are."





Solidarity Whakawhanaungatanga

Solidarity Whakawhanaungatanga means standing with others and caring for them like they are our brothers and sisters.

Jesus showed us how to live in solidarity – he spent time with people who were sad, sick or left out, and helped them feel loved and included.

When we follow Jesus and care for others, especially when they are struggling, we are living the way of peace. This is what it means to live our faith and build a better world together.



Sione the sun bear is the Caritas mascot for Solidarity



Today the phrase to learn is...

Let's Try

Solidarity for Ukraine

**Te whakawhanaungatanga
ki a Ūkareinga**



Today we're heading off to Europe and we'll be visiting **Ukraine...**



Challenges in Ukraine

Since the war began in Ukraine, life has been very difficult for many people. Around 4 million people had to leave their homes but stayed within the country, and nearly 7 million people became refugees, moving to other countries to find safety. Now, many of them are starting to return home.

Important places in Ukraine have been damaged or destroyed — like hospitals, homes, water pipes, electricity and gas supplies. This has made life even harder, especially in winter when it's very cold. Many families have been left without power, heating, or clean water, and everyone is trying their best to share and save what they have.



Caritas shows Solidarity for the people of Ukraine

Since the war began, Caritas has been helping the people of Ukraine in many ways. Two Caritas groups — Caritas-Spes and Caritas Ukraine — have had more than 2,600 staff and volunteers working hard to support over 5 million people.

They have helped by giving food, water, and warm clothes, offering safe places to stay, and providing medical care, counselling, and even money to buy essentials. Caritas stands alongside the people of Ukraine to show love, care, and hope during this very hard time.



Food and
Essential Items



Shelter



Medical Care



Counselling



Water Access



Cash Assistance



CARITAS-SPES

CARITAS CASE STUDY HE MĀTAI TŪĀHUA CARITAS

WEDNESDAY RĀAPA

Watch these short videos to see how Caritas staff and volunteers are showing love and solidarity with the people of Ukraine.



Click a button below to watch the video.



Caritas Ukraine, a ray of HOPE in the middle of the crisis



Caritas provides humanitarian aid in Ukraine for last 6 months



Caritas volunteers from Poland assist refugees from Ukraine



The flow of assistance remains uninterrupted, a testament to the solidarity of our partners – Caritas organizations from various countries, diplomatic missions, governments, and numerous humanitarian entities who continue to stand by our side.

Two Years of War in Ukraine - Caritas-Spes



It's been two years of millions and millions of people who are in need of humanitarian aid.

Two Years of War in Ukraine - Caritas Ukraine



Videos created on 20 February 2024



Meet Antonina and her family

When the war started, Antonina and her family had to live through loud explosions. They lost power and had no food. Things became so hard that they had to walk for days to find a safe place to stay.

With help from the Family to Family project by Caritas-Spes, Antonina's family was able to set up a new home. The project helped them fix their summer kitchen, replace a broken window, and buy important things like a fridge, water heater, and firewood.

"Thanks to the project, we now have warm water, a place to keep food, and the basic things we need to live," says Antonina. "I'm really thankful to everyone who helped us."

Even after all they've been through, Antonina still has hope.

"I believe the war will end soon, and we'll have peace again," she says.



Cash Assistance



Food and
Essential Items



CARITAS-SPES



Shelter



Water Access

Light a candle for Ukraine

#Candles4Ukraine is a special campaign started by the two Caritas agencies in Ukraine. It invites people around the world to light a candle, take a photo, and share it to show care and solidarity with the people of Ukraine — and to pray for peace.

Your class or school can be part of this too!

You could light a candle together and say a prayer for the people of Ukraine. As they say in the video:

“We light this candle not only to remember those who have died or lost loved ones, but also as a sign for one another — a light of hope for the future.”

“Let us light candles of hope in the midst of darkness. Amid dramatic situations, let us seize opportunities to bear witness to the Gospel of joy and to build a more fraternal world.” - Pope Francis



Click to find out more.



Light a candle for Ukraine

Even in dark and difficult times, there is always hope. Caritas staff and volunteers in Ukraine have shared short, heartfelt messages to thank people around the world for their support.

A candle is a special symbol — it brings light to the darkness and reminds us of hope, prayer, and peace. When we light a candle, we are joining with others to show we care and to pray for peace in Ukraine.

What you can do:

- 🕯️ Light a candle as a sign of hope and prayer for Ukraine
- 🕯️ Say a prayer for peace
- 🕯️ Take a photo and share it with the hashtag #Candles4Ukraine
- 🕯️ Watch and share the video to spread the message.

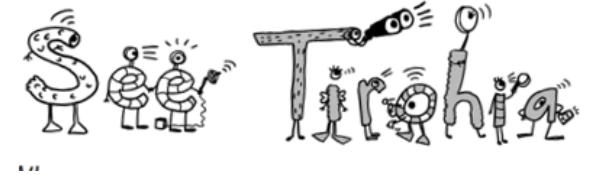
Together, let's keep the light of hope shining!



Click to find out more.



How do you think the people in Ukraine might be feeling now?
Where else in the world do people need help and support like the people in Ukraine?



If you were in their shoes, what would you hope others would do for you?
What does Jesus teach us about helping people who are hurting or in need?

How can you show you care and stand in solidarity with others from here in Aotearoa?



Here are some ideas for you to follow to put your faith in action...

**you
choose**

#CANDLES4UKRAINE

#CANDLES4UKRAINE is a campaign initiated by the 2 Caritas agencies in Ukraine encouraging people to light candles and share photos in solidarity and pray for peace.

Your class, or school, could join in and light a candle to show solidarity for the people of Ukraine. Share photos or a video with others as beacons of hope for the future.



Click to find out more.

Raise Awareness

Be creative and raise awareness in your school, and even wider in your community, for the challenges faced by the people of Ukraine.

You could create, wear or give blue and yellow ribbons or bracelets to show support; or organise a peace walk around your school; or perhaps put together a video to show in assembly or shared even wider.



Write a Letter to Leaders

Draft individual letters (or a combined class letter) to your local MP or even global leaders advocating for peace and justice in Ukraine. Make sure you include reference to the importance of Catholic social teaching and principles like human dignity, solidarity, and promotion of peace. Become a [champion for peace](#) like many people we have learnt about during Social Justice Week.



PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

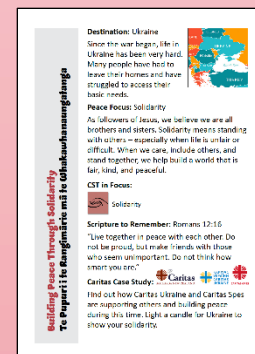
After our journey to Ukraine today, click the tick box in your Pilgrims of Hope Peace Passport on the relevant page that focuses on solidarity and Ukraine.

Write
That
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Take a few minutes to look back at what you have already written in your Peace Passport to remember what you have already learnt.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.

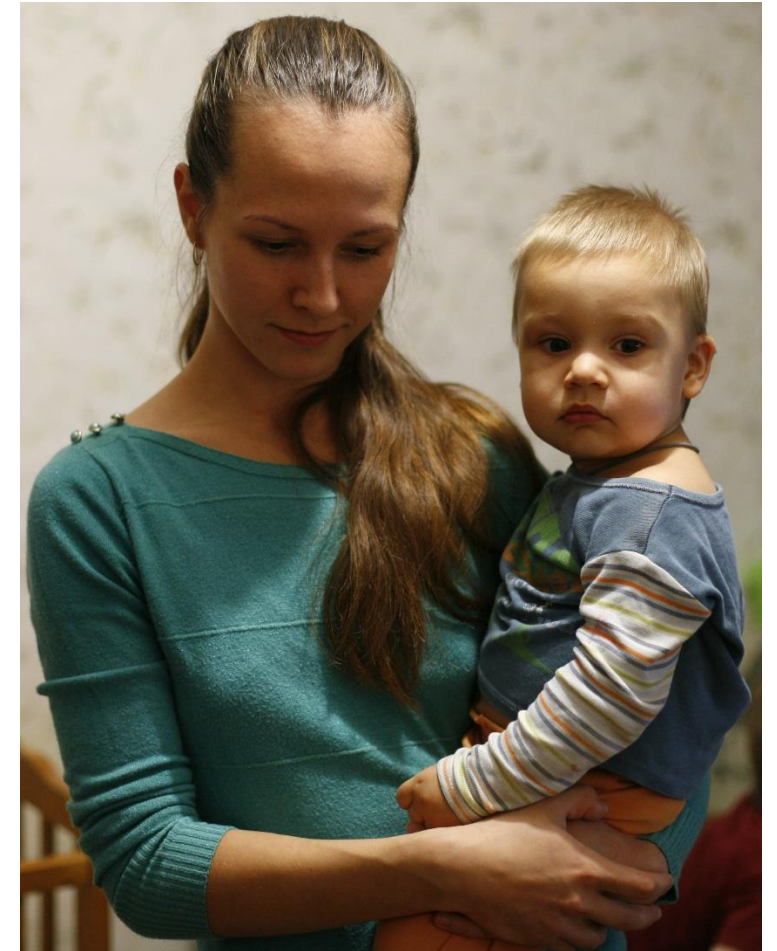
A prayer for Ukraine – Building peace through Solidarity

E te Atua o te rangimārie, God of peace,

Our hearts feel heavy when we hear
about war and people getting hurt.
Sometimes we don't know what to say or do
when the world feels broken.

But we know you are always with us
and with everyone who is suffering.

Please be with the people of Ukraine.
Be with the mothers keeping their children safe,
the fathers who are scared and worried,
and the children who are afraid.



Help us not to turn away, but to stand with them.
Help us to show solidarity —
to care, to pray, to speak up, and to help.
Even from far away, we can be part of building peace.

Heal those who are hurting.
Comfort those who are scared.
Bring hope where there is fear.

Make us peacemakers,
working together for a kinder world.

O God of peace, e te Atua o te rangimārie,
hear our prayer.

Āmene.



*Adapted prayer written by
Kayla Craig*





Building Peace Through CHANGE
Te Pupuri i te Rangimārie
mā TE PANONITANGA

Justice Tika



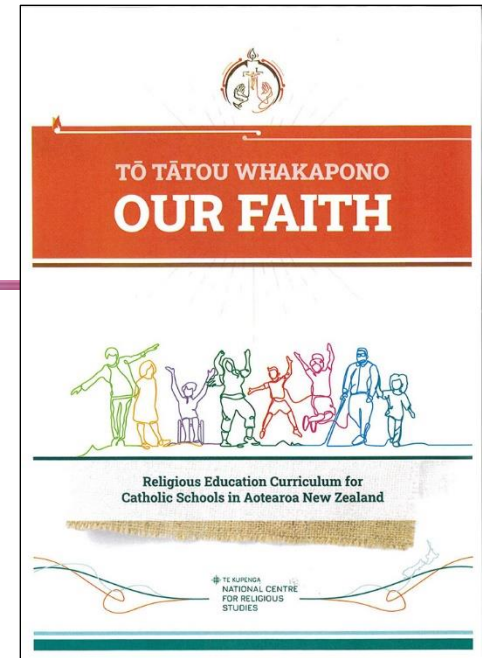
Justice is understood in **relation to others**. It requires us to understand the dignity and rights of others.

This resource challenges students to see how climate injustice impacts our Pacific neighbours. Through the Turn Debt into Hope campaign, students explore how working for justice respects the dignity and rights of all people.



God **trusts us to live lives of justice**, and we build trust with others through our integrity in personal and social relationships.

The Turn Debt into Hope campaign challenges students to act with justice and integrity. The resource encourages them to see how advocacy and honest leadership can build trust and bring about real change for those affected by injustice.



*To Tātou Whakapono
Our Faith, page 67*



Justice Tika



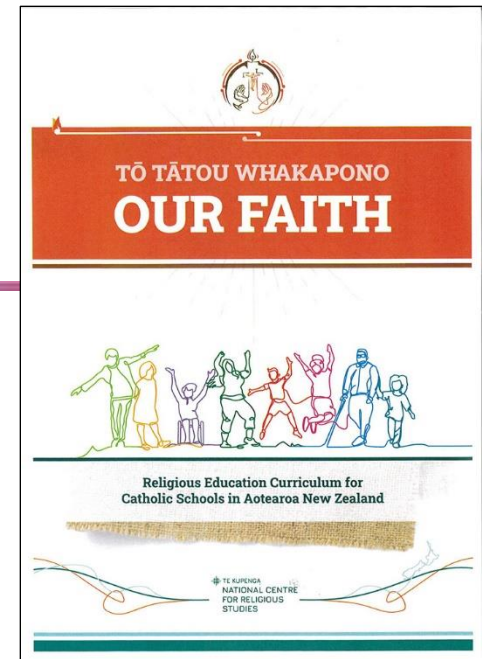
God's justice requires a deep understanding of restorative love and a real desire to change and to **challenge** unfair practices.

This resource encourages students to look deeply at unjust systems, like the burden of debt in Pacific nations. Through advocacy and faith-based action, students are invited to challenge injustice and become agents of restorative change.



We are asked to imagine what God's justice looks like and to **work towards** a society and structures that make it happen.

Students are invited to think boldly about what a just world could look like. This resource empowers them to act — through advocacy, creativity, and courage — to challenge unjust systems and help shape a future built on God's justice.



*To Tātou Whakapono
Our Faith, page 67*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

Jubilee Prayer in English



Jubilee Prayer in Te Reo Māori



Jubilee Prayer in Samoan



Jubilee Prayer in Tongan



Jubilee Prayer in NZSL



BUILDING PEACE THROUGH CHANGE **TE PUPURI I TE RANGIMĀRIE MĀ TE PANONITANGA**

THURSDAY RĀPARE

When attitudes, behaviours or systems are wrong, unfair, or unjust then peace is not possible. Only by changing what's wrong and seeking justice can true peace be found.

Jesus challenged corrupt leaders, defended the outcasts, and even flipped tables in the temple to expose injustice. He reminds us that sometimes we need to raise our voice and expose injustice to ensure that things are made right.

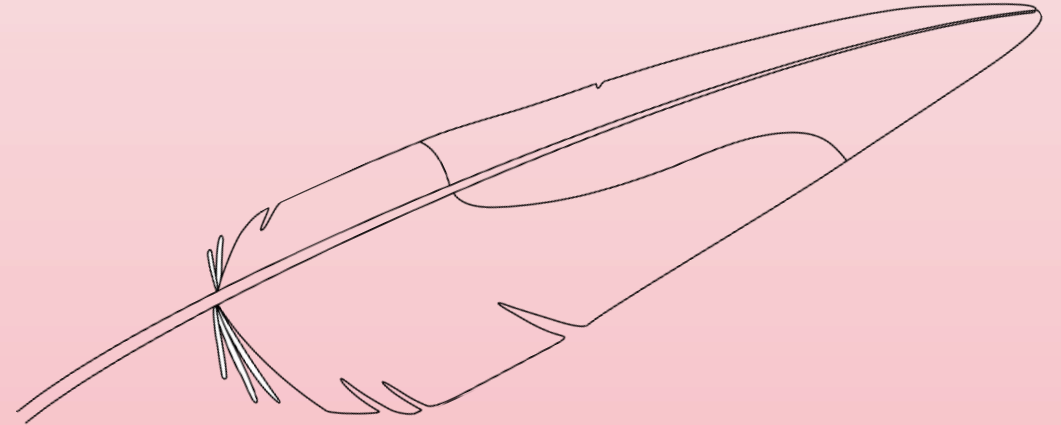
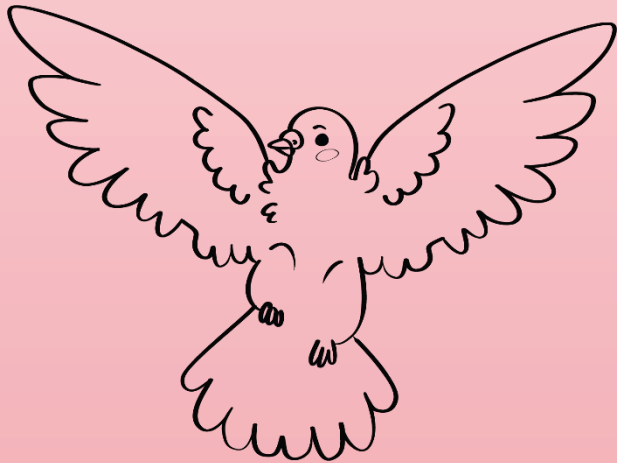
**LET'S
DISCUSS**

What does peace through change look like?

- Thinking more about others, rather than just ourselves
- Changing systems that divide and harm
- Replacing judgement with compassion
- Turning anger into understanding
- Transforming silence and avoidance into courageous conversation.



We can build peace and transform our world through action and advocacy.



Peace grows when we speak out against injustice and uphold the dignity of every person.



**“It is not enough to avoid
injustice if you're not
promoting justice.”**

Pope Francis



Proverbs 31:8–9

“Speak up for those who cannot speak for themselves. Defend the rights of all those who have nothing. Speak up and judge fairly. Defend the rights of the poor and needy.”



REFLECT ON PROVERBS KA HURITAO MŌ NGĀ WHAKATAUKĪ THURSDAY RĀPARE

After reading Proverbs 31:8-9, think about how this verse helps us to understand how we can make the world fairer and more peaceful.

Talk about these questions together:

- What do you think it means when someone is “poor” or “needy”?
- What is this verse asking us to do for people who need help or are treated unfairly?
- What could this look like for you at school, at home or in your community?
- How does speaking up for others help build peace and bring change?

LET'S DISCUSS



Proverbs 31:8-9

“Speak up for those who cannot speak for themselves. Defend the rights of all those who have nothing. Speak up and judge fairly. Defend the rights of the poor and needy.”





Distributive Justice

Te Tika ka Tohaina

When we call for change and an end to injustice, we are often wanting distributive justice. This is where things are equal and everyone enjoys the same privileges and opportunities. Sadly, this is far from our current reality.



Subsidiarity

Mana Whakahaere

Standing up for others, or advocating for those who do not have a voice, follows the principle of subsidiarity. We always want to make sure that the people who are most impacted by decisions are involved in making those decisions.



Today the phrase to learn is...

Let's Try

Change what is wrong

Te panoni i ngā mea hē



Today we're heading back to Oceania to learn more about our **Pacific neighbours...**



The impact of climate change in the Pacific

Our Pacific neighbours live in some of the smallest countries in the world. Even though they haven't caused much harm to the environment, they are being affected in big ways by climate change.

Rising sea levels, stronger storms, and damage to nature and wildlife are just some of the problems people are facing. Many families are losing their land, homes, and the ways they earn a living.



Voices Calling

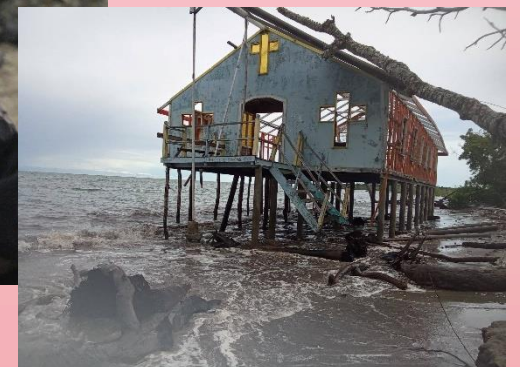
Caritas recently met a few of our Pacific neighbours and heard their stories about the sad impact of climate change on their communities and their lives. You can hear two of their stories and see the impact of climate change by clicking on the link below.



Levinia McGoon from Fiji



Brother Solomon from PNG



Click here to watch the video *Voices from the Pacific*



Climate change debt in the Pacific

To survive the challenges caused by climate change, many Pacific nations have had to borrow from more developed countries to cover the huge costs. Over time these debts become a great burden as interest needs to be paid to the borrowers.

Currently, countries such as Fiji and Samoa allocate around 15% of government revenue to debt servicing, which is more than they spend on health or education. This does not seem right! If we allow this injustice to continue then millions of innocent lives suffer.

If we don't speak up for change, many innocent people will continue to suffer.



Turn Debt into Hope

We can work together to help make life better for our Pacific neighbours.



Pope Francis asked us to speak up when we see something unfair. By joining the Turn Debt into Hope campaign, we can help bring change and build peace for millions of people across the Pacific.

Even small actions — like learning, praying, and sharing this message — can make a big difference!



"Let us commit ourselves to remedying the remote causes of injustice, settling unjust and unpayable debts..."
- Pope Francis



A Message of Hope from Pope Francis

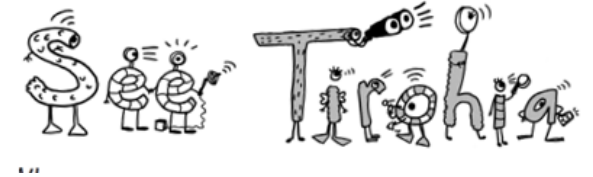
Pope Francis reminded us that *everyone* should have what they need to live — not just a few. He says that the Earth's gifts are meant for everyone, not just the rich.

Caritas is answering this call for justice through the Turn Debt into Hope campaign. We're asking leaders to care more about people and the planet than just money and profit.

You can be part of this too — by learning, sharing, praying, and raising your voice for what's right!



Are you aware of any examples where relationships between countries, or groups might seem unjust or hurt people?



Why is it more effective when we speak up with others instead of doing it alone?
What does our faith say about standing up for people who are being treated unfairly?

What small actions can we take that might help bring about big changes?
How could these actions bring hope and peace to others?



Here are some ideas for you to follow to put your faith in action...



Sign a Petition

Be aware of current petitions that your school could get behind and support to help bring change and eliminate injustice.

You could join the current campaign by the Caritas network called Turn Debt into Hope. Together we can help Pacific nations find peace and overcome the challenges of climate change related debt.



Click to find out more.

Advocating for Change

Take time to discuss with your student leaders about issues of significance in your school or community. Is there anything that you feel needs to change to ensure that everyone experiences justice and peace?

Come up with a plan on how you can raise awareness and advocate for change.



Compassion Jar for Change

Create a classroom jar or use your Caritas koha box for collecting loose change to support a Caritas or Catholic mission appeal.

Find out about current issues and how organisations like Caritas are bringing positive change and seeking justice. Vote on which cause to support and through the process learn more about giving and global solidarity.



PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

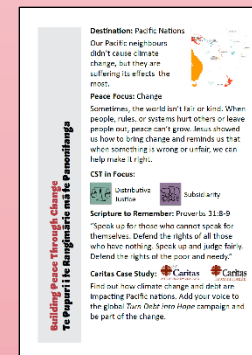
After our journey to the Pacific today, click the tick box in your Pilgrims of Hope Peace Passport on the relevant page that focuses on change and the Pacific.

Write
That
Down!

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Choose a family member who you know will be interested and find the time to share with them all about what you have learnt today.

Keep your passport handy and get ready for more peace building adventures later in the week.



Record your thoughts and learnings on this page.

A Prayer for Peace

We are moulded, each one of us,
in the image of God,
and within our souls there is a fingerprint
none can erase.
We pray for those who have no regard
for anyone but self,
who put no value on human life.
For nations and individuals who abuse and kill.
We are not called to be judge or jury,
but we are called to be agents of change.

And if the butterfly that flaps its wings
should be our attitude to others
then so be it, Lord.
May the hurricane this generates
somewhere within the world
reach into the hearts and souls of those
for whom we pray, and reveal to them
how precious are those
for whom they have no love,
and how precious are they
who now bring tears to the eyes of God.

- John Birch





Building Peace Through SERVICE
Te Pupuri i te Rangimārie mā
TE MAHI AROHA MŌ TE TANGATA

Grace Mana Tapu



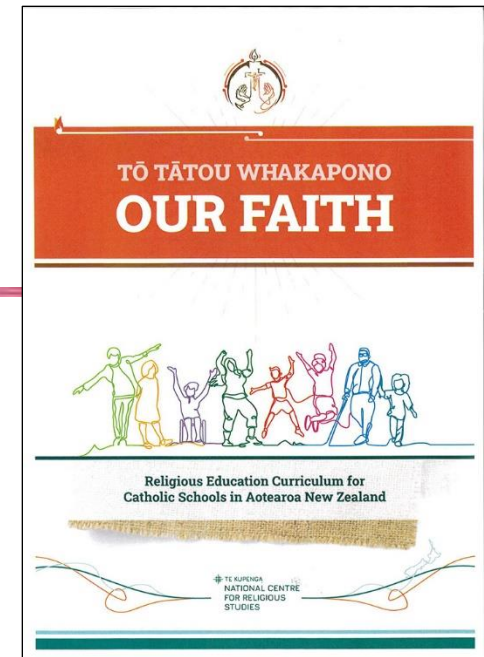
God's **grace connects us** with God, each other and the world.

The Caritas resource highlights how the Barefoot Counsellors in Bangladesh share God's grace by serving others in their community. Students see how grace connects us globally — through compassion, action, and a shared desire for peace.



God's **grace can be ignored or embraced** – God trusts us to decide which we will do.

The Caritas resource shows how embracing grace leads to action. The Barefoot Counsellors choose to serve others in their community, becoming living signs of peace and trust. Students are challenged to see service as a response to God's trust in them.



*To Tātou Whakapono
Our Faith, page 55*



Grace Mana Tapu



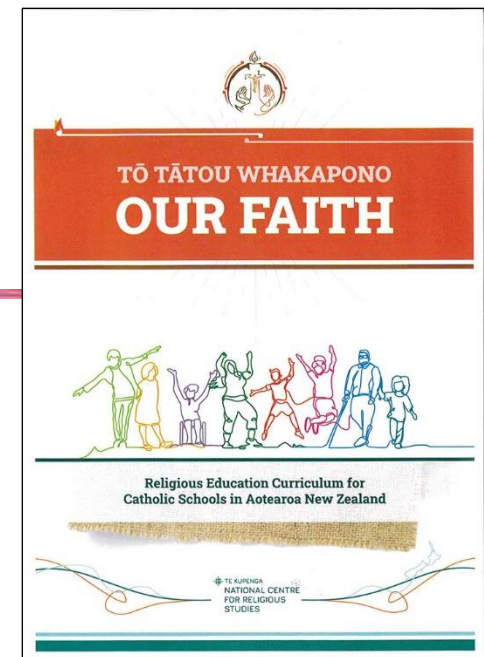
God's **grace** is present in tough times and difficult decisions.

The Barefoot Counsellors serve others in the most challenging conditions, guided by compassion and courage. This Caritas resource helps students see that even in hardship, God's grace is present when we choose to serve and build peace.



God's **grace** is carried into the world and designed to be shared.

This Caritas resource shows how grace moves outward — into action. Like the Barefoot Counsellors who serve with love and strength, students are called to share God's grace by becoming people of peace, compassion, and service in the world.



*To Tātou Whakapono
Our Faith, page 55*



Begin today's lesson using one of the Jubilee Prayers below.



Click on a button below to find the prayer.

Jubilee Prayer in English



Jubilee Prayer in Te Reo Māori



Jubilee Prayer in Samoan



Jubilee Prayer in Tongan



Jubilee Prayer in NZSL



Jesus is often called the Prince of Peace, and his whole life showed us how to bring peace by serving others. He helped people by feeding the hungry, healing the sick, and welcoming the marginalised.

We can follow the example of Jesus and be his hands, feet, and heart in the world, serving others with kindness, compassion and aroha. When we do this, we help to bring peace where it's needed most.

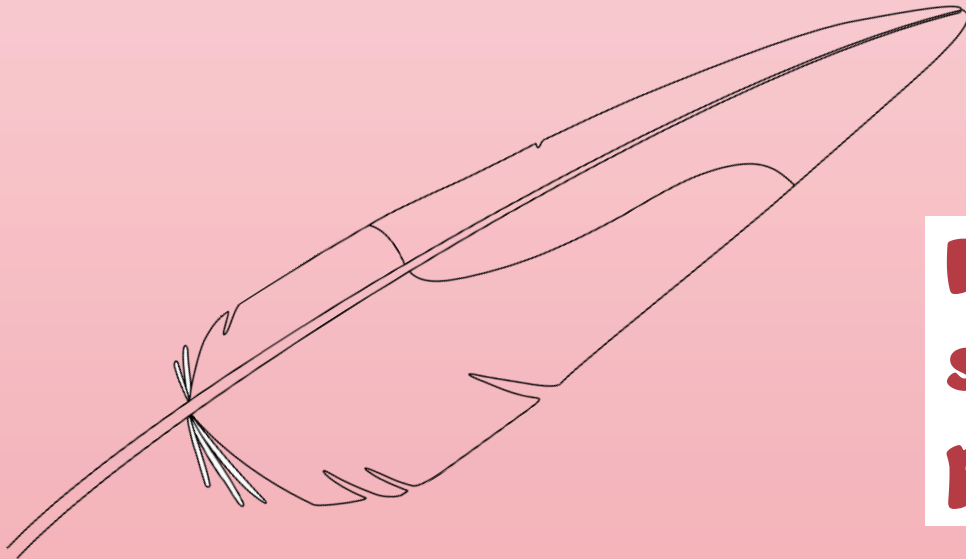
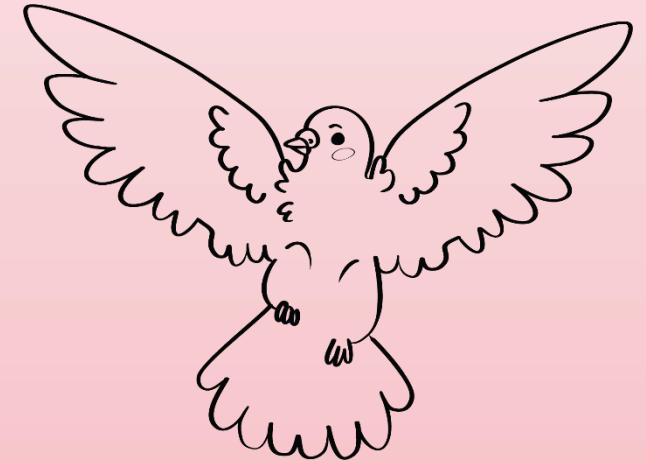
LET'S DISCUSS

How does serving others help to build peace?

- It helps us build friendships and trust
- It gives practical help to people who need it
- It brings joy, hope and healing
- It helps us understand what others are going through
- Our service can inspire others to do the same
- It gives us a sense of purpose and makes the world a better place.



Peace is built through small daily acts of kindness and compassion, especially when we serve those most in need.



Faith calls us to act – not to wait – so we can create a more just and peaceful world for tomorrow.



**“Life is of no use if not
used to serve others.
For life is measured
by love.”**

Pope Francis



Galatians 5:13

“My brothers, God called you to be free. But do not use your freedom as an excuse to do the things that please your sinful self. Serve each other with love.”

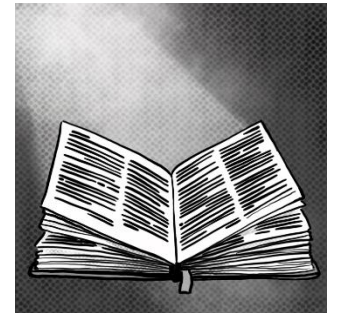


After reading Galatians 5:13, think about how this verse helps us understand how serving others can build peace.

Discuss these questions:

- What do you think it means to “serve humbly in love”?
- How do small acts of service help bring peace to others?
- What are some ways you can serve others at school, at home or in your community?
- How does helping others with love make the world a better and more just place?

LET'S DISCUSS



Galatians 5:13

“My brothers, God called you to be free. But do not use your freedom as an excuse to do the things that please your sinful self. Serve each other with love.”

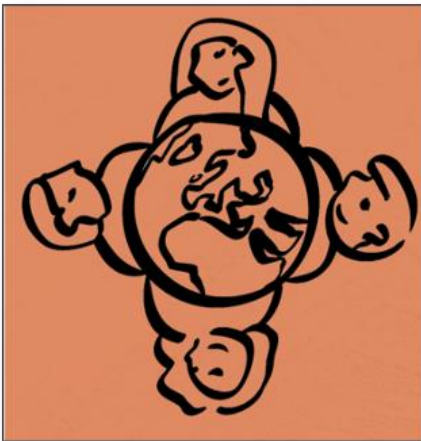




Participation

**Nāu te Rourou,
Nāku te Rourou**

Jesus modelled how to serve others. He was willing to give his time and use his skills to help others. We can follow Jesus and the principle of participation by choosing to use the skills we have been given for good.



Stewardship

Kaitiakitanga

As guardians on our planet, we are entrusted by God to care for his amazing creation. When we serve others and show aroha to those in need, we are following the principle of kaitiakitanga/stewardship.



Today the phrase to learn is...

Let's Try

Serve others with love

Te mahi mō ētahi mā te aroha



Today we're heading to Asia to learn about the world's largest refugee camp - in **Bangladesh**...





Cox's Bazar

In the south of Bangladesh, near the border with Myanmar, there is a place called Cox's Bazar — the home of the world's largest refugee camp.

More than one million people, called the Rohingya, had to leave their homes in Myanmar in 2017 to find safety. They now live in this camp because it wasn't safe for them to stay in their own country.

Many groups, including Caritas, are working in Cox's Bazar to serve and care for the refugees, helping to provide food, shelter, medical care, and education. This is one way people are helping to build peace through service.



Challenges for the Rohingya People

Life in Cox's Bazar is very hard for the Rohingya people. Many have been through sad and scary experiences, and now live in crowded and unsafe conditions.

There is limited access to clean water and adequate sanitation, so hygiene and sickness are ongoing problems. Adults struggle for employment opportunities and not all children have access to education so there can be a real sense of hopelessness.

To make things worse, fires, floods, and landslides have happened in the camp. Because the shelters are so close together and made of simple materials, many have been destroyed and some people have been hurt.



Barefoot Counsellors – Serving with Heart

Even with so many challenges, there is hope in the camp. Caritas supports a special programme called the Barefoot Counsellors (BFC).

This programme is led by the Rohingya people themselves. Volunteers from the camp are trained to support others, helping to make the camp safer and kinder for everyone. They work to protect people, help them feel respected, and remind them that their voices matter.

Thanks to the Barefoot Counsellors, thousands of families have received help. These amazing volunteers are building peace by giving their time, listening, and caring for others in need.





Meet Rumana

Rumana is a 40-year-old Rohingya woman who chose to become a Barefoot Counsellor. She serves her community by listening to people and giving support when they need it. One night, she even helped her neighbour give birth! Through this work, Rumana has also learned new skills that help her feel more confident and strong.

Meet Salimullah

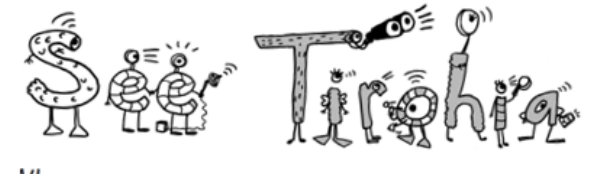


Salimullah is another Barefoot Counsellor. His job can be hard, especially when he has to walk through hilly areas to visit people. But he knows how important it is.

"People from my community always seek my suggestions on their personal and family issues."

Salimullah believes the programme is helping to bring peace and harmony to the people around him.

Why do you think some people find it hard to help or serve others?
How can we encourage more people to serve others and help bring peace?



How does serving others – like the Barefoot Counsellors - help bring peace to our community?
Why does our faith call us to serve, especially those who are struggling or left out?

What gifts or talents do I have that I can use to serve others?
How could I serve someone this week to help our class, home, or community become a more peaceful place?



Here are some ideas for you to follow to put your faith in action...



Be a Barefoot Helper

Inspired by the barefoot counsellors in Bangladesh, think of ways that you could be 'barefoot' helpers in your community too.

Brainstorm together what the needs are in your community. Then individually choose something you could do for someone this week. Do this quietly without reward and then reflect on how it made them feel.



Serving at School

Talk to your teachers and find out how you could give your time and talents to help serve in your school community.

There may be opportunities to join existing programmes or you may even have a chance to be part of an exciting new initiative to serve others. Start local and then look to expand outwards if there is need.



Buddy Programme

Take the time to set up (or enhance an existing) buddy programme in your school. Older students can pair up with younger students to help them with reading, sports, or friendship-building games.

Decide on the best way to organise a roster that highlights the buddies and when it happens and display it in a place where everyone can see it.



PEACE PASSPORT TE URUWHENUA O TE RANGIMĀRIE

After our journey to Bangladesh today, click the tick box in your Pilgrims of Hope Peace Passport on the relevant page that focuses on service and Bangladesh.

Write down any of your important learnings from today and note any future tasks you have decided to complete to put your faith in action.

Look back over your entire passport and highlight the actions you want to achieve before the end of the year.

Keep your passport in a safe place so you can refer back to it even after Social Justice Week has ended.

Write
That
Down!



Record your thoughts and learnings on this page.




Peace Prayer of St Francis of Assisi

Lord, make me an instrument
of your peace:
where there is hatred,
let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master,
grant that I may not so much seek to be consoled
as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.

Amen.



Let's Keep Building Peace Together

As we imagine peace for all and how we can build it together, don't forget to check out some of the stories, videos, and activities from past years. They're all about peace, forgiveness, and the small ways we can make a big difference.



www.caritas.org.nz/schools/social-justice-week





PURITIA TE RANGIMĀRIE!



www.caritas.org.nz/schools/social-justice-week

